

## DAFTAR PUSTAKA

- Alexeyev, O. A., Dekio, I., Layton, A. M., Li, H., Hughes, H., Morris, T., Zouboulis, C. C., dan Patrick, S., 2018. Why we continue to use the name *Propionibacterium acnes*. *Br J Dermatol*, 179(5):1227.
- Aqsha, A. C., et al., 2016. Profil Pemilihan dan Penggunaan Produk Anti-Jerawat yang Tepat Pada Mahasiswa. *Jurnal Farmasi Komunitas Vol.3;1:18-22*. Departemen Farmasi Komunitas Fakultas Farmasi Universitas Airlangga.
- Aslam, I., Fleischer, A., dan Feldman, S. 2015 Emerging drugs for the treatment of acne. *Expert Opinion on Emerging Drugs*, 20(1), 91–101.
- Atkinson, R. L., Atkinson, R. C., dan Hilgard E. R., 1991. *Pengantar Psikologi*. Alih Bahasa: Nurdjannah, Taufiq. Jakarta: Erlangga
- Badan Pusat Statistik Kota Surabaya. Kecamatan Kenjeran Dalam Angka 2019. Surabaya
- Batubara, J. R. L., 2010. *Adolescent Development* (Perkembangan Remaja). Departemen Ilmu Kesehatan Anak RS. Dr Cipto Mangunkusumo, Fakultas Kedokteran Universitas Indonesia. *Sari Pediatri*, Vol.12 No.1. Jakarta
- Beehr, T. A dan Newman, J. E., 1987. *Penelitian Stres Kerja*. Team E-Psikologi, Informasi Online. Jakarta.
- Burton, J. L., Cunliffe, W. J., Stafford, I., dan Shuster, S., 1971. The prevalence of acne vulgaris in adolescence. *Br J Dermatol*, 85:119–26.
- Chaplin, J. P., 2014. *Kamus Lengkap Psikologi*. Jakarta: PT Raja Grafindo Persada.

- Cohen, F., dan Lazarus, R. S., 1979. *Coping with the stress of illness*, in Stone, C.G., Cohen, F., Adler, N.E., editors. Health psychology: A handbook. San Francisco: 217-254. CA: Jossey-Bass.
- Cohen, S., Janicki-Deverts, D., dan Miller, G. E., 2007. Psychological Stress and Disease. *JAMA*, 298(14):1685–1687.
- Cohen, S., Kamarch, T., dan Mermelstein, R., 1983. A global measure of perceived stress. *Journal of Health and Social Behavior*, 24, 385–396.
- Djuanda, A., 2017. *Ilmu Penyakit Kulit dan Kelamin*. Fakultas Kedokteran Universitas Indonesia. Cetakan keempat. Ed 7. Jakarta
- Eichenfield, L. F., Del Rosso, J. Q., Mancini, A. J., Cook-Bolden, F., Gold, L. S., Desai, S., dan Kircik, L. 2015. Evolving perspectives on the etiology and pathogenesis of acne vulgaris. *Journal of Drugs in Dermatology*, 14(3), 263-268.
- El-Masry, R., Ghreiz, S. M., Helal, R. M., Audeh, A. M., dan Shams, T., 2013. Perceived Stress and Burnout among Medical Students during the Clinical Period of Their Education. *Ibnosina Journal of Med BS*, 5(4): 179-188.
- Etcoff, N., 1999. *Survival of the Prettiest: The Science of Beauty*. London: Little, Brown and Company [Diakses tanggal 15 Juni 2020]. Tersedia di: [https://scholar.google.com/scholar\\_lookup?hl=en&publication\\_year=1999&author=N+Etcoff&title=Survival+of+the+Prettiest%3A+The+Science+of+Beauty#d=gs\\_qabs&u=%23p%3DR0JgHbkrk8J](https://scholar.google.com/scholar_lookup?hl=en&publication_year=1999&author=N+Etcoff&title=Survival+of+the+Prettiest%3A+The+Science+of+Beauty#d=gs_qabs&u=%23p%3DR0JgHbkrk8J)

