

## RINGKASAN

Antenatal care adalah suatu bentuk pelayanan kesehatan yang sangat penting untuk menurunkan angka kematian ibu dan bayi. Oleh sebab itu pengetahuan ibu hamil sangat menentukan dalam meningkatkan kepatuhan dalam melakukan kunjungan Antenatal. Di Puskesmas Ba'a masih terdapat 49,05% ibu hamil yang tidak patuh melakukan Antenatal. Dan masih terdapat 50,00% ibu hamil yang kurang memahami buku KIA khususnya pesan-pesan untuk ibu hamil.

Judul penelitian ini adalah Hubungan tingkat pengetahuan tentang pesan kehamilan dalam buku KIA dengan kepatuhan kunjungan Antenatal di wilayah Puskesmas Ba'a, Kabupaten Rote Ndao -NTT bertujuan untuk mengidentifikasi hubungan Tingkat pengetahuan tentang pesan kehamilan dalam buku KIA dengan kepatuhan kunjungan Antenatal.

Jenis Penelitian ini adalah penelitian analitik dengan desain Cross Sectional. Populasinya adalah ibu hamil di wilayah Puskesmas Ba'a periode Juni-Agustus 2010 sebanyak 553 ibu hamil. Jumlah Sampel 40 ibu hamil trimester III yang di ambil secara *consecutive sampling*, sesuai dengan criteria inklusi. Pengumpulan data di lakukan dengan menggunakan kuesioner dan Chek list. Analisis menggunakan *Chi-Square* dari Pearson dengan tingkat signifikan ( $\alpha$ ) = 0,05 Hasil penelitian menunjukkan hampir setengahnya (37,50%) mempunyai pengetahuan kurang, dan sebagian besar ibu hamil tidak patuh melakukan kunjungan antenatal (55,00%), ada hubungan tingkat pengetahuan tentang pesan kehamilan dalam buku KIA dengan kepatuhan kunjungan Antenatal. Dengan hasil  $\chi^2$  hitung (8,05) lebih besar dari  $\chi^2$  tabel (5,99).

Simpulan dari penelitian ini adalah ada hubungan antara tingkat pengetahuan tentang pesan kehamilan dalam buku KIA dengan kepatuhan kunjungan Antenatal. Saran bagi bidan perlu di lakukan penyuluhan melalui posyandu agar dapat menambah pengetahuan tentang pesan kehamilan dalam buku KIA sehingga dapat meningkatkan kepatuhan dalam melaksanakan kunjungan Antenatal selama masa kehamilan pada fasilitas kesehatan yang tersedia.

***Kata Kunci : Pengetahuan, Kepatuhan, Antenatal, Ibu Hamil Trimester III***

## ABSTRACT

Antenatal care is a form of medical care which is very important to decrease the mortality rate of mothers and infants. Therefore, pregnant mothers' knowledge of pregnancy information determines greatly in increasing the obedience to do the Antenatal visit. In Ba'a Public Health Center, there were still 49,05% of pregnant mothers who were disobedient to do the visit. In addition, there were 50,00% of them who were lack of understanding the KIA book especially the information for pregnant mothers.

The title for this study is the relation between levels of knowledge of pregnancy information in KIA book with the obedience of Antenatal visits in Health Center in Rote Ndao-NTT Region. The aim was to identify the relation between levels of knowledge of pregnancy information in KIA book with the obedience of Antenatal visits.

This research is an analytical research with Cross Sectional design. The population is pregnancy mothers in Public Health Center in Ba'a Region from July-August 2010 which are 553 of them. The sample is 40 pregnant mothers on their 3<sup>rd</sup> trimester who were taken by consecutive sampling which is appropriate for inclusion criterion. The data gathering is held with questioners and check list. The analysis uses Chi Square by Pearson with significant level ( $\alpha$ ) = 0,05.

The result of this research showed that nearly half of pregnant mother (37,50%) had less knowledge and most of them were disobedient to do the Antenatal visit (55,00%). There is a relation between the information of pregnancy in KIA book with the obedience of Antenatal visit. In addition, it was shown that  $\chi^2$  of calculation (8,05) was bigger than  $\chi^2$  of table (5,99).

The conclusion of this is that is that is a relation between the level of knowledge of pregnancy information in KIA book with the Antenatal visit. It is suggested that midwives need to educate those mothers with Posyandu so that pregnant mothers could broaden their knowledge of pregnancy information in KIA book. Therefore, they can also increase their obedience in doing the Antenatal visit during their pregnancy period at medical facilities which are available nearby.

**Keywords :** *Knowledge, Obedience, Antenatal, Pregnant Mother on Their 3<sup>rd</sup> Trimester*