

## SUMMARY

### **Group Therapy to the Attitude Changes on Protection of IMS and Sexual Behavior in Street Commercial Sex Workers Age 15-18 Years in Denpasar**

Sexually Transmitted Infections showed the tendency of highly increased, but the effective prevention and control has not been found ( Juliandi et al , 2004) . Those data was caused by one CSW (commercial sex workers) can serve 6 men overnight and those CSW was highly vulnerable to IMS. (Kurniawan, 2011).

The province of Bali with the largest number of foreign tourists to the 9.73 % growth in 2011, became the public and government concern in the case of HIV / AIDS. Denpasar city was ranked to be the first of people with HIV by 1,949 people (KPA province of Bali, 2012). The study on the sex tourism in ASEAN are reported by the Child Wise Tourism Australia in 2007, Indonesia was considered as the destination for sex tourism which involve children and young women.

Mboi (2011), states that the use of condoms to CSW are only 46.7 % and 37 % are aware of the benefits of a condom . It is found that 53 % of commercial sex workers only hear the name of the disease and mixed understanding between the knowledge of the false myth (Susilo, 2004; Kentjana , 2009; Tjahyadi , 2009), therefore, in order to increase the use of condoms, it is needed to carried out a method with a model of interpersonal group therapy.

Interpersonal group therapy model serves to foster self- awareness and understanding, improving interpersonal relationships, as well as changes in behavior ( Joseph , 2007), so it is expected to be an effective method to change the behavior of using condom of the CSW.

The purpose of this study was to analyze the effectiveness of group therapy to the self-protection attitudes and sexual behavior of Street Commercial Sex Workers aged 15-18 years.

The design used in this study was pre – experimental design with the design of One Group Pre- test - post-test design . The sample of this study was 18 people consisting of 3 groups, each group consisting of 6 persons. Snowball sampling technique was used to the respondents who met the inclusion criteria. The data was collected using respondents' characteristics questionnaire and the knowledge of STI and HIV / AIDS, attitudes and behaviors of self-protection to the customer.

Statistical test results using paired t - test sample showed an increase in knowledge on STI and HIV / AIDS, attitudes of self-protection against STI and HIV / AIDS as well as the behavior of self-protection to the customer with the knowledge of the value of each of  $t = 7,243$  , the attitude of  $t = 6,803$  , behavior of  $t = 5,231$  with table = 2:21 .

The conclusion of this research showed that there were significant effect of the interpersonal group therapy model with knowledge of STIs and HIV / AIDS , attitudes of self-protection against STI and HIV / AIDS and sex workers to self-protection behavior to the customer. It was suggested that socialization and coaching on the use of condoms should be increased as well as providing

sustainable skills in order to become capital for them not to go back into prostitution.

