

## DAFTAR PUSTAKA

- Alfiben, W. (2000). Efektivitas peningkatan dukungan suami dalam menurunkan terjadinya depresi postpartum. *Obstetri Ginekologi Indonesia*, 24(4), 208–214.
- Alwi. (2005). *Buku ajar fundamental keperawatan*. Jakarta: EGC.
- Ambarwati, E., & Rismintari, S. (2011). *Asuhan kebidanan komunitas*. Yogyakarta: Nuha Medika.
- American Psychiatric Association. (2000). *Diagnostic and Statistical Manual of Mental Disorders (4th ed., text rev.)*. Washington, DC: American Psychological Association.
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (5 ed.)*. Washington, DC: Author.
- Amirin, T. (2011). *Populasi dan Sampel Penelitian*. Jakarta: Erlangga.
- Anwar, F. (2019). Ketika baby blues berujung istri bacok suami di Sukabumi. *detikHealth*. Diambil dari <https://health.detik.com/berita-detikhealth/d-4627431/ketika-baby-blues-berujung-istri-bacok-suami-di-sukabumi>
- Arikunto, S. (2002). *Metodologi Penelitian Suatu Pendekatan Proposal*. Jakarta: PT. Rineka Cipta.
- Azwar, S. (2010). *Metode Penelitian*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2012). *Reliabilitas dan Validitas*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2018). *Metode Penelitian Psikologi*. Yogyakarta: Pustaka Pelajar.
- Baião, R., Gilbert, P., McEwan, K., & Carvalho, S. (2015). Forms of Self-Criticising/Attacking & Self-Reassuring Scale: Psychometric properties and normative study. *Psychology and Psychotherapy: Theory, Research and Practice*, 88(4), 438–452.
- Barclay, L., Everitt, L., Rogan, F., Schmied, V., & Wyllie, A. (1997). Becoming a mother - An analysis of women's experience of early motherhood. *Journal of Advanced Nursing*, 25(4), 719–728. <https://doi.org/10.1046/j.1365-2648.1997.t01-1-1997025719.x>
- Baubau, K., & Neke, D. (2020). Ibu Tenggelamkan Bayinya Usia 4 Bulan Memiliki Riwayat Baby Blues. *Kompas*. Diambil dari <https://regional.kompas.com/read/2020/02/26/21585121/ibu-tenggelamkan-bayinya-usia-4-bulan-memiliki-riwayat-baby-blues>
- Beck, C. T. (1998). The effects of postpartum depression on child development: A meta-analysis. *Archives of Psychiatric Nursing*, 12(1), 12–20. [https://doi.org/10.1016/S0883-9417\(98\)80004-6](https://doi.org/10.1016/S0883-9417(98)80004-6)

- Belujon, P., & Grace, A. A. (2017). Dopamine system dysregulation in major depressive disorders. *International Journal of Neuropsychopharmacology*, *20*(12), 1036–1046. <https://doi.org/10.1093/ijnp/pyx056>
- BKKBN. (2012). *Program keluarga berencana nasional*. Jakarta: BKKBN.
- Blatt, & Luyten, P. (2013). Interpersonal relatedness and self-definition in normal and disrupted personality development: retrospect and prospect. *Am Psychol*, *68*(3), 172–183.
- Blatt, S. (2008). *Polarities of experience: Relatedness and self-definition in personality, development, psychopathology, and the therapeutic process*. Washington, DC: American Psychological Association.
- Blatt, S., & Cornell, C. E. (1993). *Personality style, differential vulnerability, and clinical course in immunological and cardiovascular disease*. *13*, 421–450.
- Byrne, S., & Raphael, B. (1996). *Postpartum depression*. Oklahoma: J Pediatrics, Obstetrics and Gynaecology.
- Castilho, P., & Pinto-Gouveia. (2011). The Portuguese version of the Forms of Self-Criticizing/Attacking and Self-Reassuring Scale and Functions of Self-Criticizing/Attacking Scale: Psychometric properties. *Psychologica*, *54*(63).