- Eyüboğlu, M., Kalay, I., dan Eyüboğlu, D. 2018. Evaluation of Adolescents Diagnosed with Acne Vulgaris for Quality of Life and Psychosocial Challenges. *Indian journal of dermatology*, 63(2), 131–135.
- Finaly, A. Y., 2004. Clinical Efficacy of Adapalene. *Journal of Dermatological Treatment*. University of Wales:College of Medicine, Cardiff, 9-12.
- Fulton dan James, 2010. Acne Vulgaris. Medscape Online Journal [Diakses Tanggal 3 Juni 2020]. Tersedia di: <<https://emedicine.medscape.com/article/1069804-overview>>
- Goodman, G., 2006. Acne and acne scarring – the case for active and early intervention. *Australian family physician*, 35(7), 503–4.
- Guindon, M. H., 2009. *Self-esteem across the lifespan: Issues and interventions*. New York: Routledge.
- Gunarsa, S. D dan Gunarsa, Y. S., 2004. *Psikologi perkembangan anak dan remaja*. Jakarta: Gunung Mulia.
- Hammen, C., 2015. Stress sensitivity in psychopathology: Mechanisms and consequences. *Journal of Abnormal Psychology*, 124(1):152-154.
- Harper, J. C., 2008. Acne Vulgaris. UK: Department of Dermatology, University of Alabama at Birmingham [Diakses tanggal 23 Mei 2020]. Tersedia di: <<http://emedicine.medscape.com/article/1069804-overview>>
- Harvard Health Publishing, 2018. *Understanding the Stress Response*. Chronic Activation of this Survival Mechanism Impairs Health. [online] Tersedia di:

<https://www.health.harvard.edu/staying-healthy/understanding-the-stress-response>

[Diakses 11 Mei 2019].

Hazarika, N., dan Archana, M., 2016. The Psychosocial Impact of Acne Vulgaris. *Indian journal of dermatology*, 61(5), 515–520.

Heiman dan Kariv, 2005. Task-Oriented versus emotion-oriented coping strategies: the case of college students. *College Student Journal*, 39 (1): 72-89.

Hidayati, N., Oktavriana, T., Winarni, D. R. A., dan Etnawati, K., 2012. Hubungan Antara Derajat Keparahan Akne dan Kualitas Hidup di Poliklinik Kulit dan Kelamin RSUP dr. Sardjito Yogyakarta. *Perdoski Vol.39 No. Suplemen Tahun 2012;15s-18s*. Yogyakarta: SMF Ilmu Kesehatan Kulit dan Kelamin, FK Universitas Gadjah Mada, RSUP dr. Sardjito.

Hurlock, E.B., 2011. Psikologi Perkembangan. Jakarta: Erlangga.

Jankovic, S., Vukicevic, J., Djordjevic, S., Jankovic, J., dan Marinkovic, J. 2012. Quality of Life Among Schoolchildren with Acne: Results of a Cross-Sectional Study. *Indian Journal of Dermatology Venereology Leprology*. 78(4):454-8.

Jones, F., Bright, J., dan Clow, A., 2001. *Stress: myth, theory, and research*. Harlow: Pearson Education.

Juhl, C. R., Bergholdt, H. K. M., Miller, I. M., Jemec, G. B. E., Kanters, J. K., dan Ellervik, C., 2018. Dairy Intake and Acne Vulgaris: A Systematic Review and Meta-Analysis of 78,529 Children, Adolescents, and Young Adults. *Nutrients*, 09;10(8).

