

DAFTAR ISTILAH

Impostor phenomenon: kondisi dimana individu gagal menginternalisasi suatu keberhasilan atau prestasi yang diraih, sehingga individu merasa menipu orang-orang sekitar dengan prestasi.

Impostor cycle: pola impostor phenomenon yang bentuknya seperti siklus. Dimulai pada saat individu dihadapkan dengan tugas, lalu berusaha keras untuk mengerjakannya, hingga akhirnya tugas terselesaikan dengan baik, tetapi individu merasa hasil kerjanya masih banyak kekurangan.

The need to be special: keinginan individu dengan impostor phenomenon untuk menjadi yang terbaik diantara kelompoknya.

Superwoman aspect: keinginan individu dengan impostor phenomenon untuk menyelesaikan pekerjaan dengan standar yang tinggi dan bekerja dengan sempurna

Fear of failure: kecemasan akan gagal menyelesaikan tugas dengan baik pada individu dengan impostor phenomenon

Denial of competence: perasaan tidak memiliki kemampuan atau kelebihan tertentu dari orang lain pada individu dengan impostor phenomenon.

Fear and guilt about success: perasaan takut dan bersalah akan kesuksesan yang diraih.

Self-handicapping: perilaku individu dalam menghindari situasi yang berpotensi untuk membuat harga dirinya jatuh.

Burn-out: kelelahan yang dirasakan dalam bekerja sehingga individu merasa tidak ingin melanjutkan pekerjaannya.

Well-being: kondisi terkait kesejahteraan diri pada individu atau kelompok.

Medicine residents: sarjana kedokteran yang mengambil pendidikan lanjutan untuk mendapat izin praktik sebagai dokter.

Fear of success: ketakutan akan keberhasilan yang akan diraih

Absenteeism: perilaku tidak menyelesaikan tugas dan tanggung jawab pada orang yang bekerja.

Turnover: kondisi dimana organisasi kehilangan sumber daya manusia

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