- Chen, C. H., Tseng, Y. F., Chou, F. H., & Wang, S. Y. (2000). Effects of support group intervention in postnatally distressed women: A controlled study in Taiwan. *Journal of Psychosomatic Research*, *49*(6), 395–399. [https://doi.org/10.1016/S0022-3999\(00\)00180-X](https://doi.org/10.1016/S0022-3999(00)00180-X)
- Clark, A., & Affonso, D. (1979). *Childbearing: A nursing perspective* (2 ed.). Philadelphia: Davis.
- Clark, R., Tluczek, A., & Amy, W. (2003). Psychotherapy for Postpartum Depression: A Preliminary Report. *American Journal of Orthopsychiatry*, *73*(4), 441–454.
- Coleman, A. (1971). *Pregnancy: The psychological experience*. New York: Heider and Herder.
- Cox, J. (1986). *Postnatal depression* (1 ed.). Edinburg: Churcill Livingstone.
- Cox, J., Holden, J., & Sagovsky, R. (1987). Detection of postnatal depression: Development of the 10-item Edinburgh Postnatal Depression Scale. *British Journal of Psychiatry*, *150*, 782–786.
- Cree, M. (2005). *The compassionate mind approach to postnatal depression: Using compassion focused therapy to enhance mood, confidence and bonding*. Great Britain: Robinson.
- Cummings, T., & Worley, C. (2008). *Organization development & change* (9 ed.). Mason: Organization Development & Change.

- Cwinn, E. (2018). *Self-Criticism and Responses to Self-Critical Statements An investigation of Self-Criticism, Self-Submission, Self-Compassion, and Attack Resistance*.
- Davey, S. J., Dziurawiec, S., & O'Brien-Malone, A. (2006). Men's voices: Postnatal depression from the perspective of male partners. *Qualitative Health Research, 16*(2), 206–220. <https://doi.org/10.1177/1049732305281950>
- Department of Health Government of Western Australia. (2006). *Edinburgh Postnatal Depression Scale (EPDS): Translated versions-not validated*.
- Dewi, V. (2011). *Asuhan kebidanan*. Jakarta: Salemba Medika.
- Earls, M. F., Siegel, B. S., Dobbins, M. I., Garner, A. S., McGuinn, L., Pascoe, J., ... Smith, K. S. (2010). Clinical report - Incorporating recognition and management of perinatal and postpartum depression into pediatric practice. *Pediatrics, 126*(5), 1032–1039. <https://doi.org/10.1542/peds.2010-2348>
- Effendy, O. (2004). *Ilmu Komunikasi: Teori dan Praktek*. Bandung: Remaja.
- Essex, M. J., Klein, M. H., Miech, R., & Smider, N. A. (2001). Timing of initial exposure to maternal major depression and children's mental health symptoms in kindergarten. *British Journal of Psychiatry, 179*(AUG.), 151–156. <https://doi.org/10.1192/bjp.179.2.151>
- Ferreira, C., Pinto-Gouveia, J., & Duarte, C. (2014). Self-criticism, Perfectionism and Eating Disorders: The effect of depression and Body Dissatisfaction. *Internation Journal of Psychological Therapy, 14*, 409–420.
- Field, A. (2009). *Discovering Statistics Using SPSS (3rd ed.)*. California: SAGE Publications.
- Filaili, N., Widiasih, R., & Hendrawati. (2020). Gambaran risiko depresi postpartum pada ibu usia remaja di puskesmas wilayah Garut. *Jurnal Kesehatan Bakti Tunas Husada, 20*(2), 269–278.
- Fisher, J., de Mello, M. C., Patel, V., Rahman, A., Tran, T., Holton, S., & Holmesf, W. (2012). Prevalence and determinants of common perinatal mental disorders in women in low-and lower-middle-income countries: A systematic review. *Bulletin of the World Health Organization, 90*(2), 139–149. <https://doi.org/10.2471/BLT.11.091850>
- Fitriana, L. A., & Nurbaeti, S. (2016). *GAMBARAN KEJADIAN POSTPARTUM BLUES PADA IBU NIFAS*. 2(1), 44–51.
