ABSTRACT

THE CHANGE OF PERSONAL HYGIENE CARE AMONG THE SANTRIS THROUGH THE USTADZ EMPOWERMENT IN THE PESANTREN WALI SONGO NGABAR VILLAGE PONOROGO IN 2003

The research objectives were mainly directed to the fact findings closely related to the change of the personal hygiene care among the santris in the Pesantren Wali Songo before and after the ustaz empowerment program specifically as follows: (1) to find the hygiene care provided by the kyai as the top-level leader of the pesantren, (2) to identify the teaching-learning activities which be able to encourage the santris-centered hygiene care, (3) to know the amount of fund supplied by the pesantren authority for the santris’ hygiene care, (4) to recognize the developing of the santris’ creativity for their own hygiene care, (5) to review the santris’ knowledge on hygiene care, (6) to observe the santris’ attitude on hygiene care, and (7) to describe the behavior of the santris in the implementation of hygiene care.

This study was a pre experimental research using “The One Group Pretest-Post Test Design”. The population comprises the santris and ustazs staying in the Islamic boarding education house for male commonly called pesantren from 2002 to 2003 with the total number of 496 santris and 50 ustazs. However, the sample size in this research were only 30 santris and 10 ustaz. The sampling technique use for the santris was systematic random sampling, but that for ustaz was purposive sampling.

The result of data analysis showed: (1) the hygiene care of the kyai was enough, (2) the activities to encourage the personal hygiene care among the santris were enough, (3) the amount of fund supplied by the pesantren for personal hygiene care was enough, (4) the ustaz and santris’ activities to make health message inside the pesantren was good. Based on the result by using Wilcoxon Signed Rank Test, it was founded that knowledge, attitude, and behavior related to the personal hygiene care among the santris had undergone improvement after the ustaz empowerment with p = 0.000 (p<0.05).

It is recommended that the ustaz empowerment should be used more intensively for the improvement of the santris’ hygiene care in the pesantren Wali Songo Ngabar Ponorogo.

Keywords: Ustadz Empowerment, Personal Hygiene, Pesantren