- Kaplan, H. I., Sadock, B. J., dan Grebb, J. A., 2004. Kaplan and Sadock's Synopsis of Psychiatry, Behavioral Sciences, Clinical Psychiatry Seventh ed. Baltimore: Williams & Wilkins
- Karauwan., G. A., Rumende., R. R. H., dan Makausi, E., 2018. Hubungan Stres Dan Kebersihan Wajah Dengan Penyakit Akne Vulgaris Pada Siswa Kelas 9 di SMP Negeri 2 Tondano. *E-Jurnal Sariputra Vol 5(2)*. Manado: Universitas Sariputra Indonesia Tomohon.
- Khan., A. T., 2017. Acne and It's Association With Psychosocial Well-Being Among Adolescents in Nellore (India). Lithuanian University of Health Sciences.
- King, C. A. dan Merchant, C.R., 2008. Social and Interpersonal Factors Relating to Adolescent Suicidality: a review of literature. *Arch Suicide Res*, 12(3), 181-196.
- Kubba, R., Bajaj, A. K., Thappa, D. M., Sharma, R., Vedamurthy, M., Dhar, S., Criton, S., Fernandez. R., Kanwar, A. J., Khopkar, U., Kohli, M., Kuriyipe, V. P., Lahiri, K., Madnani, N., Parikh, D., Pujara, S., Rajababu, K. K., Sacchidanand, S., Sharma, V. K., dan Thomas, J. Acne in India: Guidelines for Management. *Indian Journal Dermatology Venereology Leprology*. 75, Suppl S1:1-2.
- Layton, A. M. Disorders of the sebaceous glands. Dalam: Burns, T., Breathnach, S., Cox, N., Griffiths, C., 2010. *Rook's Textbook of Dermatology*. 8th ed. UK: Wiley-Blackwell. pp. 42.17–89.
- Lazarus, R. S. dan Folkman, S., 1984. *Stress appraisal and coping*. Newyork : Springer Publishing Company.Inc.

- Lazarus, R.S. dan Folkman, S., 2013. *Stress, Appraisal, and Coping*. Encyclopedia of Behavioral Medicine. New York-Springer Publishing Company. 2013: 1913-1015.
- Lehmann, H.P., Robinson, K.A., Andrews, J.S., Holloway, V., dan Goodman, S.N., 2002. Acne therapy: A methodologic review. *J Am Acad Dermatol*, 47(2): 23 1-40.
- Liuwan, C. C., 2018. Gambaran Penderita Baru Akne Vulgaris yang Mendapatkan Pengobatan Antibiotik Per-Oral Di Divisi Kosmetik Medik IRJ Kesehatan Kulit dan Kelamin RSUD Dr. Soetomo Surabaya Periode 2013-2015 [belum publikasi]
- Manarisip, C. M., 2015. Hubungan Stress dengan Kejadian Acne Vulgaris pada mahasiswa semester V Program Studi Ilmu Keperawatan Fakultas Kedokteran Universitas Sam Ratulangi manado [Diakses Tanggal 7 Juli 2020]. Tersedia di: <http://ejournal.unsrat.ac.id/index.php/jkp/article/view/6918>
- Maramis, W.F., 2005. Catatan Ilmu Kedokteran Jiwa. Surabaya: Airlangga University Press; p. 63-9.
- Marita, G. A. D., Yuliadi, S., dan Karyanta, N. A., 2014. Hubungan antara Body Image dan Imaginary Audience dengan Kepercayaan Diri pada Siswi Kelas X SMA Negeri 2 Nganjuk. *Jurnal Ilmiah Psikologi Candra Jiwa*, 3:145-155.
- Mazioti, M. C., Markakis, K. P., dan Raptis, A. E., 2015. The potential contribution of endocrine disrupting chemicals to acne. *Medical Hypotheses*, pii: S0306-9877(15)00155-3.
- McEwen, B., dan Sapolsky, R., 2006. Stress and Your Health. *The Journal of Clinical Endocrinology & Metabolism*, 91(2):E2 [online] Tersedia di: <https://doi.org/10.1210/jcem.91.2.9994> [Diakses 2 September 2020].

