

ABSTRACT

**FACTOR ANALYSIS RELATED TO THE SUBJECTIVE WELLBEING OF
FORMAL CAREGIVER WHO TREATING THE ELDERLY IN SURABAYA
NURSING HOME**

Cross-Sectional Research

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Introducing: Subjective wellbeing is a subjective individual assessment about self-welfare which has two important components namely life satisfaction and cognitive assessment. The influencing factors of subjective wellbeing are demographic, personality, situational, the environment, and, etc. The formal caregiver is a professional worker who provides health education, and direct care for the elderly. The working stress experienced by the formal caregiver is the working time, high workload, low salary, and the other factor that probably can influence their welfare. The objective of this research was to analyze factors related to the subjective wellbeing of the formal caregiver treating the elderly in Surabaya Nursing Home. **Method:** This research was a cross-sectional research. The method of sample selection was cluster random sampling. The sample of this research was the formal caregiver within 3 years experience which amounts to 72 respondents. The independent variable was age, gender, level of education, length of working, marital status, self-esteem, and social relation, while the dependent variable was subjective wellbeing. The data was analyzed by spearman rho's test with the significance level $<0,05$. **Result:** This research showed that there was no correlation between age, gender, level of education, and marital status, to the subjective wellbeing of formal caregiver within each correlation coefficient (p) and significance level (r), were ($p=0,679$ $r=0,05$); ($p=0,033$ $r=-0,116$); ($p=0,269$ $r=0,132$); and ($p=0,480$ $r=0,085$). Meanwhile. many factors showed the correlation to the subjective wellbeing of formal caregiver were the length of working, self-esteem and social relation within each correlation coefficient (p) and significance level (r), were ($p=0,045$ $r=-0,237$); ($p=0,032$ $r=0,253$); and ($p=0,000$ $r=0,860$).

Keyword: subjective well-being, formal caregiver, factors analysis

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