

BAB V

KESIMPULAN DAN SARAN

5.1 Kesimpulan

Blastocystis hominis merupakan parasit usus oportunistik yang patogenesisnya masih kontroversial. Blastocystosis kerap timbul pada kelompok dengan sistem imun yang rendah, seperti anak-anak maupun kelompok dengan sistem imun yang rendah seperti pengidap HIV/AIDS. Perhatian terhadap penyakit protozoa usus pada penderita HIV/AIDS masih belum banyak dilakukan, sehingga banyak protozoa usus oportunistik yang diabaikan kehadirannya. Berdasarkan hasil penelitian dapat disimpulkan bahwa angka kejadian infeksi *Blastocystis hominis* termasuk tinggi pada penderita HIV/AIDS di RSUD Dr. Soetomo Surabaya pada periode September 2018-April 2019 yaitu 83.3%.

5.2 Saran

1. Mengoptimalkan proses pengecatan sehingga dapat lebih mudah mengidentifikasi *Blastocystis hominis*
2. Melakukan metode pengecatan lain guna meningkatkan spesifisitas hasil

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