ABSTRACT

THE EFFECT OF MARRIAGE BEHAVIOR GUIDANCE – CONSULTATION ON THE QUALITY OF THE COMMUNICATION OF COUPLES WITH A PROBLEM

Every marriage life will encounter changes, and will usually create drastic reactions on the changes, such as keeping distance, separation or divorce. This study was conducted in Jatiadi village, Gending Sub-District, Probolinggo Regency. Research design was experimental research which was giving marriage guidance-consultation using Behavioral Approaches with 10 meetings with analysis of group dynamic, giving harmonious marriage material, giving effective communication material, 2 effective communication trainings, giving cases of marriage troubles, writing positive and negative things about the partner, discussing the solution of negative thing of the partner with the partner twice, and the last meeting. Sample was collected using non probability sampling with total sampling technique, resulting in 24 couples. The division of control group and treatment group was done randomly, so that the characteristics of the respondents were the same. Data was collected using Phillip C. McGraw's questionnaire with linkert scale with 23 questions. Study result showed that the quality of the communication before intervention between treatment group and control group didn't show any difference. After marriage behavior guidance-consultation there was a change in the quality of communication in the treatment group, while the control group also had an improvement but it wasn't significant. A married couple must have several basic skills to be a happy and stable couple. Some couple does it naturally, while others might need to be taught the skills. The basic skills could be used to increase openness and create supportiveness between husband and wife.

Keyword : marriage behavior guidance-consultation, quality of communication of couples with a problem.