ABSTRACT

Determinant of Psychosocial Factor and Labor Technique on Postpartum Blues. in RSUD RA Basoeni Mojokerto.

Post partum blues is a mental adaptation disorder that can occur at the first day after childbirth, and increase in third and fifth day. The exact causes of it haven’t confirmed yet but it does affected by biological, psychosocial, and environmental factors. The purpose of this research is to determine the effect of psychosocial age factor, parity, education, support, social-economy, marital status, pregnancy status, personality type, knowledge, pregnancy complications and labor technique factor on Postpartum blues. Data was collected by questionnaires and analyzed by multiple logistic regression. The result of research showed that determinant factors of postpartum blues are income p = 0,028, parity p = 0,031, family support p = 0,011, personality type p = 0,000, and knowledge p = 0,000. It’s recommended as increasing rate of postpartum blues cases are the need of thorough treatment on psychological effect of labor or delivery; early identification or screening should be part of the regular study on postpartum mother

Key word: Psychosocial, labor technique, postpartum blues