

dirawat di poli rawat jalan, UGD, dan SMF Bedah Plastik RSUD Dr. Soetomo Surabaya periode Januari – Desember tahun 2018, yaitu:

1. Berdasarkan aspek data dasar pasien, pasien ulkus dekubitus didominasi oleh pasien berjenis kelamin perempuan dan berusia antara 46-65 tahun
2. Berdasarkan aspek faktor risiko yang dimiliki, faktor risiko terbanyak yang dimiliki oleh pasien ulkus dekubitus adalah imobilisasi yang dapat menyebabkan terjadinya tirah baring yang lama dan penekanan pada bagian tubuh terus menerus.
3. Berdasarkan aspek penyakit penyerta yang diderita pasien sebelum mengalami ulkus dekubitus, pasien ulkus dekubitus lebih banyak mengalami kelemahan pada anggota tubuh sehingga memicu terjadinya ulkus dekubitus.
4. Berdasarkan aspek tatalaksana, pasien dengan ulkus dekubitus lebih sering diterapi dengan menggunakan teknik preparasi bed luka yang terdiri dari pemeriksaan klinis, *debridement* (nekrotomi), kontrol bakteri (pemberian antibiotik), dan kontrol eksudat (pembalutan luka dengan *dressing*), serta dengan memberikan edukasi pada pasien berupa mobilisasi berkala setiap 2 jam sekali dan disarankan menggunakan kasur anti-dekubitus.

## 7.2 Saran

Dalam menulis rekam medik pasien diharapkan menuliskannya dengan lengkap dan jelas hingga memudahkan untuk dicari dan juga memudahkan para peneliti untuk mengambil data karena tidak banyak data yang akan di eksklusi apabila rekam medis tersebut ditulis dengan lengkap.

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