ABSTRACT

ANALYSIS OF FACTORS RELATED TO EFFECTIVENESS OF INTERVENTION WET CUPPING ON HYPERTENSION PATIENTS IN CLINICAL BEKAM ABI WEST LOMBOK NTB CORRELATION DESCRIPTIVE STUDY

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Hypertension or high blood pressure is one health problem that is dominant and needs to be concerned. Latest data 3 months showed the number of hypertensive patients using complementary cupping therapies in July as many as 122 patients, 198 patients in August and September as many as 209 patients. The average number of patients who undergo hypertension complementary therapies wet cupping is 32 patients. This research was aimed to investigate factors which related to effectiveness of intervention wet cupping on hypertension patients in clinical Bekam ABI West Lombok NTB.

The research used descriptive correlation design with cross sectional approach. Samples were taken by simple random sampling technique and obtained 17 respondents. Data were collected through questionnaires. Data analysis using Spearman rho test with significance level of 0.05.

This study showed there was a relationship between lifestyle factors with the effectiveness of wet cupping intervention in hypertensive patients ($p = 0.001$), there are a correlation between the ability of interventions cupping by wet cupping effectiveness of interventions in hypertensive patients ($p = 0.001$).

Lifestyle and the ability of interventions cupping factor influencing the effectiveness of interventions wet cupping in hypertensive patients. Patients with hypertension should be able to control blood pressure either by adopting a healthy lifestyle.

**Keywords:** Intervention wet cupping, hypertension, lifestyle and the ability of intervention cupping.