

ABSTRACT

RELATIONSHIP BETWEEN FAMILY COUNSELING WITH THE KNOWLEDGE OF FAMILY IN CARING OF CHILDREN WITH AUTISM

Cross Sectional Study In AGCA Center Surabaya

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Family counseling is often used to help the family to face of the crisis inside. Family counseling is focusing the problems that related with the family's situation and the practical will involve the whole family, in this case is about caring of children with autism that consist of managing the medicines, the diet and teaching the behavior. Family counseling will affect the learning process. They will accept and understand the learning, in this case learning of managing the medicines, the diet and teaching the behavior to children with autism. Valuing of the ability of family in caring of children with autism can be shown by their knowledges in caring of children with autism.

Design used in this study was cross sectional design. Sample consisted of 32 respondents, enrolled using purposive sampling method. The independent variable was family counseling. The dependent variable was the knowledge of family in caring of children with autism. Data were collected using structured questionnaire. Then, data were analyzed using Spearman Rank Correlation Test with level of significance of 0,05.

Result showed that family counseling had a significance correlation with the knowledge of managing diet to children with autism ($\rho = 0,021$ and $r = 0,406$) and there were not significance correlation between family counseling with the knowledge of managing medicines and teaching the behavior to children with autism.

It can be concluded that better family counseling which is given to family who have children with autism can increase the knowledges in caring of children with autism and there must be feed back when family counseling is held to know how deep the family can understand the point of family counseling.

Keywords : family counseling, autism, knowledge.