

## ABSTRACT

### **Effect of Generalist Intervention to Violence on the Capability of Anger Control and Behavior in Clients with Violence at Menur Mental Hospital, Surabaya**

#### **A Quasi-Experimental Study**

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Violent behavior is a form of behavior to injure or harm oneself, others, and the environment, either verbally or physically. Generalist interventions to violent behavior provides knowledge about anger, signs and symptoms of anger, behavior in expressing anger and its consequences, as well as explains more constructive expression of anger. The purpose of this study was to determine the effect of a generalist interventions to violent behavior on the ability to control anger and violent behavior in clients with violence at Menur Mental Hospital, Surabaya.

This study used pre-post test quasi-experimental design in treatment and control groups. The population in this study was clients in quiet treatment ward as many as 92 clients. The sampling technique used was purposive sampling, involving 18 clients in treatment group and 18 in control group. The study instruments used were observation sheet on the ability to control anger and behavioral observation sheet. The study was carried out for 3 weeks. Analysis was done using the Wilcoxon signed rank test and the Mann-Whitney test with  $\alpha = 0.05$ .

Results showed there was significant increase ( $p=0.000$ ) in the ability to control anger in treatment group after the provision of generalist intervention. Whereas, control group did not show significant increase ( $p=0.157$ ) in the ability to control anger. The results of comparison in post test in treatment and control groups showed significant effect ( $p=0.000$ ). The results showed there was a significant decrease ( $p=0.003$ ) in violent behavior in treatment group after the provision of generalist intervention to violent behavior. Whereas, control group did not show significant decrease ( $p=0.083$ ) in violent behavior. Comparison of the post test in treatment and control groups showed significant effect ( $p=0.021$ ).

It can be concluded that the provision of generalist interventions to violent behavior has significant effect on the ability to control anger and violent behavior in clients with violent behavior. Generalist intervention to violent behavior is recommended as basic intervention to clients with violent behavior and further studies are expected to develop generalist interventions to violent behavior.

**Keywords:** violent behavior, generalist interventions to violent behavior