

ABSTRAK

B. Pramudita Febianti., 111011169, Hubungan Antara *Self-Efficacy* dengan *Music Performance Anxiety* pada Penyanyi Solo Remaja di Surabaya, *Skripsi*, Fakultas Psikologi Universitas Airlangga. 2015.
xxi + 65 halaman, 26 lampiran

Penelitian ini bertujuan untuk mengetahui apakah terdapat hubungan antara self-efficacy dengan music performance anxiety pada penyanyi solo remaja di Surabaya. Pada penelitian ini teori self-efficacy diambil dari Albert Bandura sedangkan teori music performance anxiety milik Dianna T. Kenny. Subjek penelitian ini adalah remaja usia 18-22 tahun dengan jumlah subjek sebanyak 60 yang berdomisili di Surabaya. Pada penelitian ini dilakukan pre-eliminatory studi dengan subjek sebanyak 11 orang untuk mencari fenomena terkait dengan penelitian ini, karena tidak banyak penelitian tentang music performance anxiety di Indonesia sendiri.

Penelitian ini menggunakan alat ukur adaptasi milik Michael Zelenak (2010) yang disusun berdasarkan teori Self-Efficacy Bandura (1997) yaitu Music Performance Self-Efficacy Scale (MPSES) dan teori Music Performance Anxiety dari Prof. Dianna T Kenny (2006) dengan alat ukurnya Kenny Music Performance Anxiety Inventory (KMPAI). Analisis data menggunakan tehnik korelasi Pearson menggunakan program SPSS versi 16.

Hasil penelitian menunjukkan nilai koefisien korelasi antara self-efficacy dengan music performance anxiety yakni -0,280 dan signifikansi 0,005. Hal ini menunjukkan bahwa self-efficacy memiliki hubungan negatif dan signifikan dengan music performance anxiety pada penyanyi solo remaja di Surabaya. Kekuatan hubungan dari korelasi antara self-efficacy music performance anxiety adalah sedang.

Kata kunci: *self-efficacy, music performance anxiety, remaja, penyanyi solo.*

Daftar Pustaka, 50 (1977-2014)

ABSTRACT

B. Pramudita Febianti., 111011169, The Correlation Between Self-Efficacy with Music Performance Anxiety in Adolescence Solo Singer in Surabaya, *Undergraduated Thesis*, Faculty of Psychology Airlangga University, 2015. xxi, 65 pages, 26 appendix.

This study aimed to determine whether there is a correlation between self-efficacy with music performance anxiety in solo singer adolescence in Surabaya. self-efficacy theory in this research belongs to Albert Bandura while music performance anxiety theory belongs to Dianna T. Kenny The participants of this research were adolescents aged 18-22 years with a total number of 60 subjects. In this study conducted with pre - eliminary study subjects were 11 people to look for phenomena associated with this research, because there's not many research on music performance anxiety in Indonesia.

This study used measurement tool that based on the theory of self-efficacy belongs to Bandura (1977), which is Music Performance Self-Efficacy Scale (MPSES) by Michael Zelenak (2010) and the theory of music erformance anxiety belongs to Kenny (2006) with the tool Kenny Music Performance Anxiety Inventory (KMPAI). Data were analyzed using Pearson correlation techniques using SPSS version 16.

The results showed correlation coefficient score between perceived authoritative parenting style with the social skills of -0,280 and significance of 0.005. This suggests that the self-effiacacy has a negative and significant enough correlation with music performance anxiety of adolescents solo singer in Surabaya. The correlation strength between self-efficacy and music performance anxiety is medium.

Keywords: *self-efficacy, music performance anxiety, adolescence. Solo singer*

References, 50 (1977-2014)