

ABSTRACT

Nurse Coaching Model Based On Islamic Values (Ikhlas, Trusturorthy, patient, Friendly, Istiqomah) To Cortisol And Nursing Caring At The Hospital Of The Airlangga University Surahaya

Nurses caring for patients while giving nursing care are still lacking. This is supported by research Husein (2006), obtained the data that 90% of patients said that do not feel comfortable talking to nurses, 84% of which had a negative experience because the nurse did not pay attention to the needs of the patient. Based on observations of the author, many nurses are working is not sincere, it can be seen in the behavior of the nurses when providing nursing care less friendly, less attentive, less kornunikasi, less smile. The decline in nursing as a major component in health care should be rectified immediately, however to date these efforts have not done so well that "disappointing nursing care can not be resolved.

The study used an experimental design with pre post control group approach. Samples used 40 people were divided into control and experimental groups. The experimental group were given nursing coaching based on Islamic values during 1 month. Before being given the coaching and after 1 month were measured cortisol levels and caring. Data analyzed using t test, Wilcoxon Mann Whitney and Wilcoxon Sign Rank Test. While the model evaluated by using PIs.

The results showed that nurse coaching model based on Islamic values able to reduce levels of cortisol hormone and increase the nurse caring. The model examine results showed nursing caring behavior influences the perception of stress ($\Delta = 5,15$, $p = e028$) and affect cortisol levels after apply nurse coaching model based on Islamic values ($\Delta = 1,98$, $p = 0,011$).

So that it can be concluded that caring act as a mediator variable. The new funding about Islamic Nursing could decrease cortisol level and promote professional care of nursing. Islamic Nursing care bring a positive attitude to promote Islamic aqidah so that it can apply the best service for the client so that it can provide services in a professional manner, to avoid the stress in the end have a good caring.

Keywords: models, Islamic, cortisol, caring