ABSTRACT

THE ANALYSIS FACTORS OF FAMILY SUPPORT RELATED TO EXCLUSIVE BREASTFEEDING BASED ON PRECEDE PROCEED THEORY IN PUSKESMAS PEMBANTU RINBESI PUSKESMAS ATAMBUA SELATAN

A Cross Sectional Research

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Family support is needed to help mother to give exclusive breastfeeding. Family support can be influenced by several factors, such as knowledge, attitude, culture, resources and the role of health workers. This study was aimed to analyze those factors related to family support in Puskesmas pembantu Rinbesi Puskesmas Atambua Selatan.

This research used cross sectional design. The population were 44 mothers of the breastfeeding mothers and breastfeeding mothers who have infant with ages 0-6 months. The 26 sample respondents were chosen by purposive sampling technique. The independent variables in this study were knowledge, attitude, culture, resources and the role of health workers. The dependent variable was family support. Data were collected through questionnaire and then analyzed with Spearmen’s Rho Correlation test with level of significance p < 0,05.

Result showed that the family’s knowledge (p = 0,889), attitude (p = 0,635), resources (p = 0,651) and the role of health workers (p = 0,169) are not significance, while culture (p = 0,001) is significance.

Based on data analysis, it can be concluded that there were no correlation between knowledge, attitude, resources and the role of health workers with family support for exclusive breastfeeding in Puskesmas pembantu Rinbesi Puskesmas Atambua Selatan, while culture is correlation with family support for exclusive breastfeeding in Puskesmas pembantu Rinbesi Puskesmas Atambua Selatan. Therefore, more research is needed to involving the family in improving the successful of exclusive breastfeeding.

Keywords: knowledge, attitude, culture, resources, the role of health workers, family support.