SUMMARY

THE EFFECT OF NURSING INTERVENTION AND TYPE OF FAMILY TOWARD THE PRACTICE OF FEEDING PATTERN ON INFANTS OF 6-24 MONTHS

Abdul Aziz Alimul Hidayat

Nursing intervention is nursing action with a supportive and educative approach done by nurses cooperating with families in overcoming the problems of nursing family. Type of family is the type of family based on the members of family or the composition of it that living in one residence which can influence the pattern of baby feeding.

The aim of the research was to explain the effect of nursing intervention and the type of families toward the practice of feeding pattern on infants of 6-24 months, including the breastfeeding (ASI), PASI, soft food, family food, snacks, and way of feeding.

The design of the research was experimental. The sample of the research was ninety six (96) samples containing mothers who have infants of 6-24 months in nuclear and extended family in Kenjeran District and Bulak Surabaya, which was chosen with simple random sampling as the subject of the research. The sample was then divided into two parts of family, namely nuclear family and extended family, and each family divided into three groups of interventions; a group of guiding, guiding with accompanying and controls. The variables measured were breastfeeding, PASI, soft food, family food, and a way of feeding through interviewing and observation. The data analysis used was Uji Kruskal Wallis and Mann Whitney U.
Result showed that effect of nursing interventions on the style of feeding containing of giving PASI (p= 0,043), soft food (p=0,003), family food (p=0,27), snacks (p=0,009), and way of feeding (p=0,013), and there was an effect of kind of family after the practice intervention of feeding style on giving PASI (p=0,003), soft food (p=0,005), family food (p=0,000), snacks (p=0,034), and way of feeding (p=0,000). Those effects can be shown with the increasing of frequency and way of feeding before and after intervention.

The conclusion is nursing intervention through the supportive and educative approach as the form of actions on families with problems on the pattern of feeding has the influence on the practice of feeding pattern. The increasing of feeding frequency shows the cognitive and behavioral change on the practice of feeding pattern which can possibly improve the status of infants nutrient.

The suggestion of the research is that intervention of family nursing which combines the elements of guiding and accompanying can be used as an alternative of solving the problems of infants’ nutrient, growth and development in society that can improve the practice of feeding pattern faster. It is worth underlining here that there should be further research on other type of family.
ABSTRACT

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Key words: nursing intervention, practice of feeding pattern, and type of family