

DAFTAR PUSTAKA

- Ashford, S. J., Lee, C., & Bobko, P. (1989). Content, Cause, and Consequences of Job Insecurity: A Theory-Based Measure and Substantive Test. *Academy of Management Journal*, 32(4), 803–829. <https://doi.org/10.5465/256569>
- Balkan, O. (2014). Work-Life Balance, Job Stress and Individual Performance: An Application Author Detail . Onur Balkan -Asst. Proffesor University of Turkish Aviation Association Turkey. *Work-Life Balance, Job Stress and Individual Performance: An Application Author Detail . Onur Balkan -Asst. Proffesor University of Turkish Aviation Association Turkey*, 3, 38–46.
- Banerjee, S., & Mehta, P. (2016). Determining the Antecedents of Job Stress and Their Impact on Job Performance: A Study Among Faculty Members. *IUP Journal of Organisational Behavior*, 15(2), 7–24. <https://search.proquest.com/openview/226b1f489b2c52dd56b5e08aadc00037/1?pq-origsite=gscholar&cbl=2029985>
- Bashori, M. F., & Meiyanto, I. S. (2019). Peran Job Insecurity terhadap Stres Kerja dengan Moderator Religiusitas. *Gadjah Mada Journal of Psychology (GamaJoP)*, 3(1), 25. <https://doi.org/10.22146/gamajop.42396>
- Beehr, T. A., & Newman, J. E. (1978). Job Stress, Employee Health, and Organizational Effectiveness: a Facet Analysis, Model, and Literature Review. *Personnel Psychology*, 31(4), 665–699. <https://doi.org/10.1111/j.1744-6570.1978.tb02118.x>

- Bell, A. S., Rajendran, D., & Theiler, S. (2012). Job stress, wellbeing, work-life balance and work-life conflict among Australian academics. *E-Journal of Applied Psychology*, 8(1), 25–37. <https://doi.org/10.7790/ejap.v8i1.320>
- Bienertova-Vasku, J., Lenart, P., & Scheringer, M. (2020). Eustress and Distress: Neither Good Nor Bad, but Rather the Same? *BioEssays*, 42(7), 1–5. <https://doi.org/10.1002/bies.201900238>
- Cheng, G. H. L., & Chan, D. K. S. (2008). Who suffers more from job insecurity? A meta-analytic review. *Applied Psychology*, 57(2), 272–303. <https://doi.org/10.1111/j.1464-0597.2007.00312.x>
- De Bruin, G. P. (2006). The dimensionality of the general work stress scale: A hierarchical exploratory factor analysis. *SA Journal of Industrial Psychology*. <https://doi.org/10.4102/sajip.v32i4.250>
- De Bruin, G. P., & Taylor, N. (2005). Development of the sources of work stress inventory. *South African Journal of Psychology*, 35(4), 748–765. <https://doi.org/10.1177/008124630503500408>
- De Cuyper, N., Sulea, C., Philippaers, K., Fischmann, G., Iliescu, D., & De Witte, H. (2014). Perceived employability and performance: Moderation by felt job insecurity. *Personnel Review*, 43(4), 536–552. <https://doi.org/10.1108/PR-03-2013-0050>
- De Witte, H. (2005). Job insecurity: Review of the international literature on definitions, prevalence, antecedents and consequences. *SA Journal of Industrial Psychology*, 31(4). <https://doi.org/10.4102/sajip.v31i4.200>

Elizur, D. (1992). Job Insecurity: Correlates, Moderators and Measurement.

International Journal of Manpower, 13(2), 13–26.

<https://doi.org/10.1108/01437729210010210>

Elst, T. Vander, Näswall, K., Bernhard-Oettel, C., De Witte, H., & Sverke, M.

