

**ABSTRACT**  
**THE CORRELATION BETWEEN PARENTING METHOD WITH**  
**NUTRITIONAL STATUS OF CHILDREN AGED 12 – 59 MONTHS IN**  
**PUSKESMAS KALIRUNGKUT, KELURAHAN KALIRUNGKUT**  
**SURABAYA**

**Ayunda Septi Virdani**

Period of the children aged 1-5 years (toddlers) are the period when the child are in desperate need of food and nutrition in sufficient quantities and adequate. Malnutrition during this period may cause disruption growth and development. A bad parenting method leads to a nutrition could disorder.

The methods of study is used cross sectional study with toddlers at the Puskesmas Kalirungkut, Kelurahan Kalirungkut, Surabaya. As the population during June 2012. The sample of this study is children aged 12-59 months and their mothers, drawn using proportional random sampling technique as much as 150 respondents. Data collection included the characteristics of children aged 12-59 months, family characteristics, parenting method is done by using a checklist, while the nutritional status of children was measured using an index weight/age, height/age and weight/height compared with Z-score WHO-NCHS standard. The statistical test used in this study is the Spearman's.

The result showed the correlation between feeding practices with the nutritional status of children in category weight/age ( $r = 0,894$ ;  $P < 0,05$ ), height/age ( $r = 0,403$ ;  $P < 0,05$ ), and weight/height ( $r = 0,594$ ;  $P < 0,05$ ). The correlation between psychosocial stimulation on the category weight/age ( $r = 0,674$ ;  $P < 0,05$ ), height/age ( $r = -0,038$ ;  $P > 0,05$ ), and weight/height ( $r = 0,884$ ;  $P < 0,05$ ). The correlation between hygiene and environmental sanitation on the category weight/age ( $r = 0,323$ ;  $P < 0,05$ ), height/age ( $r = 0,280$ ;  $P < 0,05$ ), and weight/height ( $r = 0,055$ ;  $P > 0,05$ ).

The mother who expected to have applied good mothers parenting still defend it. The mothers to have children under five years old are underweight nutritional status, should be given counseling by health professionals about feeding practices, psychosocial stimulation and health practices in order to improv the nutritional status of children under five.

Key words: parenting method, nutritional status, children aged 12 – 59 months