

DAFTAR PUSTAKA

- Anonim. 2010. *Empty Nest Syndrome* [on-line]. Diakses tanggal 28 Juli 2012 dari http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/empty_nest_syndrome?open.
- Astuti, Yulianti Dwi. 2008. *Krisis Usia Paruh Baya* [on-line]. Diakses tanggal 2 Agustus 2012 dari <http://yulianti.staff.uii.ac.id/2008/08/30/krisis-usia-paruh-baya/>
- Barr, Naomi. 2009. *The Empty Nest Syndrome* [on-line]. Diakses tanggal 15 September 2012 dari <http://www.oprah.com/relationships/The-End-of-Empty-Nest-Syndrome>.
- Clay, Rebecca A. 2003. *An Empty Nest Can Promote Freedom, Improved Relationships* [on-line]. Diakses tanggal 6 Agustus 2012 dari <http://www.apa.org/monitor/apr03/pluses.aspx>.
- Glenn, Norval D. 1975. Psychological Well-Being in the Postparental Stage: Some Evidence From National Surveys. *Journal of Marriage and Family*, 37, 105-110.
- Gunarsa S.D. 2004. *Bunga Rampai Psikologi Perkembangan: Dari Anak Sampai Usia Lanjut*. Jakarta: PT BPK Gunung Mulia.
- Sarang Kosong Milik Ratna (2010, 17 Oktober). *Harian Kompas* [on-line]. Diakses tanggal 7 September 2012 dari <http://nasional.kompas.com/read/2010/10/17/04165965/>
- Hellwig J.P. 2011. Empty Nest Syndrome : How to Cope When the Kids Leave Home [on-line]. Diakses tanggal 9 Juni 2012 dari www.beliefnet.com/healthandhealing/getcontent.aspx?cid=13475.
- Hoyer, W. J., & Roodin, P. A. 2003. *Adult development and Aging (Fifth Edition)*. New york: McGraw-Hill
- Hurlock, Elizabeth B. 2004. *Psikologi Perkembangan: Suatu Pendekatan Sepanjang Rentang Kehidupan (Edisi Kelima)*. Alih bahasa oleh Istidayanti & Soedjarwo. Jakarta: Erlangga.
- Idrus, Muhammad. 2009. *Metode Penelitian Ilmu Sosial: Pendekatan Kualitatif dan Kuantitatif*. Jakarta: Erlangga.

- Iman, M. T. & Aghamiri, S. F. 2011. A Path Analysis of the Social and Psychological Factors Influencing the Psychological Well Being of Empty Nest Mothers in Sari City, Iran. *Journal of Marriage and Family*, 9.
- Keyes, Shmotkin & Ryff. 2002. Optimizing Well-Being: The Empirical Encounter of Two Traditions. *Journal of Personality and Social Psychology*, 82, 1007-1022.
- Ling Lai, Hui. 2002. Transition to the Empty Nest: A Phenomenological Study. *Journal of Nursing*, 3, 88-94.
- Lippert, Laurel. 1997. Women at Midlife: Implications for Theories of Women's Adult Development. *Journal of Counseling and Development*, 76, 16-21.
- McQuaide, Sharon. 1998. Women at Midlife. *Journal of Social Work*, 43, 21-31.
- Mitchell, Barbara A. & Lovegreen, Loren D. 2009. The Empty Nest Syndrome in Midlife Families. *Journal of Family Issue*, 30, 1651-1670.
- Neuman, W. L. 2000. *Social Research Methods: Qualitative and Quantitative Approach (Third Edition)*. Boston: Pearson Education Inc.
- Noor, Juliansyah. 2011. *Metodologi Penelitian*. Jakarta: Kencana.
- Papalia, D.E., Old, Sally W., & Feldman, Ruth D. 2008. *Human Development (Psikologi Perkembangan)*. Alih bahasa oleh A.K. Anwar. Jakarta: Kencana.
- Poerwandari, K. 2001. *Pendekatan Kualitatif untuk Perilaku Manusia*. Jakarta: Lembaga Pengembangan Sarana Pengukuran dan Pendidikan Psikologi FPUI.
- Radloff. 1980. Depression and the Empty Nest. *Journal of Sex Role*, 6, 775-781.
- Rahmah, Nur. 2006. *Penyesuaian Diri Ibu yang Menghadapi Sindrom Sarang Kosong (Studi Kasus)*. Skripsi. Surabaya. Fakultas Psikologi Universitas Airlangga. Tidak diterbitkan.
- Raup, Jana L. & Myers, Jane E. 1989. The Empty Nest Syndrome: Myth or Reality? *Journal of Counseling and Development*, 68, 180-183.
- Riawaty, Rin Rini. 2006. *Gambaran Psychological Well Being pada Wanita Dewasa Madya yang Menjanda Akibat Suami Meninggal Dunia (Studi Kasus)*. Skripsi. Surabaya. Fakultas Psikologi Universitas Airlangga. Tidak diterbitkan.

- Rothrauff, Tanja & Cooney, Teresa M. 2008. The Role Generativity in Psychological Well-Being: Does it differ for Childless Adults and Parents? *Journal Adult Development*, 15, 148-159.
- Ryan, Richard M. & Deci, Edward L. 2001. On Happiness and Human Potentials: A Review of Research on Hedonic and Eudaimonic Well-Being. *Department of Clinical and Social Sciences in Psychology*, 52, 141-166.
- Ryff, Carol D. 1989. Happiness Is Everything, Or is It? Exploration of The Meaning of Psychological Well Being. *Journal of Personality and Social Psychology*, 57, 1069-1081.
- Ryff, Carol D. & Singer, Burton H. 2008. Know Thyself and Becoming What You Are: A Eudaimonic Approach to Psychological Well-Being. *Journal of Happiness Studies*, 9, 13-39.
- Santrock, John W. 2002. *Life Span Development, Perkembangan Masa Hidup (Jilid 2)*. Alih bahasa oleh Achmad Chusairi & Juda Damanik. Jakarta: Erlangga.
- Sari, Dian P. R. 2006. *Kesejahteraan Psikologis (Psychological Well Being) Lansia yang Berstatus Duda Pasca Kematian Pasangan*. Skripsi. Surabaya. Fakultas Psikologi Universitas Airlangga. Tidak diterbitkan.
- Shin An, Jeong & Cooney, Teresa M. 2006. Psychological Well Being in Mid to Late Life: The Role of Generativity Development and Parents-Child relationship Across the Lifespan. *International Journal of Behavioral Development*, 30, 410-421.
- Suryantini, Sri. 2011. *Pengertian Perkembangan* [on-line]. Diakses tanggal 8 April 2012 dari http://skp.unair.ac.id/repository/guru-doc/guru_535.doc.
- Yin, R. K. 2005. *Studi Kasus: Desain dan Metode*. Jakarta: PT Raja Grafindo Persada.