- Fitriana, L., & Nurbaeti, S. (2016). Gambaran kejadian postpartum blues pada ibu nifas. *Jurnal Pendidikan Keperawatan Indonesia, 2*(1), 44–51.
- Flynn, H. (2005). Epidemiology and Phenomenology of Postpartum Mood Disorders. *Psychiatric Annals, 35*, 544–551. <https://doi.org/10.3928/0048-5713-20050701-12>

- Gaynes, B., Gavin, N., & Meltzer-Brody, S. (2005). Perinatal depression: prevalence, screening accuracy, and screening outcomes. *Evid Rep Technol Assess (Summ)*, 1–8.
- Gilbert, P. (2000). *Social mentalities: Internal “social” conflicts and the role of inner warmth and compassion in cognitive therapy*. Hove: Psychology Press.
- Gilbert, P. (2005). *Compassion: Conceptualisations, research and use in psychotherapy*. London: Routledge.
- Gilbert, P. (2009). Introducing compassion-focused therapy. *Advances in Psychiatric Treatment*, 15(199–208).
- Gilbert, P. (2010). *Compassion Focused Therapy*. Abingdon, Oxo: Routledge.
- Gilbert, P., Baldwin, M., Irons, C., Baccus, J., & Palmer, M. (2006). Self-criticism and self-warmth: An imagery study exploring their relation to depression. *Journal of Cognitive Psychotherapy*, 20(2), 183–200. <https://doi.org/10.1891/jcop.20.2.183>
- Gilbert, P., Clarke, M., Hempel, S., Miles, J., & Irons, C. (2004). Criticizing and reassuring oneself: An exploration of forms, styles and reasons in female students. *The British Journal of Clinical Psychology*, 43(1), 31–50.
- Gilbert, P., & Procter, S. (2006). Compassionate mind training for people with high shame and self-criticism: Overview and pilot study of a group therapy approach. *Clinical Psychology and Psychotherapy*, 13, 353–379.
- Grote, N. K., & Bledsoe, S. E. (2007). Predicting postpartum depressive symptoms in new mothers: The role of optimism and stress frequency during pregnancy. *Health and Social Work*, 32(2), 107–118. <https://doi.org/10.1093/hsw/32.2.107>
- Haight, S. C., Byatt, N., Moore Simas, T. A., Robbins, C. L., & Ko, J. Y. (2019). Recorded Diagnoses of Depression During Delivery Hospitalizations in the United States, 2000-2015. *Obstetrics and Gynecology*, 133(6), 1216–1223. <https://doi.org/10.1097/AOG.0000000000003291>
- Hanifah, R. S. (2017). Faktor-faktor yang berhubungan dengan kejadian depresi postpartum di wilayah kerja puskesmas karanganyar kabupaten karanganyar tahun 2017.
- Henshaw, C. (2003). Disturbance in the Early Puerperium: A Review. *Archives of Womens’s Mental Health*, 6(2), 33–42.
- Hinton, P., McMurray, I., & Brownlow, C. (2014). *SPSS Explained*. New York: Routledge.
- Hooley, J. M., Fox, K. R., Wang, S. B., & Kwashie, A. N. (2018). Novel online daily diary interventions for nonsuicidal self-injury: A randomized controlled trial. *BMC Psychiatry*, 18(1), 264.

- Howard L , Molyneaux E, D. C. (2004). Non- psychotic mental disorders in the perinatal period. *Lancet*, 384, 1775–1788.
- Humenik, A., & Fingerhut, R. (2007). A pilot study assessing the relationship between child harming thoughts and postpartum depression. *ournal of Clinical Psychology in Medical Settings*, 14, 360–366.
- Hurlock, E. (1996). *Psikologi Perkembangan*. Jakarta: Erlangga.
- Husain, N., Mukherjee, I., Notiar, A., Alavi, Z., Tomenson, B., Hawa, F., ... Chaudhry, N. (2016). Prevalence of Common Mental Disorders and its Association with Life Events and Social Support in Mothers Attending a Well-Child Clinic: Findings from Mombasa, Kenya. *SAGE Open*, 6(4). <https://doi.org/10.1177/2158244016677324>
- Hutagaol, E. T. (2010). *Efektivitas Intervensi Edukasi pada Depresi Postpartum*. Universitas Indoneisa.
