ABSTRACT

EXPERIENCE AND HOPE MIDWIFERY PSYCHOSOCIAL CARE POSTPARTUM PERIOD OF DEALING ASI OUT 0-3 DAYS POSTNATAL YET

Background: Experience in breastfeeding mothers is not to be forgotten, because almost all mothers expect the best for optimal breastfeeding. Midwifery care is given when the mother has trouble breastfeeding mother has not come out to be an experience in the sustainability of successful breastfeeding.

Researchers interested in taking research in Puskesmas Tanah Kali Kedinding Surabaya because it includes the Puskesmas PONED (Services Obstetrics Neonatal Basic Emergency) which figure birth rates are higher among eight health centers PONED more and Puskesmas Soil times Kedinding for coverage breastfeeding is still below the target of East Java province by 75% and the national target of 80%, i.e. 54.95%.

Objective: To explore the experience and expectations of Midwifery Care Psychosocial mother during childbirth facing breast milk has not come out in 0-3 days postnatal in Puskesmas Tanah Kali Kedinding

Methods: This type of research is qualitative research-phenomenological hermeneutic approach. Subjects were postpartum mothers who nifasnya over 3 days and a maximum of two weeks after delivery. Samples were selected by purposive sampling. Analysis of data using analysis steps Collaizi. The results: taste experience physical complaints and psychological complaints when breast milk has not come out 0-3 days postnatal, tackling complaints, the response of the family when breast milk has not come out, the experience of midwifery care physically and psychologically when breastfeeding yet out 0-3 days postnatal, psychosocial expectations midwifery care in the face of breast milk has not come out of postnatal day 0-3.

Conclusion: Psychosocial Midwifery care is given when the mother has trouble breastfeeding mother has not come out to be an experience in the sustainability of successful breastfeeding. Suggestion: standard practice of midwifery care psychosocial facing breast milk has not come out 0-3 days postnatal applied by a competent person.

Keywords: Experience and expectations, Midwifery Care Psychosocial postpartum period, breast milk has not come out 0-3 days postnatal