

ABSTRAK

Firza Tuzzahra, 111011031, Hubungan antara *Acceptance of Disability* dengan Kebahagiaan Otentik pada Penyandang Disabilitas Komunitas Disable Motorcycle Indonesia (DMI), *Skripsi*, Fakultas Psikologi Universitas Airlangga, 2015. Xix + 123, 11 lampiran.

Penelitian ini bertujuan untuk mengetahui hubungan antara acceptance of disability dengan kebahagiaan otentik pada penyandang disabilitas komunitas disable motorcycle Indonesia (DMI). Acceptance of Disability yang dimaksud adalah pemahaman dan pengakuan akan kekurangan secara fisik pada fungsional tubuh penyandang disabilitas akibat kecelakaan traumatis maupun bawaan lahir serta kemampuan untuk menghadapi disabilitasnya tersebut (Linkowski,1971). Kebahagiaan otentik adalah perasaan individu ketika kebahagiaan berasal dari pengembangan kekuatan dan keutamaan dalam diri (Seligman,2013).

Penelitian dilakukan pada penyandang disabilitas yang tergabung dalam komunitas modifikasi motor roda tiga DMI dengan rentang usia 20 hingga 40 tahun dengan jumlah subjek sebanyak 37 orang. Pengumpulan data menggunakan korelasi Spearman yang terlebih dahulu dilakukan uji validitas dan reliabilitas. Seluruh uji statistik dilakukan dengan bantuan program SPSS versi 20.0 for windows.

Berdasarkan hasil analisis data penelitian diperoleh nilai korelasi antara acceptance of disability dengan kebahagiaan otentik sebesar 0,507 dengan taraf signifikansi sebesar 0,001. Hal ini menunjukkan bahwa hipotesis diterima yang artinya terdapat hubungan yang searah antara acceptance of disability dengan kebahagiaan otentik pada penyandang disabilitas di komunitas Disable Motorcycle Indonesia (DMI).

Kata Kunci : *Acceptance of Disability*, Kebahagiaan Otentik, Penyandang Disabilitas.

ABSTRACT

Firza Tuzzahra, 111011031, The Correlation Between Acceptance of Disability and Authentic Happiness of Individuals with Disability joined in the Disable Motorcycle Indonesia (DMI), Stratum-1 Thesis, Faculty of Psychology Universitas Airlangga, 2015. Xix + 123, 11 appendices.

This study was aimed to find out the correlation between acceptance of disability and authentic happiness of individuals joined in the Indonesian Disable Motorcycle community (DMI). Acceptance of disability is the knowledge and acceptance of physical disability to the body function of individuals with disability due to either traumatic accident or genetic and the capability of dealing with such disability (Linkowski,1971). Authentic happiness is an individual's feeling when happiness comes from the development of self-strength and excellence (Seligman,2013).

The study was applied to the individuals with disability joined in the community of three-wheeled motor modification (DMI) aged between 20 to 40 years old as many as 37 persons of subject. This research used Spearman correlation which at first validity and reliability test was taken. All statistics tests were done using SPSS 20 for Windows.

By virtue of study data analysis result, the value of correlation between acceptance of disability and authentic happiness was 0,507 with significance level was 0,001. It indicated that the hypothesis was approved which meant that there was a one direction correlation between acceptance of disability and authentic happiness among individuals with disability joined in the Indonesian disable motorcycle community (DMI).

Keywords : *Acceptance of disability, authentic happiness, individual with disability.*