- Iancu, I., Bodner, E., & Ben-Zion, I. Z. (2015). Self esteem, dependency, self-efficacy and self-criticism in social anxiety disorder. *Comprehensive Psychiatry*, 58, 165–171.
- Kaplan, Tugal, & Baker. (1997). Isolation of a cDNA encoding an Arabidopsis galactokinase by functional expression in yeast. *Plant molecular biology*, 34(3), 497–506.
- Katon, W., Russo, J., & Gavin, A. (2014). Predictors of Postpartum Depression. *Journal of Women's Health*, 23(9), 753–759. <https://doi.org/10.1089/jwh.2014.4824>
- KBBI. (2005). *Kamus Besar Bahasa Indonesia*. Jakarta: PT (Persero) penerbitan dan percetakan.
- Kelly, A. C., Zuroff, Æ. D. C., & Shapira, L. B. (2009). *Soothing Oneself and Resisting Self-Attacks: The Treatment of Two Intrapersonal Deficits in Depression Vulnerability*. 301–313. <https://doi.org/10.1007/s10608-008-9202-1>
- Kheirabadi, G. R., Maracy, M. R., Akbaripour, S., & Masaeli, N. (2012). Psychometric properties and diagnostic accuracy of the edinburgh postnatal depression scale in a sample of iranian women. *Iranian Journal of Medical Sciences*, 37(1), 32–38.
- Klier, C., Muzik, M., Dervic, K., Mossaheb, N., Benesch, T., Ulm, B., & Zeller, M. (2007). The role of estrogen and progesterone in depression after birth. *Journal of Psychiatric Research*, 41(3–4), 273–279. <https://doi.org/10.1016/j.jpsychires.2006.09.002>
- Ko, J. Y. (2017). Trends in Postpartum Depressive Symptoms. *Morbidity and mortality weekly report*, 66(6), 153–158. <https://doi.org/https://doi.org/10.15585/mmwr.mm6606a1>

- Kopala-sibley, D. C. (2017). *The SAGE Encyclopedia of Abnormal Self-Criticism and Dependency*. (October). <https://doi.org/10.4135/9781483365817.n1208>
- Kruckman, L., & Stern, G. (1983). Multidisciplinary perspectives on postpartum depression: An anthropological critique. *Soc Sci Med*, *17*(15), 1027–1041.
- Lewis, G., Cantwell, R., Clutton-Brock, T., Cooper, G., & Dawson, A. (2011). Saving Mothers' Lives: Reviewing maternal deaths to make motherhood safer: 2006–2008. *BJOG: An International Journal of Obstetrics & Gynaecology*, *118*, 1–203.
- Lindahl, V., Pearson, J. L., & Colpe, L. (2005). Prevalence of suicidality during pregnancy and the postpartum. *Archives of Women's Mental Health*, *8*(2), 77–87. <https://doi.org/10.1007/s00737-005-0080-1>
- Longe, O., Maratos, F., Gilbert, P., Evans, G., Volker, F., Rockliff, H., & Rippon, G. (2010). Having a word with your-self: Neural correlates of self-criticism and self-reassurance. *Neuroimage*, *49*, 1849–1856.
- Lubis, N. (2009). *Depresi Tinjauan Psikologis*. Jakarta: Kencana Prenada Media Group.
- Maia, B. R., Pereira, A. T., Marques, M., Bos, S., Soares, M. J., Valente, J., ... Macedo, A. (2012). The role of perfectionism in postpartum depression and symptomatology. *Archives of Women's Mental Health*, *15*(6), 459–468. <https://doi.org/10.1007/s00737-012-0310-2>
- Manuaba, I. (2009). *Memahami Kesehatan Reproduksi Wanita*. Jakarta: EGC.
- Mariana, N. (2016). Hubungan antara maternal self-efficacy dengan depresi postpartum pada ibu primipara. Universitas Airlangga.
