ABSTRACT

Candida albicans is one of the most pathogenic Candida species that exist, but under normal conditions, C. albicans is one of the normal microflora in oral cavity (commensal). Approximately 30% to 50% of people have C. albicans which can be found in the oral cavity, gastrointestinal tract, and vagina. White galangal (Alpinia galanga) is a plant that has been used by Indonesian people as medicine for a long time. White galangal ethanol extract contains diterpene, flavonoids, alkaloids, essential oils which is a class of terpenoids, tannins and saponins that synergistically inhibit the growth of C.albicans. The aim of this study is to identify the effectiveness of white galangal ethanol extract (Alpinia galangal) to inhibit the growth of C. albicans. The in vitro studies using dilution method with media Saboraud Dextrose Agar (SDA) to identify the Minimum Inhibitory Concentration (MIC) and Minimum Bactericidal Concentration (MBC) of the white galangal ethanol extracts (Alpinia galanga) at concentration of 100%, 50%, 25%, 12,5% and 6,25%. From this study it can be seen that the white galangal ethanol extracts (Alpinia galanga) has a MIC concentration at 25% and MBC concentration at 50%.

Keywords: Candida albicans, white galanga, essential oil, Minimum Inhibitory Concentration, Minimum Bactericidal Concentration.