

**DAFTAR PUSTAKA**

- Ariyani, Diny Eva, Endang L. Achadi, Anies Irawati. 2012. Validitas Lingkar Lengan Atas Mendeteksi Risiko Kekurangan Energi Kronis pada Wanita Indonesia. *Jurnal Kesehatan Masyarakat Nasional* Vol. 7 No. 2.
- Aspell, Robert. 2019. *The Practice of Tui Na : Principles, Diagnostics and Working with The Sinew Channels*. Vancouver : Singing Dragon.
- Badan Penelitian dan Perkembangan Kesehatan. 2013. *Riset Kesehatan Dasar*. Jakarta : Kemenkes RI.
- Badan Penelitian dan Perkembangan Kesehatan. 2018. *Hasil Utama Riskesdas 2018*. Jakarta : Kemenkes RI.
- Badan Pengawas Obat dan Makanan Republik Indonesia. 2006. *Acuan Sediaan Herbal Volume Kedua*. Jakarta : BPOM RI.
- Blomsner, Monika, de Onis, Mercedes. 2005. *Malnutrition : quantifying the health impact at national and local levels*. Geneva : World Health Organization.
- CDC. 2011. *Body Mass Index : Considerations for Practitioners. USA : Department of Health and Human Services Centers for Disease Control and Prevention*.
- Chapparo, Camila, Lesley Oot, dan Kavita Sethuraman. 2014. *Overview of the Nutrition Situation in Seven Countries in Southeast Asia*. Washington, DC: FHI 360/FANTA.
- Depkes RI. 2003. *Pedoman Praktis Terapi Gizi Medis*. Jakarta : Ditjen Binkesmas
- Dulbecco P, Savarino V. Therapeutic potential of curcumin in digestive diseases. *World J Gastroenterol* 2013; 19(48) : 9256-9270.
- Fairburn, Christopher G. 2008. *Cognitive Behavior Therapy and Eating Disorders*. New York : The Guilford Press
- Kementrian Kesehatan RI. 2011. *Formularium Obat Herbal Asli Indonesia*. Jakarta : Kemenkes RI.
- Kementrian Kesehatan RI. 2012. *Vademekum Tanaman Obat untuk Sainifikasi Jamu Jilid 1*. Jakarta : Kemenkes RI.
- Kementrian Kesehatan RI. 2013. *Vademekum Tanaman Obat untuk Sainifikasi Jamu Jilid 3*. Jakarta : Kemenkes RI.

- Kodama, Hiroko. 2010. Problems of Underweight in Young Females and Pregnant Women in Japan. *Journal of the Japan Medical Association* Vol. 138, No. 5 pages 911 - 914.
- Kurniarum, Ari dan Rizky Ayu Novitasari. 2016. Penggunaan Tanaman Obat Tradisional Untuk Meningkatkan Nafsu Makan Pada Balita. *Jurnal Kebidanan dan Kesehatan Tradisional, Volume 1 No1, Maret 2016, hlm 1-99.*
- Lianah. 2019. *Biodiversitas Zingiberaceae Mijen Semarang*. Sleman : Deepublish.
- Listyawati, Shanti. 2006. Toksisitas Rimpang Temu Lawak (*Curcuma xanthorrhiza* Roxb) dan Temu Putih (*Curcuma zedoaria* Roscoe.) : Tinjauan Pada Karakteristik Hematologis dan Sistem Reproduksi Jantan Mencit (*Mus musculus* L.). *Biofarmasi* 4 (1) : 10 - 13.
- Longxiang, Huang. 2010. *WHO Standard Acupuncture Point Locations in The Western Pacific Region*. Beijing : People's Medical Publishing House.
- Maciocia, Giovanni. 2000. *Tongue Diagnosis in Chinese Medicine*. Seattle : Eastland Press.
- Maciocia, Giovanni. 2015. *The Foundations of Chinese Medicine*. China : Elsevier.
- Marni, Retno Ambarwati. 2015. KHASIAT JAMU CEKOK TERHADAP PENINGKATAN BERAT BADAN PADA ANAK. *Jurnal Kesehatan Masyarakat KEMAS (11) p. 102 - 111.*
- Menteri Kesehatan RI. 2017. *Formularium Ramuan Obat Tradisional Indonesia*. Jakarta : Kepmenkes RI.
- Moesjianti Soekarti, Sunita. 2013. *Gizi Seimbang dalam Daur Kehidupan*. Jakarta : Gramedia Pustaka Utama.
- Muliani, Hirawati. 2015. Effect of Turmeric (*Curcuma domestica* Vahl.) Extract on Broiler Blood Cholesterol Levels. *Jurnal Sains dan Matematika* Vol. 23 (4): 107-111
- Nizma, Ainun dkk. 2015. PENGARUH TINGKAT PEMBERIAN TEMULAWAK (*Curcuma xanthorrhiza*) SEBAGAI OBAT CACING HERBAL TERHADAP JUMLAH TELUR CACING *Haemonchus contortus* DAN PERTAMBAHAN BERAT BADAN DOMBA. Probolinggo.
- Pramono, Suwijoyo, Agung Endro Nugroho, Fitriana Hayyu Arifah. 2018. Hepatoprotective Activity of *Curcuma xanthorrhiza* Roxb. On Paracetamol induced Liver Damage in Rats and Correlation with their