- Marmer, L. W., & Ariana, A. D. (2016). Persepsi terhadap Dukungan Suami pada Primipara yang Mengalami Depresi Pasca Melahirkan. *Jurnal Psikologi Klinis dan Kesehatan Mental*, *5*(1).
- Marshall, F. (2004). *Mengatasi Depresi Pasca Melahirkan*. Jakarta: Arcan.
- Martin, C. R., & Redshaw, M. (2018). Establishing a coherent and replicable measurement model of the Edinburgh Postnatal Depression Scale. *Psychiatry Research*, *264*(November 2017), 182–191. <https://doi.org/10.1016/j.psychres.2018.03.062>
- Maslim, R. (2001). *Buku Saku Diagnosis Gangguan Jiwa Rujukan Ringkas dari PPDGJ II*. Jakarta: Bagian Ilmu Kedokteran Jiwa Unika.
- Matos, M., Duarte, C., Duarte, J., Pinto-Gouveia, J., Petrocchi, N., Basran, J., & Gilbert, P. (2017). Psychological and physiological effects of compassionate mind training: A pilot randomized controlled study. *Mindfulness*, *8*, 1699–1712.
- McCullough, M., & Emmons, R. (2004). *The Psychology of Gratitude*. Oxford

University Press.

- McLennan, J., & Kotelchuck, M. (1989). Maternal Depression. *Journal of Child Psychology and Psychiatry*, 30(6), 807–817. <https://doi.org/10.1111/j.1469-7610.1989.tb00284.x>
- McMahon, C., Trapolini, T., & Barnett, B. (2008). Maternal state of mind regarding attachment predicts persistence of postnatal depression in the preschool years. *Journal of Affective Disorders*, 107(1–3), 199–203. <https://doi.org/10.1016/j.jad.2007.07.017>
- Milgrom, J., Gemmill, A. W., Bilszta, J. L., Hayes, B., Barnett, B., & Brooks, J. (2008). Antenatal risk factors for postnatal depression: A large prospective study. *Journal of Affective Disorders*, 108, 147–157.
- Nelson, A. M. (2003). Transition to motherhood. *Journal of obstetric, gynecologic, and neonatal nursing: JOGNN / NAACOG*, 32(4), 465–477. <https://doi.org/10.1177/0884217503255199>
- Neuman, L. (2007). *Basic of Social Research: Qualitative and Quantitative Approaches*. Boston: Pearson Education, Inc.
- Neuman, W. (2016). *Metodologi Penelitian Sosial: Pendekatan Kualitatif dan Kuantitatif*. Jakarta: PT. Indeks.
- Pallant, J. (2007). *SPSS Survival Manual (3rd ed.)*. New York: McGraw-Hill.
- Pallant, J. (2010). *SPSS Survival Manual: A Step by Step Guide to Data Analysis Using SPSS 4th Edition*. Berkshire: Open University Press.
- Paschetta E, Berrisford G, Coccia F, Whitmore J, Wood AG, Pretlove S, I. K. (2013). Perinatal Psychiatric Disorders: an Overview. *American Journal of Obstetrics and Gynecology*, 210(6), 501–509.
- Pedro, L., Branquinho, M., Canavarro, M. C., & Fonseca, A. (2019). Self-criticism, negative automatic thoughts and postpartum depressive symptoms: the buffering effect of self-compassion. *Journal of Reproductive and Infant Psychology*, 37(5), 539–553. <https://doi.org/10.1080/02646838.2019.1597969>
- Prawirohardjo, S. (2005). *Ilmu Kebidanan*. Jakarta: Yayasan Bina Pustaka.
- Priel, B., & Besser, A. (2000). Dependency and self-criticism among first-time mothers: The roles of global and specific support. *Journal of Social and Clinical Psychology*, 19(4), 437–450. <https://doi.org/10.1521/jsocp.2000.19.4.437>
- Rahmadani, A. (2007). *Strategi Penanggulangan (Coping) pada Ibu yang Mengalami Postpartum Blues di Rumah Sakit Umum Daerah Kota Semarang: Sebuah Penelitian Kualitatif dengan Pendekatan Fenomenologis*. Universitas Diponegoro.
