

## ABSTRAK

**Fitria Fajar Aprilianingsih, 111111090, Hubungan Optimisme dengan *Self-Perceived Employability* pada karyawan kontrak, Skripsi, Fakultas Psikologi Universitas Airlangga, 2015**

xix + 73 halaman + 34 lampiran

*Penelitian ini bertujuan untuk mengetahui apakah terdapat hubungan antara optimisme dengan self-perceived employability pada karyawan kontrak. Penelitian dilaksanakan pada pegawai yang berstatus sebagai tenaga kontrak di Universitas Airlangga. Jumlah subyek sebanyak 74 orang, terdiri dari 52 laki-laki dan 22 perempuan.*

*Teori yang digunakan dalam penelitian ini adalah teori learned optimism yang dikemukakan oleh Seligman (2006) dan teori self-perceived employability yang dikemukakan oleh Rothwell dan Arnold (2007). Alat pengumpul data berupa skala optimisme (48 item) dan skala self-perceived employability (16 item). Analisis data dilakukan dengan menggunakan program statistik SPSS versi 22 for windows.*

*Hasil analisis data menghasilkan koefisien korelasi sebesar 0,308 dengan taraf signifikansi 0,008 ( $p < 0,05$ ). Hal ini menunjukkan terdapat hubungan positif antara optimisme dengan self-perceived employability pada karyawan kontrak.*

**Kata Kunci:** optimisme, *self-perceived employability*, karyawan kontrak

Daftar Pustaka, 39 (1985-2014)

## ABSTRACT

**Fitria Fajar Aprilianingsih, 11111090, Relationship between optimism and Self-Perceived Employability among temporary worker, Undergraduate Thesis, Faculty of Psychology Universitas Airlangga, 2015**

xix + 73 pages + 34 Appendixes

*The purpose of the present study is to examine the correlation between optimism and self-perceived employability among temporary worker. The study was conducted on temporary worker in Airlangga University. The participants of this study were 74 university staff which consist of 52 men and 22 women.*

*This research based on the theory of learned optimism by Seligman (2006) and theory of Self-Perceived Employability by Rothwell and Arnold (2007). Data were collected with optimism scale (48 items) and self-perceived employability (16 items). The data is analyzed by using statistical program SPSS version 22 for windows.*

*Based on data analysis, the correlation coefficient of optimism and self-perceived employability was 0.308 and the significance degree amount was 0.008 ( $p < 0.05$ ). This finding indicates that there is a positive correlation between optimism and self-perceived employability among temporary worker.*

**Keyword:** *optimism, self-perceived employability, temporary worker*

References 39, (1985-2014)