(2016). The effect of job insecurity on employee health complaints: A within-person analysis of the explanatory role of threats to the manifest and latent benefits of work. *Journal of Occupational Health Psychology*, 21(1), 65–76. <https://doi.org/10.1037/a0039140>

Emanuel, F., Molino, M., Presti, A. Lo, Spagnoli, P., & Ghislieri, C. (2018). A

crossover study from a gender perspective: The relationship between job insecurity, job satisfaction, and partners' family life satisfaction. *Frontiers in Psychology*, 9(AUG), 1–10. <https://doi.org/10.3389/fpsyg.2018.01481>

Fisher, G. G., Bulger, C. A., & Smith, C. S. (2009). Beyond Work and Family: A

Measure of Work/Nonwork Interference and Enhancement. *Journal of Occupational Health Psychology*, 14(4), 441–456.

<https://doi.org/10.1037/a0016737>

Gadzella, B., Baloglu, M., Masten, W., & Wang, Q. (2012). Evaluation of the

Student Life-Stress Inventory-Revised. *Journal of Instructional Psychology*, 39(2), 82.

Greenhalgh, L., & Rosenblatt, Z. (1984). Job Insecurity: Toward Conceptual

Clarity. *Academy of Management Review*, 9(3), 438–448.

<https://doi.org/10.5465/amr.1984.4279673>

- Greenhaus, J. H., Collins, K. M., & Shaw, J. D. (2003). The relation between work-family balance and quality of life. *Journal of Vocational Behavior*, 63(3), 510–531. [https://doi.org/10.1016/S0001-8791\(02\)00042-8](https://doi.org/10.1016/S0001-8791(02)00042-8)
- Guest, D. E. (2002). Perspectives on the study of work-life balance. *Social Science Information*, 41(2), 255–279. <https://doi.org/10.1177/0539018402041002005>
- Habibi, J., & Jefri. (2018). Analisis Faktor Risiko Stres Kerja Pada Pekerja Di Unit Produksi Pt. Borneo Melintang Buana Export. *Journal of Nursing and Public Health*, 6(2), 50–59.
- Hobfoll, S. E. (1989). Conservation of Resources: A New Attempt at Conceptualizing Stress. *American Psychologist*, 44(3), 513–524. <https://doi.org/10.1037/0003-066X.44.3.513>
- Hoboubi, N., Choobineh, A., Kamari Ghanavati, F., Keshavarzi, S., & Akbar Hosseini, A. (2017). The Impact of Job Stress and Job Satisfaction on Workforce Productivity in an Iranian Petrochemical Industry. *Safety and Health at Work*, 8(1), 67–71. <https://doi.org/10.1016/j.shaw.2016.07.002>
- Jaharuddin, N. S., & Zainol, L. N. (2019). The Impact of Work-Life Balance on Job Engagement and Turnover Intention. *The South East Asian Journal of Management*, 13(1). <https://doi.org/10.21002/seam.v13i1.10912>
- Jankingthong, K., & Rurkkhum, S. (2012). Silpakorn university international journal. *Silpakorn University Journal of Social Sciences, Humanities, and Arts*.

- Javed, M., Khan, M. A., Yasir, M., Aamir, S., & Ahmed, K. (2014). Effect of Role Conflict, Work Life Balance and Job Stress on Turnover Intention: Evidence from Pakistan. *J. Basic. Appl. Sci. Res*, 4((3)), 125–133.
- Karasek. (2016). Job Demands , Job Decision Latitude , and Mental Strain : Implications for Job Redesign Author (s): Robert A . Karasek , Jr . Published by: Sage Publications , Inc . on behalf of the Johnson Graduate School of Management , Stable URL : <http://www.jstor. Sage Publications>, 24(2), 285–308.
- Khatri, D. K. (2019). *A Study on Relationship between Work Life Balance and Job Stress : A Case Study of College Teachers in Rajasthan (India).* 9(6), 5–8. <https://doi.org/10.9790/7388-0906030508>
- Kupriyanov, R. V, Sholokhov, M. A., Kupriyanov, R., & Zhdanov, R. (2014). The Eustress Concept: Problems and Outlooks. *World Journal of Medical Sciences*, 11(2), 179–185. <https://doi.org/10.5829/idosi.wjms.2014.11.2.8433>
- Labrague, L. J., McEnroe-Petitte, D. M., Gloe, D., Tsaras, K., Arteche, D. L., & Maldia, F. (2017). Organizational politics, nurses' stress, burnout levels, turnover intention and job satisfaction. *International Nursing Review*, 64(1), 109–116. <https://doi.org/10.1111/inr.12347>
- Le Fevre, M., Matheny, J., & Kolt, G. S. (2003). Eustress, distress, and interpretation in occupational stress. *Journal of Managerial Psychology*, 18(7–8), 726–744. <https://doi.org/10.1108/02683940310502412>
- Liu, S., & Onwuegbuzie, A. J. (2012). Chinese teachers' work stress and their