- Regina, Pudjibudojo, J. K., & Malinton, P. K. (2001). Hubungan Antara Depresi

- Postpartum Dengan Kepuasan Seksual Pada Ibu Primipara. *Anima Indonesian Psychological Journal*, 16(3), 300–314.
- Rusli, R., Meiyuntariningsih, T., & Warni, W. (2011). Perbedaan Depresi Pasca Melahirkan pada Ibu Primipara Ditinjau dari Usia Ibu Hamil. *INSAN*, 13(01), 21–31.
- Sandquist, K. G. E. (2009). The relation of early environmental experience to shame and self-criticism : Psychological pathways to depression The Relation of Early Environmental Experience to Shame and Self- Criticism : Psychological Pathways to Depression. *Proceedings of the 44th Annual APS Conference*, (June 2014), 161–166. Darwin: The Australian Psychological Society Ltd.
- Santos, H., Sandelowski, M., & Gualda, D. (2014). Bad thoughts: Brazilian women's responses to mothering while experiencing postnatal depression. *Midwifery*, 30, 788–794.
- Santrock, J. (1985). *Adult Development and Aging*. USA: C. Brown Publisher.
- Sari, M. (2010). Perbedaan risiko depresi postpartum antara ibu primipara dengan ibu multipara di RSIA 'Aisyiyah Klaten. Universitas Muhammadiyah Surakarta.
- Sari, R. A. (2020). Literature Review: Depresi Postpartum. *Jurnal Kesehatan*, 11(1), 167. <https://doi.org/10.26630/jk.v11i1.1586>
- Sarkhel, S. (2009). Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry, 10th edition. *Indian Journal of Psychiatry*, 51, 331.
- Schallmoser, L., Tellen, S., & MacMullen, N. (2003). The Effect of Social Support and Acculturation on Postpartum Depression in Mexican American Women. *Journal of Transcultural Nursing*, 14, 329–338.
- Schaper, A. M., Rooney, B. L., Kay, N. R., & Silva, P. D. (1994). Use of the Edinburgh Postnatal Depression Scale to identify postpartum depression in a clinical setting. *Journal of Reproductive Medicine for the Obstetrician and Gynecologist*, 39(8), 620–624.
- Segre, L. S., O'Hara, M. W., Arndt, S., & Stuart, S. (2007). The prevalence of postpartum depression. *Social Psychiatry and Psychiatric Epidemiology*, 42(4), 316–321. <https://doi.org/10.1007/s00127-007-0168-1>
- Shahar, M. (2015). *Erosion: The psychopathology of self-criticism*. Oxford: Oxford University Press.
- Soep, BS, S., & Sutatminingsih, R. (2009). Pengaruh Intervensi Psikoedukasi Dalam Mengatasi Depresi Postpartum di RSUD DR Pirngadi Medan. *Ilmu Kesehatan Masyarakat, Magister K*, 145.
- Stewart, D. E., Robertson, E., Phil, M., Dennis, C., Grace, S. L., & Wallington, T. (2003). Postpartum Depression: Literature review of risk factors and



- interventions. *WHO publication*, (October), 289. Diambil dari [http://www.who.int/mental\\_health/prevention/suicide/lit\\_review\\_postpartum\\_depression.pdf](http://www.who.int/mental_health/prevention/suicide/lit_review_postpartum_depression.pdf)
- Strong, B. (1989). *The Marriage and Family Experience*. St. Paul (USA): West Publishing Company.
- Sturman, E., & Mongrain, M. (2005). Self-criticism and major depression: An evolutionary perspective. *British Journal of Clinical Psychology*, 44(4), 505–519.
- Sumarah. (2009). *Perawatan Ibu Bersalin : Asuhan Kebidanan Pada Ibu Bersalin*. Yogyakarta: Fitramaya.
- Surjaningrum, E., Hartini, N., Margaretha, Hamidah, Handadari, W., Dewi, T., ... Wardana, N. (2019). Depresi Ibu Hamil/Melahirkan. Dalam *Psikologi Klinis: Sebuah Bunga Rampai* (hlm. 129–138). Yogyakarta: Psikosain.
