ABSTRACT

Cancer patients had a decrease in appetite which leads to weight loss and nutritional status due to the cancer itself nor the side effect of medical therapy undertaken. The existence of family support as a chaperone had an important role in nutritional fulfillment of cancer patients as an instrumental support. The aim of this research was to analyzed the relationship between the role of family support with the consumption patterns of cancer patients during undergo a therapy while living in Rumah Singgah Sasana Marsudi Husada, Cancer Foundation Indonesia branch of East Java.

This was a descriptive research with cross sectional study design. The sample was total population of cancer patients who was accompanied by their family and as number 20 pairs. Data collection by interviewed about the characteristics of cancer patient, the characteristics of chaperone, level of knowledge of chaperone about cancer and consumption patterns, role support from chaperone, and consumption patterns of cancer patient (type and frequency of eating, consumption of supplements, as well as how to cook). The type and frequency of eating categorized according to Healthy Eating Index.

Result found that most of the chaperone has a good support role, the level of knowledge about cancer and consumption patterns well. Most cancer patients was in diet needs improvement, iron consumptions, as well as how to cook fried and boiled.

The results revealed that the chaperone has provided good support to cancer patients treatment-related eating, so it can be concluded there is a relationship between the role of chaperone support with the consumption patterns of cancer patients during undergoing therapy while living in Rumah Singgah Sasana Marsudi Husada, Cancer Foundation Indonesia branch of East Java.

Keywords: cancer patient, role of chaperone support, consumption pattern, therapy