

ABSTRACT

RESILIENCE OF POST AMPUTATION PATIENTS IN EARTHQUAKE DISASTER IN LOMBOK UTARA

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Introduction: Psychological stress is often felt by post-amputee patients who are earthquake survivors. However, there are still individuals who can rise from difficult situations like this and keep trying to increase their capacity so that they can return to functioning like normal people. The purpose of this study is to explore the resilience of post-amputation patients who are earthquake survivors so that they can understand the supporting factors for the formation of resilience, the forms of coping and adaptation performed, and the characteristics of resilience that arise.

Methods: The research design used a qualitative case study approach. This study involved 7 resilient post-amputation patients due to natural disasters that were obtained by using a purposive sampling technique. The data collection technique used semi-structured interviews and audio recording was carried out. The data were analyzed using the thematic analysis method with the Van Manen approach with the help of NVivo 12 software. **Results:** The average age of the respondents was 25.6 years. From 7 respondents, 4 respondents had amputations below the knee, while 3 others had amputations above the knee. In this study, four themes were identified, namely, resilience supporting factors, coping mechanism, positive adaptation, and resilience characteristics. **Conclusion:** Resilience in post-amputation patients is a dynamic process, where each stage is related. The characteristics shown by post-amputation patients who have reached the resilience phase are that they can adapt to their new physical condition and remain productive.

Keywords: amputation, resilience, earthquake

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