ABSTRACT

Background. Oral hygiene is an important thing that needs to be maintained, especially for children aged 12 years. One way to maintain oral hygiene is consume mineral water. In fact, SDN Benowo already supplied of water, but the level of oral hygiene remains low. Is it true that by consuming water could maintain oral hygiene for students of Benowo Elementary school in their natural way of drinking, and how about consuming water while gargling, is it also can maintain oral hygiene? Purpose, knowing the difference of oral hygiene which consume mineral water and do not consume mineral water. Methods, this study used random sampling method, primary data obtained from intra-oral examination. And the data is processed using SPSS by ONE-WAY ANOVA. Results, students who consume mineral water having oral hygiene better than those who not consume mineral water.

Keywords : Oral Hygiene, Mineral Water