

## ABSTRAK

Antonia Yosephine Restu Pramudita, 110610011, Hubungan antara Kepribadian berdasarkan *Big Five Personality* dengan *Psychological Well-Being* pada Perawat di Rumah Sakit, *Skripsi*, Fakultas Psikologi Universitas Airlangga Surabaya, 2012. xvii + 75, 7 lampiran

Penelitian ini bertujuan untuk mengetahui hubungan antara kepribadian berdasarkan *Big Five Personality* dengan *Psychological Well-Being* pada perawat di rumah sakit. Kepribadian berdasarkan *Big Five Personality* merupakan kepribadian yang dilihat melalui kelima faktornya, yaitu *Extraversion*, *Neuroticism*, *Openness*, *Agreeableness*, dan *Conscientiousness*. *Psychological well-being* atau kesejahteraan psikologis merupakan suatu penilaian individu mengenai hidupnya, yang dilihat melalui keenam dimensinya, yaitu *self-acceptance*, *positive relationship with others*, *autonomy*, *purpose in life*, *environmental mastery*, dan *personal growth*.

Penelitian dilakukan di Rumah Sakit Islam (RSI) Surabaya dengan perawat sebagai subjek penelitian. Jumlah perawat yang menjadi subjek penelitian adalah 65 orang, yang terdiri dari 11 pria dan 54 wanita. Alat pengumpul data menggunakan kuesioner *Big Five Inventory* yang disusun oleh John, Donahue, dan Kentle yang terdiri dari 44 item, dan kuesioner *Ryff's Psychological Well-Being Scale* yang disusun oleh Carol Ryff, yang terdiri dari 42 item. Teknik analisis menggunakan teknik *Spearman's Rho* dengan bantuan program SPSS versi 11.

Dari analisis korelasi yang dilakukan, ditemukan bahwa *Extraversion* berkorelasi positif dengan semua dimensi *psychological well-being* dengan korelasi yang terkuat dengan dimensi *autonomy* dengan koefisien korelasi 0,587. Korelasi positif yang kuat juga terjadi antara *Agreeableness* dan *positive relation with others* dengan koefisien korelasi sebesar 0,566; dan korelasi antara *Conscientiousness* dan *environmental mastery* dengan koefisien korelasi sebesar 0,593. *Neuroticism* berkorelasi negatif dengan semua dimensi *psychological well-being*, namun korelasinya termasuk dalam kategori lemah.

Kata kunci: *Psychological well-being*, *Big Five Personality*, perawat  
Daftar Pustaka 28, (1991-2011)

**ABSTRACT**

Antonia Yosephine Restu Pramudita, 110610011, *The Correlation between Personality based on Big Five Personality and Psychological Well-Being at Hospital Nurses. Undergraduate Thesis, Faculty of Psychology, Airlangga University Surabaya, 2012. xviii + 75, 7 attachments*

*This study aims to determine the relationship between personality based on Big Five Personality with Psychological Well-Being of hospital nurses. Big Five Personality views the personality through its factors, i.e. Extraversion, Neuroticism, Openness, Agreeableness, and Conscientiousness. Psychological well-being or psychological well-being is an individual assessment Psychological well-being is an individual assessment of his/her life, which can be viewed through the six dimensions, i.e. self-acceptance, positive relations with others, autonomy, purpose in life, environmental mastery, and personal growth.*

*The study was conducted at the Islamic Hospital Surabaya with nurses as research subjects. The number of nurses who become research subjects were 65 people, consisting of 11 men and 54 women. Data collection tool using the Big Five Inventory questionnaire developed by John, Donahue, and Kentle consisting of 44 items, and Ryff's Psychological Well-Being Scale developed by Carol Ryff, which consists of 42 items. Analysis techniques using the Spearman-Rho techniques with SPSS version 11.*

*From the correlation analysis found that Extraversion positively correlated with all dimensions of psychological well-being, which the strongest correlation occurs between Extraversion and autonomy with correlation coefficient 0.587. Strong positive correlations also occur between Agreeableness and positive relation with others, with correlation coefficient 0.566; and the correlation between Conscientiousness and environmental mastery, with correlation coefficient 0.593. Neuroticism negatively correlated with all dimensions of psychological well-being, but the correlation are weak.*

*Keywords: Psychological well-being, Big Five Personality, nurses Sources 28, (1991-2011)*