

ABSTRAK

Annisa Intan Pratiwi, 111311133073, Hubungan antara *Time Management* dengan *Work-Life Balance* pada Mahasiswa yang Bekerja Sebagai *Wedding Organizer* di Mahar Agung Organizer, Skripsi, Fakultas Psikologi Universitas Airlangga Surabaya, 2020

Penelitian ini bertujuan untuk menguji hubungan antara time management dengan work-life balance pada mahasiswa yang bekerja sebagai wedding organizer di Mahar Agung Organizer. Definisi time management dalam penelitian ini menggunakan Britton and Tesser (1991) dan work-life balance menggunakan Fisher, Bulger and Smith (2009).

Penelitian ini dilakukan pada mahasiswa yang bekerja sebagai wedding organizer dengan jumlah subjek penelitian sebanyak 91 orang. Alat ukur yang digunakan dalam mengumpulkan data adalah alat ukur time management milik Britton and Tesser (1991) yang terdiri dari 18 aitem dengan reliabilitas sebesar 0,941, work-life balance scale milik Fisher, Bulger and Smith (2009) yang terdiri dari 17 aitem dengan reliabilitas sebesar 0,974.

Hasil analisis data yang diperoleh adalah nilai koefisien korelasi sebesar 0,832. Hal ini menunjukkan bahwa terdapat hubungan antara time management dengan work-life balance pada mahasiswa yang bekerja sebagai wedding organizer di Mahar Agung Organizer.

Kata kunci : *time management, work-life balance, mahasiswa yang bekerja, wedding organizer*

ABSTRACT

Annisa Intan Pratiwi, 111311133073, A relationship between time management and work-life balance on college student who work as a wedding organizer in Mahar Agung Organizer, A thesis, Faculty of Psychology Universitas Airlangga Surabaya, 2020

The study focused on analyzing the relationship between time management and work-life balance on college students who work as a wedding organizer in Mahar Agung Organizer. The writer used Britton and Tesser theory to identify the definition of time management whereas to conduct the research about work-life balance the writer use Fisher, Burger and Smith theory.

The data were collected by 91 (ninety one) college student who work as wedding organizer. The measurement used to collect the data is the time management measurement by Britton and Tesser. According to Britton and Tesser (1991) there are 18 items which has 0,941 realibility value. While Fisher, Bulger and Smith (2009) in their book stated that work-life balance scale consist of 17 items which has 0,974 realibility value.

The finding shows that the coefficient correlation score results are 0.832. It shows that there is a connection between time management and work-life balance to college students who work as a wedding organizer in Mahar Agung Organizer.

Keywords: *college student worker; time management; wedding organizer; work-life balance.*