- Mcneelly, C., 2010. *The Teen Years Explained: A Guide to Healthy Adolescent Development*. Center for Adolescent Health Johns Hopkins Bloomberg School of Public Health. 1 : 40-8.
- Mental Health America, 2013. *Stress*. America: Mental Health America. [online] Tersedia di: <https://www.mentalhealthamerica.net/conditions/stress> [Diakses 10 Mei 2019].
- Miranda, D., 2018. Hubungan Tingkat Stres Dengan Kejadian Akne Vulgaris Pada Siswa Madrasah Aliyah Swasta Ar-Risalah Padang Tahun 2018. Padang: Fakultas Kedokteran Universitas Andalas.
- Motosko, C. C., Zakhem, G. A., Pomeranz, M. K., dan Hazen, A., 2019. Acne: a side-effect of masculinizing hormonal therapy in transgender patients. *Br J Dermatol*, 180(1):26-30.
- Movita, T., 2013. Acne Vulgaris. *CDK-203*. 40(3): 269-272.
- Nauli, V., N., Karnadi, dan Meilani, S., M., 2019. Peran Ibu Pedagang Pasar 24 Jam Terhadap Perkembangan Moral Anak (Penelitian Studi Kasus di Kota Bekasi). *Jurnal Obsesi Prodi PG-PAUD FIP UPTT 2019*. Vol.3(1): 241-253 [online] Tersedia di: <https://doi.org/10.31004/obsesi.v3i1.179>
- Notoatmodjo, S., 2005. *Metodologi Penelitian Kesehatan*. Jakarta: Rireka Cipta.
- O'Connell, M. E., Boat, T., dan Warner, K. E., 2009. *Preventing Mental, Emotional, and Behavioral Disorders Among Young People: Progress and Possibilities*. Washington, DC: National Academy Press.

Ogedegbe, E. E. dan Henshaw, E. B., 2014. Severity and impact of acne vulgaris on the quality of life of adolescents in Nigeria. *Clin Cosmet Investig Dermatol*. 7:329-334. DOI:10.2147/CCID.S73302

Panduan Praktik Klinis Bagi Dokter Spesialis Kulit dan Kelamin di Indonesia 2013. *Perhimpunan Dokter Spesialis Kulit dan Kelamin Indonesia*. Jakarta: PP PERDOSKI

Peraturan Menteri Kesehatan Republik Indonesia Nomor 25 Tahun 2014. *Upaya Kesehatan Anak*. 18 Juni 2014. Berita Negara Republik Indonesia Tahun 2014 Nomor 825. Jakarta.

Phillip, L. R., 1987. *Stress and Health: Principles and Practice of Coping and Wellness*. Brooks/Cole Publishing Company. California: Pacific Grove. [online] Tersedia di: <https://archive.org/details/stresshealthprin00rice> [Diakses 7 Mei 2019].

Pin, T. L., 2012. Hubungan kebiasaan berolahraga dengan tingkat stres pada mahasiswa fakultas kedokteran universitas sumatera utara tahun masuk 2008. [Skripsi]. Medan: Fakultas Kedokteran Universitas Sumatera Utara.

Prayitno, N. dan Brahmani, R., N., 2010. Kejadian Jerawat Pada Remaja di SMA Yadika 3. *Polytechnic of Health Jakarta, Department of Nutrition, Ministri of Health Republic Indonesia*. Nutrire Diaita Volume 3 Nomor 2, Oktober 2011.

Priyoto, 2014. *Konsep Manajemen Stres*. Yogyakarta: Nuha Medika.

Psychology Foundation of Australia, 2010. Depression Anxiety Stress Scale. 2010. Australia: *Psychology Foundation of Australia*. [online] Tersedia di: <http://www.psy.unsw.edu.au> [Diakses 9 Mei 2019].



