



## PROGRAM BOOK

## INTERNATIONAL DENTAL CONFERENCE OF SUMATERA UTARA

"Updated Dental Concepts to Achieve Excellence in Dentistry"

Medan, 7th-9th December 2017

SANTIKA PREMIERE DYANDRA HOTEL & CONVENTION MEDAN, SUMATERA UTARA - INDONESIA



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## MAIN LECTURE

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## PREVENTION AND TREATMENT OF NURSING BOTTLE CARIES

Dental caries in children has become a health problem in many countries including Indonesia. It is a multi-factorial disease that involves tooth structures, oral microorganisms, dietary carbohydrates and the environment. Bad eating habits in children usually become the cause of early childhood caries. Nursing bottle caries are commonly occurs in children in children under age of three years old. The massive number of nursing bottle caries cases in children make it seem as a normal condition. The use of bottle feeding is frequently due to the misunderstood eating habit in children. Prevention and treatment of nursing bottle caries should be done to reduce its prevalence and to increase the children's quality of life. Children who have caries in their primary teeth during infancy or as toddlers tend to develop additional decay in their primary teeth during their pre-school years. Mother plays an important role on preventing dental caries in their children.

Keywords: nursing bottle caries, children, prevention, treatment