

RINGKASAN

Rafik Fajar Yunansyah, 111042006, *Self-Regulated Learning* Mahasiswa dalam Kuliah yang menerapkan Metode *Active Learning*, Tesis, Fakultas Psikologi Universitas Airlangga Surabaya, 2013.
xiv + 69 halaman, 3 lampiran.

Tujuan penelitian ini adalah menggambarkan Self-Regulated Learning mahasiswa dalam kuliah yang menerapkan metode Active Learning sehingga bentuk belajar yang tepat dan pembekalan yang diperlukan dapat diketahui. Subjek penelitian kualitatif bertipe studi kasus ini adalah 8 mahasiswa Fakultas Psikologi Unair Surabaya. Penggalan data dilakukan dengan wawancara mendalam dan analisis menggunakan analisis tematik. Hasil penelitian menunjukkan bahwa self-regulated learning mahasiswa meliputi: forethought (tujuan belajar, self-efficacy, motivasi internal), performance (strategi belajar, pemusatan atensi), dan refleksi-diri (atribusi, self-satisfaction, adaptasi). Adapun pengalaman belajar mahasiswa meliputi: inti active learning (refleksi pada diri sendiri, aktivitas kelas yang dinamis, dan praktek), perasaan (positif dan negatif), motivasi belajar, demotivasi belajar, dan persiapan yang dibutuhkan.

Kata kunci: *self-regulated learning, active learning*
Daftar Pustaka, 55 (1995-2011)

SUMMARY

Rafik Fajar Yunansyah, 111042006, the self-regulated learning of college-students in lectures that apply active learning method, *Thesis*, Faculty of Psychology Airlangga University Surabaya, 2013.
xiv + 69 pages, 3 appendixes.

The purpose of this research is describing the self-regulated learning of college students in lectures which apply active learning method in order to know the right form of study and preparation required. Subjects of this qualitative, case study-type research are 8 students of the Faculty of Psychology Airlangga University Surabaya. This research used in-depth interview method to gain data, which then analyzed with thematic analysis technique. The result showed that students' self-regulated learning include: forethought (goal setting, self-efficacy, internal motivation), performance (strategies, attention focusing), and self-reflection (attribution, self-satisfaction, adaptation). Students' learning experience consist of: the core of active learning (reflection, dynamic class activity, practice), positive and negative feelings, motivation, study demotivation and preparation required.

Keywords: *self-regulated learning (SRL), active learning Reference List, 55 (1995-2011)*