- turnover intention. *International Journal of Educational Research*, 53, 160–170. <https://doi.org/10.1016/j.ijer.2012.03.006>
- Lockwood, N. R. (2003). Work/Life Balance: Challenges and Solutions for Human Resource Management. *SHRM Research*, 1–10.
- Lu, Y., Hu, X. M., Huang, X. L., Zhuang, X. D., Guo, P., Feng, L. F., Hu, W., Chen, L., Zou, H., & Hao, Y. T. (2017). The relationship between job satisfaction, work stress, work-family conflict, and turnover intention among physicians in Guangdong, China: A cross-sectional study. *BMJ Open*, 7(5), 1–12. <https://doi.org/10.1136/bmjopen-2016-014894>
- Mauno, S., Leskinen, E., & Kinnunen, U. (2001). Multi-wave, multi-variable models of job insecurity: Applying different scales in studying the stability of job insecurity. *Journal of Organizational Behavior*, 22(8), 919–937. <https://doi.org/10.1002/job.122>
- Nasrani, L., & Purnawati, S. (2016). *Nasrani & Purnawati*.
- Otuya, W., & Andeyo, L. M. (n.d.). *Work Life Balance: A Literature Review*.
- Padma, V., Anand, N. N., Gurukul, S. M. G. S., Javid, S. M. A. S. M., Prasad, A., & Arun, S. (2015). Health problems and stress in Information Technology and Business Process Outsourcing employees. *Journal of Pharmacy and Bioallied Sciences*, 7(April), S9–S13. <https://doi.org/10.4103/0975-7406.155764>
- Pallant, J. (2001). *SPSS Survival Manual: A Step by Step Guide to Data Analysis*

Using Spss for Windows. 287.

- Paramita, P. D. (2019). PENGARUH KONFLIK KERJA DAN BEBAN KERJA TERHADAP STRES KERJA YANG BERDAMPAK PADA PRODUKTIVITAS KERJA KARYAWAN [STUDI KASUS DI PT. LA LUNA SEMARANG) Patricia. *Journal of Chemical Information and Modeling*, 53(9), 1689–1699.
- Park, S. K., Rhee, M. K., & Barak, M. M. (2016). Job stress and mental health among nonregular workers in Korea: What dimensions of job stress are associated with mental health? *Archives of Environmental and Occupational Health*, 71(2), 111–118. <https://doi.org/10.1080/19338244.2014.997381>
- Pouloue, S., & Sisdarsan, N. (2014). Work- Life Balance : A Conceptual Review. *International Journal of Advances in Management and Economics*, 3(2), 1–17.
- Prameswari, G. A. (2018). Pengaruh Karakteristik Pekerjaan terhadap Keterikatan Kerja Karyawan Generasi Y melalui Keseimbangan Kehidupan-Kerja Sebagai Mediator. 4(4), 107–112. <http://dx.doi.org/10.1016/j.jana.2010.11.008%0Ahttps://doi.org/10.1016/j.jji.d.2018.10.009>
- Prinasti, V. G., Hadi, C., Syarifah, D., & Fajrianti. (2018). Hubungan Safety climate dengan Safety performance pada Karyawan PT. Waskita Karya proyek Jembatan Musi Vania. *Jurnal Psikologi Industri dan Organisasi*, 7, 34–41.

