The correlation between the speed of early breast feeding initiative and the decrease of mother’s pain and bleeding volume at the fourth stage of delivery.

The early breastfeeding initiative done by a mother soon after the delivery happens is possibly believed because it is one of distraction acts which can change the mother’s focus on the pain of delivery into another stimulus. Maternal mortality rate in Indonesia is assumed to be high enough, with the main factor is a heavy bleeding. The decrease of maternal mortality rate can be done by decreasing one of its factors that is avoiding a heavy bleeding after the delivery by doing a early breast feeding initiative procedure. The purpose of the study is to find the correlation between the speed of early breast feeding initiative and the decrease of pain occurrence on the mother and also give and attention on the volume of blood occur at the fourth stage of the labor. The method used in the study is an analytical observation. While the population of study is some mothers who experience a vaginal birth in Siti Miriam Maternity Hospital in Lawang – Malang. The number of the sample is 29 mothers using a random sampling technique. The datum are analyzed by T analyzed on two random sample. The result of the study shows that there is not a correlation between the speed of early breast feeding initiative with the decrease of pain occurrence on the mother and there is a correlation between the speed of early breast feeding initiative with the volume of the blood at the fourth stage of delivery. Therefore the conclusion of the study is that there is not correlation between the speed of the early breast feeding with the decrease of pain occurrence of the mother and there is a significant correlation between the speed of the early breastfeeding with the volume of the blood at the fourth stage of delivery, so that the researcher hope that the person on duty for the delivery process to encourage the early breast feeding procedure to the mother and also to enlarge the knowledge of health education of the expecting mother about the essential effect of early breast feeding initiative application.

Keyword: early breastfeeding initiative, pain reducing, post partum bleeding