- Purwaningdyah, K., Jusuf, N. K., 2013. Profil Penderita Akne Vulgaris pada Siswa-Siswi di SMA Shafiyatul Amaliyyah Medan. *E-Journal FK USU*, Vol 1 No 1. Pp 1-8.
- Rahmawati, D., 2012. Hubungan Perawatan Kulit Wajah Dengan Timbulnya Acne Vulgaris [skripsi]. Semarang: *Universitas Diponegoro*
- Riset Pembinaan Keseharian, 2015. *Departemen Kesehatan Republik Indonesia*. [online] Tersedia di: <http://www.risbinkes.litbang.depkes.go.id/2015/download/risbinkes-2015/> [Diakses 12 Mei 2019].
- Ritmawati, I. D. A. A., Sawitri, A. A. S., dan Sari, K. A. K., 2019. Hubungan Stres Dengan Kejadian *Acne vulgaris* Pada Siswa Kelas III di SMAN 1 Gianyar. *E-Jurnal Medika Udayana*, [S.l.], v. 8, n. 10, oct. 2019. ISSN 2303-1395. Tersedia di: <https://ojs.unud.ac.id/index.php/eum/article/view/54213> [Diakses 8 Juli 2020]
- Safitri, Y. E., Sukanto, H., dan Ervianti, E., 2010. Profil Kualitas Hidup Penderita Akne Vulgaris di RSUD Dr. Soetomo Surabaya: Studi Menggunakan *Cardiff Acne Disability Index (CADI)*. Surabaya: *Fakultas Kedokteran Universitas Airlangga*
- Sampelan, M. G., Pangemanan, D., dan Kundre, R. M., 2017. Hubungan Timbulnya Acne Vulgaris Dengan Tingkat Kecemasan Pada Remaja Di SMPN 1 Likupang Timur. *E-journal Keperawatan Vol.5 No.1*. Universitas Sam Ratulangi
- Sarafino, E. P. dan Smith, T. W., 2011. *Health Psychology: Biopsychosocial Interactions*, 7 Ed. USA: John Wiley & Sons, Inc.
- See, J. A., 2015. Acne Vulgaris. *Australian College of Dermatologist*. [online] Tersedia di: <https://www.dermcoll.edu.au/atoz/acne-vulgaris/> [Diakses 10 Mei 2019].

- Smith, R., Mann. n., Braue, A., Makelainen, H., dan Varigos, G., 2007. A low-glycemic-loaf diet improves symptoms in acne vulgaris patients: a randomized controlled trial. *American Journal Of Clinical Nutrition*. 86(2);107-115.
- Soetjningsih, 2010. *Tumbuh Kembang Remaja dan Permasalahannya*. Sagung Seto.  
Jakarta:EGC
- Soewadi, 1997. *Simptomatologi dalam Psikiatri*. Bagian Ilmu Kedokteran Jiwa UGM.  
Yogyakarta: Fakultas Kedokteran Universitas Gadjah Mada
- Stathakis, V., Kilkenny, M., dan Marks, R., 1997. Descriptive epidemiology of acne vulgaris in the community. *Australasian Journal of Dermatology*, 38, 115-123.
- Sugiyono, 2016. *Metode Penelitian: Kuantitatif, Kualitatif, dan R&D*. p148. Bandung: PT Alfabeta
- Sutaria, A. H. dan Schlessinger, J., 2018. Acne Vulgaris. In: *StatPearls [Internet] Treasure Island (FL)*. [online] tersedia di:  
[https://www.ncbi.nlm.nih.gov/books/NBK459173/#\\_NBK459173\\_pubdet](https://www.ncbi.nlm.nih.gov/books/NBK459173/#_NBK459173_pubdet) [Diakses 3 Mei 2019].
- Tanaka, J., 2018. Pengaruh Tingkat Stres Dengan Tingkat Keparahan Akne Vulgaris Pada Siswa-Siswi Kelas III SMA Sutomo 2. Medan: Fakultas Kedokteran Universitas Sumatera Utara.
- Tasoula, E., Gregoriou, S., dan Chalikias J., et al., 2012. The impact of acne vulgaris on quality of life and psychic health in young adolescents in Greece. Results of a population survey. *An Bras Dermatol*; 87:862–9 [Diakses 9 Juli 2020]. Tersedia di:  
<[https://scholar.google.com/scholar\\_lookup?hl=en&volume=87&publication\\_year=2](https://scholar.google.com/scholar_lookup?hl=en&volume=87&publication_year=2)

