

CHAPTER IV

CONCLUSION

The novel portrays the life of Bonnie Castle, a woman who is suffering from anxiety disorder as a result of her traumatic childhood and adolescent experience. Throughout the story, it is clear that the anxiety disorder suffered by Bonnie, leads her to identity crisis which then results into identity diffusion. As stated before, there are several purposes of this thesis. First, to analyze the traumatic events that become the causal factors of Bonnie Castle's anxiety disorder. Second, to know how the anxiety disorder leads to identity crisis. And third, is to know if the anxiety disorder and identity crisis altogether have a significant role in Bonnie's thoughts and behaviours.

Bonnie's anxiety disorder has failure her to commit into one's identity, and until then, she has to suffer a long crisis of not being happy with herself and feeling anxious about it. Bonnie's condition of identity crisis is called as identity diffusion, a condition where she no longer look for an identity, but she has not settled or commit to one.

The process in analysing the novel shows that Erik Erikson's psychoanalysis theory, that extends Freud's psychoanalysis theory, is the most suitable and applicable theory in helping analysing the text. Erikson's theory is able to discover the causal factors of Bonnie Castle's anxiety disorder and identity diffusion. By using Erikson's psychological stages approach, the reasons why Bonnie often does destructive actions and makes wrong decisions can also be

revealed. Furthermore, Erikson also argues that there are eight stages of psychological development in human's life, and every stage is connected with another. While analysing the text, the researcher is able to prove that every stage of psychological development experienced by Bonnie, has equal and significant role in shaping the version of herself in the story.

In order to conclude, it can be said that what happens to Bonnie Castle is a prove that each psychological stage is equally important in shaping one's identity. Next, it also proves that if each stage does not develop properly, the person would likely to develop have anxiety disorders and negative traits in their personality. And the last is, that anxiety disorder can lead to identity diffusion where someone is not sure about who they really are and yet does nothing necessary to find out about it.