

ABSTRACT

RELATIONSHIP BETWEEN PUNCTUALITY OF FIVE DAILY SALAH AND SELF-AWARENESS

(The research was conducted on 7th semester students of Medical Faculty of Airlangga University)

Background: Salah is the obligation of Muslim worship Mukallaf against Allah SWT. Saidah (2004) reveals a positive relationship between the punctuality of five daily salah and discipline. Self-awareness is a person's tendency to pay attention to feelings, attitudes, and behavior in response to a particular situation. People with high self-awareness have better stress management skills than those who do not (Hidayati, 2008), as well as good discipline (Tu'lu, 2004). In previous research, it is found that there is relationship between self-awareness with discipline (Maharani, 2016).

Objective: To find out the relationship between punctuality of five daily salah and self-awareness.

Method: The design of this research is observational analytic research. The samples were taken from 50 7th-semester moslem students of Medical Faculty of Airlangga University (mean age=20.84). Students were given informed consent and filled out questionnaires. After that, data were collected, then data analysis was performed.

Result: Of the 50 students, the punctuality of five daily salah is 45.2 at the intervals of 42 to 56, as well as self-awareness with an average value of 135.

Conclusion: Based on the data analysis, the correlation coefficient r is 0,52 with r table 0,279 for the significant level 5% and 0,361 for the significant level 1%, so it can be concluded that the punctuality in the five daily salah is correlating positively and significantly with the self-awareness of the students.

Keywords: punctuality of five daily salah, self-awareness