- Surjaningrum, E. R., Jorm, A. F., Minas, H., & Kakuma, R. (2018). Personal attributes and competencies required by community health workers for a role in integrated mental health care for perinatal depression: Voices of primary health care stakeholders from Surabaya, Indonesia. *International Journal of Mental Health Systems*, 12(1), 1–11. <https://doi.org/10.1186/s13033-018-0224-0>
- Surjaningrum, E. R., Minas, H., Jorm, A. F., & Kakuma, R. (2018). The feasibility of a role for community health workers in integrated mental health care for perinatal depression: A qualitative study from Surabaya, Indonesia. *International Journal of Mental Health Systems*, 12(1), 1–16. <https://doi.org/10.1186/s13033-018-0208-0>
- Sylvia. (2000). *Depresi pasca persalinan dan dampaknya pada keluarga*. Jakarta: FK UI.
- Teissèdre, F., & Chabrol, H. (2004). Detecting Women at Risk for Postnatal Depression Using the Edinburgh Postnatal Depression Scale at 2 to 3 Days Postpartum. *Canadian Journal of Psychiatry*, 49(1), 51–54. <https://doi.org/10.1177/070674370404900108>
- Thompson, K. S., & Fox, J. E. (2010). Post-partum depression: A comprehensive approach to evaluation and treatment. *Mental Health in Family Medicine*, 7(4), 249–257.
- Thompson, R., & Zuroff, D. C. (2004). The Levels of Self-Criticism Scale: Comparative self-criticism and internalized self-criticism. Personality and Individual Differences. *Personality and Individual Differences*, 36(2), 419–430.
- Ussher, M. (1992). Reproductive rhetoric and the blaming of the body. In *The psychology of women's health and health care* (hal. 31–61). Worcester, England: Billings & Sons.

- Vliegen, N., & Luyten, P. (2008). The role of Dependency and Self-Criticism in the relationship between postpartum depression and anger. *Personality and Individual Differences*, 45(1), 34–40. <https://doi.org/10.1016/j.paid.2008.02.015>
- Vliegen, N., Luyten, P., Meurs, P., & Cluckers, G. (2006). Adaptive and maladaptive dimensions of relatedness and self-definition: Relationship with postpartum depression and anxiety. *Personality and Individual Differences*, 41(3), 395–406. <https://doi.org/10.1016/j.paid.2005.11.029>
- Vyandri, S. (2019). Pengaruh Neurotisme dan Self-Criticism terhadap Ide Bunuh Diri pada Santri MA Pondok Pesantren Amanatul Ummah Surabaya. *Jurnal Psikologi Klinis dan Kesehatan Mental*, 8, 60–75.
- Warsiki, E., Haniman, F., Sauli, S., Margono, H., & Aryono, D. (2003). Postnatal depression in three hospitals in Surabaya. *Folia Medica Indonesiana*, 39(4), 251–258.
- Wijayanti, K., Wijayanti, F. A., & Nuryanti, E. (2013). Gambaran Faktor-faktor Risiko Postpartum Blues di Wilayah Kerja Puskesmas Blora. *Jurnal Kebidanan*, 2(5), 57–64.
- Wisner, K., Moses-Kolko, E., & Sit, D. (2010). Postpartum depression: a disorder in search of a definition. *Arch Womens Ment Health*, 13, 37–40.
- World Health Organisation. (2015). WHO | Maternal mental health. *World Health Organisation*. Diambil dari [http://www.who.int/mental\\_health/maternal-child/maternal\\_mental\\_health/en/](http://www.who.int/mental_health/maternal-child/maternal_mental_health/en/)
- Yanita, A., & Zamralita. (2001). Persepsi Perempuan Primipara Tentang Dukungan Suami Dalam Usaha Menanggulangi Gejala Depresi pascasalinan. *Phronesis*, 3(5), 34–50.
- Zuroff, D. C., Sadikaj, G., Kelly, A. C., & Leybman, M. J. (2006). Conceptualizing and measuring self-criticism as both a personality trait and a personality state. *Journal of personality assessment*, 98(1), 14–21.