ABSTRACT

THE EFFECT OF STUDENT TEAMS ACHIEVEMENT DIVISIONS (STAD) AND DEMONSTRATION ON GIRL ADOLESCENT’S KNOWLEDGE, ATTITUDE, AND BEHAVIOR ABOUT MENSTRUAL HYGIENE

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A Pre-experimental Study

Introduction: Most of the girl adolescents that have been menstruating are a lack of knowledge about menstrual hygiene. It can happen because schools were less attention toward health facilities, so affect the student’s attitude and behavior. The aim of this study is to analyze the impacts of STAD method and demonstration toward girl adolescents’ knowledge, attitude, and behavior.

Method: This study used a pre-experimental research design within one group sample. The sample is 63 respondents in 7th and 8th grade female students of SMP Negeri 1 Waru Sidoarjo that are taken by using the technique of simple random sampling. The data is collected by using questionnaires and analyzed by using Wilcoxon Signed Rank Test with significant value of p≤0.05. This study measured three variables is knowledge, behavior, and attitude. The intervention was student team achievement divisions (STAD) that has 6 phase and demonstration and it is given in two days.

Result: The result shows that STAD method and demonstration have significant impacts on respondents’ knowledge (p=0.000), attitude (p=0.001), and behavior (p=0.000).

Analyse: STAD method and demonstration were able to influence the level of knowledges and attitudes of respondents offset by changes of behavior towards positive.

Discussion: factors that can affect the knowledge, attitude, and behavior of girl adolescent about menstrual hygiene are experience and information exposure. STAD method takes a relatively long time, so time limitation become the main factor element of attitude is not measurable well.

Keywords: student teams achievement divisions, demonstration, menstrual hygiene, knowledge, behavior, attitude, girl adolescent.