[012&pages=862-9&journal=An+Bras+Dermatol&author=E+Tasoula&author=S+Gregoriou&author=J+Chalikias&title=The+impact+of+acne+vulgaris+on+quality+of+life+and+psychic+health+in+young+adolescents+in+Greece.+Results+of+a+population+survey#d=gs\\_qa&u=%23p%3D51f55EN4z4UJ>](#)

Tasoula, E., Gregoriou, S., Lazarou, D., Chalikias, J., Danopoulou, I., Katsambas, A., dan Rigopoulos, D., 2012. The Impact of Acne Vulgaris on Quality Of Life and Psychic Health In Young Adoloscents in Greece. Result of A Population Survey. *An Bras Dermatol*, 87(6):862-9.

Thapar, A., Collishaw, S., Pine, D. S., Thapar, A. K., 2012. Depression in Adolescence. Child & Adolescent Psychiatry Section, Department of Psychological Medicine and Neurology, School of Medicine, Cardiff University. 17 (379) : 1056-67.

Tjekyan, R. M. S., 2008. Kejadian dan Faktor Resiko Acne Vulgaris. *Medika Media Indonesia*. Vol 43 No 1. P37-43.

Vilar, G. N., Santos, L. A., dan Filho, J. F. S., 2015. Quality of life, self-esteem and psychosocial factors in adolescents with acne vulgaris. *Anais Brasileiros de Dermatologia*, 90(5), 622-629.

Wasistaatmadja. S.M, 1999, Akne, Erupsi Akneiformis, Rosasea, Rinifoma Dalam : Djuanda A, Hamzah. M & Aisah. S, Ilmu Penyakit Kulit dan Kelamin, Cetakan III FK-UI

Wasitaatmadja, S. M., 2018. Akne. *Kelompok Studi Dermatologi Kosmetik Indonesia*. Jakarta: Badan Penerbit FKUI

- Wasitaatmadja, S. M., Arimuko, A., Norawati, L., Bernadette, I., dan Legiawati, L., 2013. Pedoman Tatalaksana Akne di Indonesia. *Kelompok Studi Dermatologi Kosmetik Indonesia PERDOSKI*. Jakarta: Perpustakaan Nasional RI Katalog Dalam Terbitan (KDT)
- WHO. 1997. *Acne Vulgaris*. WHO Model Prescribing Information: Drug Used in Skin Disease. [online] Tersedia di: <https://apps.who.int/medicinedocs/en/d/Jh2918e/20.html> [Diakses 14 Mei 2019].
- WHO. 2019. *Maternal, New Born, Child, and Adolescent Health*. [online] Tersedia di: [https://www.who.int/maternal\\_child\\_adolescent/topics/adolescence/development/en/](https://www.who.int/maternal_child_adolescent/topics/adolescence/development/en/) [Diakses 3 Mei 2019]
- Wichers, M., Geschwind, N., Jacobs, N., Kenis, G., Peeters, F., Derom, C., dan Van Os, J., 2009. Transition from stress sensitivity to a depressive state: Longitudinal twin study. *British Journal of Psychiatry*, 195(6), 498-503.
- Widjaja. E.S, 1996, Acne in Adolescence and Its Management, MDVI 23/4. p33-39.
- Yandi R. A., Sibero, H. T., dan Fiana D. N., 2014. Quality Of Life Of Acne Vulgaris Patient In Dr.H.Abdul Moeloek Hospital At Lampung. *J Majority*. 2:139-145.
- Zaenglein, A.L., 2016. Guidelines of Care for The Management of Acne Vulgaris. *American Academy of Dermatology*, 74(5):945-973.e33. [online] Tersedia di: [http://www.jaad.org/article/S0190-9622\(15\)02614-6/pdf](http://www.jaad.org/article/S0190-9622(15)02614-6/pdf) [Diakses 10 Mei 2019].