

**PENGARUH BIMBINGAN MENTAL TERHADAP PERILAKU AGRESIF DAN  
SELF ESTEEM NARA PIDANA ( NAPI ) DI LEMBAGA PEMASYARAKATAN ( LAPAS ) KELAS II B**

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This research was conducted in II B class hell Mojokerto. The research is simply proposed to raise the Aggressive Behaviour and self esteem of criminal. Through this research, we are hoped and recommended to apply the mental (moral and spiritual) counselling into their integral programme. Furthermore, mental (moral and spiritual) counselling is a guide of moral values and mass'ethics focussing on developing self motivation will develop their live normally in social community.

This research design is true experiment, pretest-posttest control group design.. Aggressive Behaviour, Self esteem were dependent variable and Mental (Moral and Spiritual) Counselling as independent variable. Data collected by questionnaires with Aggressive Behaviour Scale. and Self-Esteem . Sample are chozen by two stage total population. Data analyzed with distribution frequency, crosstabulation.

Result of these research shows that Mental (Moral and Spiritual) Counselling is good. Before intervension is administered to both groups, the two groups has the same pre-test result, 6 subject (23%) has medium Agresif behaviour and medium self esteem of study groups and control groups. After intervention on the change of the posttest result for the study groups, 4 subject ( 15%) has low Aggressive behaviour and high self esteem. For control groups show that 6 subject (23%) has medium Aggressive behaviour and medium self esteem. The result of distribution frequency above have been indicating that mental (Moral and Spiritual) Counselling can be decrease Aggressive Behaviour and increase Self esteem the criminal. So that it is necessary and recommended for the criminal of hell to give the Mental (Moral and Spiritual) Counselling , as an integral part of the programmes that have been planned by hell, in the way to change motivation and encourage the criminal.

Key words : Mental Counselling, Aggressive Behaviour, Self esteem, Criminal, Hell.