

## ABSTRAK

Eka Putri Santika Devi, 111011164, *Adaptasi Tes Sikap Makan-26, Skripsi*, Fakultas Psikologi Universitas Airlangga Surabaya, 2014.  
xviii + 102 halaman, 143 lampiran.

*Penelitian ini bertujuan untuk mengadaptasi Tes Sikap Makan-26 (Eating Attitude Test-26) dan juga mengetahui properti psikometri Tes Sikap Makan hasil adaptasi. Properti psikometri yang akan diungkap dalam penelitian ini adalah validitas, reliabilitas, dan cut score. Penelitian dilakukan pada 350 wanita muda Indonesia yang berusia 10-39 tahun.*

*Sumber validitas yang dipakai adalah Evidence based on content, evidence based on response processes, evidence based on internal structure, dan evidence based on relation to other variables. Evidence based on content diperoleh melalui expert judgement. Evidence based on response processes diperoleh dari evaluasi peserta tes. Evaluasi tersebut mengungkap perbedaan makna dan interpretasi pada peserta tes yang dapat mempengaruhi skore tes mereka. Evidence based on internal structure mengevaluasi apakah bukti empiris sesuai dengan kerangka konstruk tes menggunakan Confirmatory factor analysis (CFA). Evidence based on relation to other variables didapatkan melalui test-criterion relationship yaitu membandingkan antara skore Tes Sikap Makan pada kelompok gangguan makan dan normal menurut EDDS dan juga menurut DSM V.*

*Hasil adaptasi dari penelitian ini adalah sebuah tes yang disebut dengan Tes Sikap Makan-13. Hasil analisa menunjukkan Tes Sikap Makan-13 ini merupakan alat yang reliabel dan valid. Tes Sikap Makan-13 cocok dengan konstruk teori pengukurannya berdasarkan uji CFA, valid dalam membedakan kelompok gangguan makan dan normal berdasarkan EDDS, serta valid dalam membedakan gangguan makan dan normal berdasarkan DSM V. Tes Sikap Makan-26 mempunyai koefisien alpha cronbach 0,763, serta CR faktor dieting adalah 0,82, CR faktor bulimia and food preoccupation yaitu 0,46, sedangkan CR faktor oral control adalah 0,64. Cut score seseorang dikatakan mempunyai kecenderungan gangguan makan jika skor Tes Sikap Makan-13  $\geq 12$ .*

**Kata kunci:** *Eating Attitude Test-26, Tes Sikap Makan-26, adaptasi, properti psikometri*  
Daftar Pustaka, 48 (1979 2013)

## ABSTRACT

Eka Putri Santika Devi, 111011164, *Adaptasi Tes Sikap Makan-26, Under Graduate Thesis*, Faculty of Psychology, Airlangga University, 2014.  
xix + 102 page, 143 appendix.

*Aims of this research is to adapt Tes Sikap Makan-26 (Eating Attitude Test-26) and also examine the psychometric properties of Eating Attitudes Test adaptation version. Psychometric properties that will be revealed in this study is validity, reliability, and cut scores. This study was conducted on 350 Indonesian young women that aged 10-39 years old.*

*Validity source that used in this research are Evidence based on content, evidence based on response processes, evidence based on internal structure, and evidence based on relation to other variables. Evidence based on content obtained from expert judgement. Evidence based on response processes obtained from evaluation of test takers. Evaluation examined differences of meaning and test taker's interpretation which can influence on their score test. Confirmatory factor analysis (CFA) was conducted to confirm wheather the empirical data fit the measurement theory of Eating Attitudes Test-26 (Evidence based on internal structure). Evidence based on relation to other variables obtained from examine differences of mean scores between eating disorders groups and normal groups based on Eating Disorder Diagnostic Scale (EDDS) and DSM V.*

*The results of this study is an adaptation of a test called the Eating Attitudes Test-13. Analysis result shows that Eating Attitudes Test-13 is a reliable and valid instrument. Eating Attitudes Test-13 match with measurement theories, shown to distinguish eating disorder groups and normal groups based on EDDS (construct validity), also proved to be valid in distinguishing eating disorders groups and normal groups based on DSM V (criterion-related validity). Eating Attitudes Test-13 have Cronbach alpha coefficient 0.763, CR dieting factor is 0.82, CR bulimia and food preoccupation factor is 0.46, while oral CR control factor is 0.64. Cut scores when someone diagnose have a tendency of eating disorder if score of Eating Attitudes Test-13  $\geq 12$ .*

**Key word:** *Eating Attitude Test-26, Tes Sikap Makan-26, adaptation, psychometric property*  
Daftar Pustaka, 48 (1979 2013)