- Puspita Sari, N. O., Wahyuni, I., & Ekawati, E. (2016). Pengaruh Stres Kerja Terhadap Kinerja Karyawan Outsourcing Bagian Feed Pt. X. *Jurnal Kesehatan Masyarakat (e-Journal)*, 4(4), 722–729.
- Razak, M. I., Yusof, N. M., Azidin, R. A., Abdul Latif, M. M. R., & Ismail, I. (2014). the Impact of Work Stress Towards. *International Journal of Economics, Commerce and Management*, II(11), 1–16.
- Ruiz-Palomino, P., Zoghbi-Manrique-de-Lara, P., & Ting-Ding, J. M. (2019). Gender differences in the relationship between justice perceptions and job insecurity in hotel outsourcing. *International Journal of Hospitality Management, May*, 102412. <https://doi.org/10.1016/j.ijhm.2019.102412>
- Schreurs, B., Guenter, H., "Jim"Jawahar, I. M., & De Cuyper, N. (2015). Speaking up when feeling job insecure: The moderating role of punishment and reward sensitivity. *Journal of Organizational Change Management*, 28(6), 1107–1128. <https://doi.org/10.1108/JOCM-02-2015-0027>
- Sirgy, M. J., & Lee, D. J. (2018). Work-Life Balance: an Integrative Review. *Applied Research in Quality of Life*, 13(1), 229–254. <https://doi.org/10.1007/s11482-017-9509-8>
- Smith, A., & Smith, H. (2017). An International Survey of the Wellbeing of Employees in the Business Process Outsourcing Industry. *Psychology*, 08(01), 160–167. <https://doi.org/10.4236/psych.2017.81010>
- Susanti, T. (2012). Pengaruh Job Insecurity dan Beban Kerja Terhadap Stres Kerja pada PT GARDA TOTAL SECURITY PADANG. *Sekolah Tinggi*

Ilmu Eknomi “KBP,” 66, 37–39.

Sverke, M., Hellgren, J., & Näswall, K. (2002). No security: A meta-analysis and review of job insecurity and its consequences. *Journal of Occupational Health Psychology*, 7(3), 242–264. <https://doi.org/10.1037/1076-8998.7.3.242>

Sverke, M., & Näswall, K. (2006). *Job insecurity_a literature review(2006).pdf*. 1.

Umene-Nakano, W., Kato, T. A., Kikuchi, S., Tateno, M., Fujisawa, D., Hoshuyama, T., & Nakamura, J. (2013). Nationwide Survey of Work Environment, Work-Life Balance and Burnout among Psychiatrists in Japan. *PLoS ONE*, 8(2). <https://doi.org/10.1371/journal.pone.0055189>

Utami, R. W., & Fajriantyi. (2017). Jurnal Psikologi Industri dan Organisasi Terhadap Work Life Balance Pada Karyawan PT Pal Indonesia. *Psikologi Industri dan Organisasi*, 074(2014), 53–62.

Utomo, C., & Djastuti, I. (n.d.). Terhadap Stres Kerja Yang Berimplikasi Pada Kinerja Pegawai (Studi Pada Bpk Perwakilan Provinsi Jawa Tengah). *Pengaruh kesimbangan kehidupan-kerja terhadap stres kerja yang berimplikasi pada kinerja pegawai*, 1–20.

Vickovic, S. G., & Morrow, W. J. (2020). Examining the Influence of Work-Family Conflict on Job Stress, Job Satisfaction, and Organizational Commitment Among Correctional Officers. *Criminal Justice Review*, 45(1), 5–25. <https://doi.org/10.1177/0734016819863099>

Vinahapsari, C. A. (2019). Perbandingan Tingkat Stress Kerja Antara Karyawan

Tetap Dan Karyawan Outsourcing Bank Bri Wilayah Yogyakarta.

TECHNOBIZ : International Journal of Business, 2(1), 1.

<https://doi.org/10.33365/tb.v2i1.271>

Weinberg, R. S., & Gould, D. (2003). Burnout and overtraining. In *In Weinberg, R.S. |a Miami University (ed.), Foundations of sport & exercise psychology. 3rd ed, Champaign, Ill., Human Kinetics, c2003, p.467-487;546-576.*

Yusuf, S. (2018). A Comparative Study of Work-Life Balance and Job Satisfaction of the Employees Working in Business Process Outsourcing Sector. *IRA-International Journal of Management & Social Sciences (ISSN 2455-2267)*, 10(2), 87. <https://doi.org/10.21013/jmss.v10.n2.p3>