Chemical Compunds. *Thai Journal of Pharmaceutical in Sciences* 42(4) : 188 - 195.

- Rahmat, Rukmana. 2006. *Temu Hitam*. Yogyakarta : Penerbit Kanisius.
- Rahmat, Rukmana. 2006. *Kunyit*. Yogyakarta : Penerbit Kanisius.
- Rahmat, Rukmana. 2006. *Temulawak Tanaman Rempah dan Obat*. Yogyakarta : Penerbit Kanisius.
- Rosidi, Ali, Ali Khomsan, Budi Setiawan, Hadi Riyadi, dan Dodik Briawan. 2016. Antioxidant Potential of Temulawak (*Curcuma xanthorrhiza roxb*). *Pakistan Journal of Nutrition* 15 (6) : 556 - 580.
- Sandjaja. 2009. *Kamus Gizi : Pelengkap Kesehatan Keluarga*. Jakarta : Penerbit Buku Kompas.
- Setyawati, Vilda Ana Veria dan Eko Hartini. 2018. *Buku Ajar Dasar Ilmu Gizi Kesehatan Masyarakat*. Yogyakarta : Deepublish.
- Saptandari, Pinky. 2011. *Antropologi Kesehatan dan Gizi*. Surabaya : C&R Digital Solution.
- Siahaan, Selma, Rini Sasanti Jandayani, Ni Ketut Aryastami. 2017. Improving the use of *Curcuma aeruginosa* Roxb. As anthelmintic for children in Bogor Regency. *Health Science Journal of Indonesia* Vol. 8 No. 2.
- Sim Kie Jie. 1997. *Dasar Teori Ilmu Akupunktur : Identifikasi dan Klasifikasi Penyakit*. Jakarta : Gramedia Widiasarana Indonesia (Grasindo).
- Sim Kie Jie. 2008. *Ilmu Terapi Akupunktur*. Singapura : TCM Publication.
- Sefriadi, Miendira. 2018. `PENAMBAHAN BERBAGAI KONSENTRASI TEPUNG AGAR-AGAR TERHADAP SIFAT SENSORI DAN KIMIA PERMEN AGAR-AGAR JAMU CEKOK`. Fakultas Pertanian. Universitas Lampung. Bandar Lampung
- Taylor, Caroline M, Susan M. Wernimont, Kate Nothstone, Pauline M. Emmett. Picky/fussy eating in children : Review of definitions, assessment, prevalence and dietary intakes. *Appetite* (2015) 349 - 359.
- Theanphong, Orawan, et. Al. 2015. CHEMICAL CONSTITUENTS AND BIOLOGICAL ACTIVITIES OF ESSENTIAL OIL FROM CURCUMA AERUGINOSA ROXB. RHIZOME : *Bulletin of Health, Science and Technology BHST* Vol. 13. No . 1 : 06-16.
- T.K. Lim. 2016. *Edible Medicinal and Non-Medicinal Plants : Volume 12, Modified Stems, Roots, Bulbs*. Switzerland : Springer International Publishing.

- Uzogara, Stella G. Underweight the Less Discussed Type of Unhealthy Weight and Its Implications : A Review. *American Journal of Food Science and Nutrition Research*. Vol. 3, No. 5, 2016, pp. 126 - 142.
- Xinnong, Cheng. 2010. *Diagnostics of Traditional Chinese Medicine*. London : Singing Dragon.
- Yanfu, Zuo. 2003. *Science of Chinese Materia Medica*. Shanghai : Shanghai College of Traditional Chinese Medicine Publisher.
- Zhang L, Qian H, Fu H (2018) To be thin but not healthy - the body-image dilemma may affect health among female university students in China. *PLoS ONE* 13(10): e0205282.
- Zhang, Xiaorui. 1999. *WHO Monographs on Selected Medicinal Plants Vol 1*. Geneva : WHO Graphics.
- Zhu Bing. 2010. *Diagnostics Of Traditional Chinese Medicine*. London : Singing Dragon.