

ABSTRAK

**Ratih Rosulin, 111111093, Hubungan Antara Hardiness Dengan Adaptabilitas Karir Pada Siswa SMK Kelas XII, Skripsi, Fakultas Psikologi Universitas Airlangga Surabaya, 2016.
xx + 103 halaman, 94 lampiran.**

Penelitian ini bertujuan untuk mengetahui apakah terdapat hubungan antara hardiness dengan adaptabilitas karir pada siswa SMK Kelas XII.

Penelitian dilakukan pada 452 siswa SMK Kelas XII yang terdiri dari 227 siswa laki-laki dan 225 siswa perempuan yang berasal dari berbagai jurusan di SMK Negeri 2 Surabaya dan SMK Negeri 4 Surabaya. Pengumpulan data dilakukan melalui skala hardiness yang berisi 33 aitem dan skala adaptabilitas karir menggunakan Career Adapt-Abilities Scale (CAAS) yang berisi 24 aitem. Metode pengambilan sampel dilakukan dengan teknik accidental sampling. Analisis data dilakukan dengan teknik statistik korelasi Pearson product moment dengan bantuan program SPSS 16.0 for Windows.

Dari hasil analisis data diperoleh nilai korelasi antara hardiness dengan adaptabilitas karir sebesar ($r = 0,498$, $p = 0,000$). Hasil ini menunjukkan terdapat korelasi yang signifikan antara hardiness dengan adaptabilitas karir pada siswa SMK Kelas XII.

Kata kunci : *hardiness*, adaptabilitas karir, siswa SMK
Daftar Pustaka, 65 (1979-2015)



ABSTRACT

**Ratih Rosulin, 111111093, Relationship Between Hardiness and Career Adaptability on Vocational High School Students Class XII, Under Graduate Thesis, Faculty of Psychology Universitas Airlangga Surabaya, 2016.
xx + pages 103, 94 appendixes.**

The purpose of this study is to determine the relationship between hardiness and career adaptability on vocational high school students Class XII.

The study is conducted on 452 vocational high school students class XII that consisted of 227 male students and 225 female students from different departments at SMK Negeri 2 Surabaya and SMK Negeri 4 Surabaya. Data are collected through the Hardiness Scale that contained 33 items and the Career Adapt-Abilities Scale (CAAS), to measure career adaptability, which is contained 24 items. The sampling method which is used in this study is accidental sampling technique. Data analysis is performed by using Pearson product moment correlation with SPSS 16.0 for Windows.

Result from the data analysis shows that there is correlation between hardiness and career adaptability ($r = 0,498$, $p = 0,000$). This result indicate that there is a significant correlation between hardiness and career adaptability in vocational high school students Class XII.

Keywords: *hardiness, career adaptability, vocational high school students*
References, 65 (1979-2015)

