

ABSTRAK

Miranti Rasyid, 110911006, Hubungan antara *Peer Attachment* dengan Regulasi Emosi Siswa di *Boarding School SMA Negeri 10 Samarinda*, Skripsi, Fakultas Psikologi Universitas Airlangga Surabaya, 2013.
xviii + 108 halaman, 36 halaman lampiran

Penelitian ini bertujuan untuk mengetahui apakah terdapat hubungan positif antara peer attachment dengan regulasi emosi remaja yang menjadi siswa di boarding school. Peer attachment yang dimaksud adalah teori peer attachment yang kemukakan oleh Armsden & Greenberg (2007), sedangkan regulasi emosi yang dimaksud adalah teori dari Thompson (1994).

Penelitian ini dilakukan pada 95 remaja yang duduk di kelas XI boarding school. Teknik sampling yang digunakan adalah purposive random sampling. Alat pengumpul data menggunakan kuisioner yang disusun sendiri oleh penulis, berupa skala peer attachment dan skala regulasi emosi yang terdiri dari 50 aitem valid. Realibilitas skala peer attachment yaitu 0,859 dan realibilitas skala regulasi emosi adalah 0,805. Analisis data dilakukan dengan teknik korelasi Product Moment Pearson dengan menggunakan bantuan program SPSS 16.0 for windows.

Dari hasil analisis data diperoleh nilai korelasi (r) antara peer attachment dan regulasi emosi adalah sebesar 0,274 (korelasi rendah) dengan signifikansi (p) yaitu 0,0035. Hal ini berarti bahwa H_a diterima dan H_o ditolak. Hasil analisis data tersebut menunjukkan bahwa terdapat hubungan positif antara peer attachment dan regulasi emosi remaja yang menjadi siswa di boarding school. Hubungan positif antara peer attachment dengan regulasi emosi remaja yang menjadi siswa di boarding school menunjukkan bahwa semakin tinggi peer attachment remaja maka semakin tinggi pula regulasi emosinya.

Kata kunci : *Peer Attachment, Regulasi Emosi, Boarding School*
Daftar Pustaka 54, (1967, 2012).

ABSTRACT

Miranti Rasyid, 110911006, *relationship between peer attachment with emotion regulation in adolescent who become a student in boarding school SMA Negeri 10 Samarinda*, Undergraduate Thesis, Faculty of Psychology, Airlangga University Surabaya, Indonesia, 2013.

xviii + 108 pages, 36 appendixes

The aimed of this study is to determine whether there is a relationship between peer attachment with emotion regulation in adolescent who become a student in boarding school. The peer attachment in this study are referred to theory by Armsden & Greenberg (2007), while emotion regulation is referred to Thompson (1994).

The study was conducted on 95 teenagers who become a student in boarding school. The sampling technique used was purposive random sampling. Data collection devices are questionnaire, the form of scale peer attachment and emotion regulation scale are developed by the authors. Each scale consists of 50 valid items. The reliability of the peer attachment scale is 0.859 and the realibility of emotion regulation is 0.805. Data analysis was performed with the Pearson Product Moment correlation technique using SPSS 16.0 for windows.

Result of the data analysis show that the correlation (r) between peer attachment and emotion regulation is 0.274 (low correlation) with significance (p) is 0.0035. It means that H_a was accepted and H_o was rejected. It showed that there is a positive relationship between peer attachment with emotion regulation in adolescent who become a student in boarding school. Positive relationship between peer attachment with emotion regulation in adolescent who become a student in boarding school indicate that higher perceptions peer attachment, the lower the emotion regulation, and vice versa.

Keywords: Peer Attachment, Emotion Regulation, Boarding School

References 54, (1967, 2012).