

ABSTRAK

Elkanita Dwi Kriswanti, 111411131166, Hubungan Antara Kemampuan *Self-Regulated Learning* dengan *Flow Experience* Perkuliahan Daring pada Mahasiswa Fakultas Psikologi Universitas Airlangga, *Skripsi*, Fakultas Psikologi Universitas Airlangga, 2021

XVI + 90 Halaman, 68 lampiran

Penelitian ini bertujuan untuk mengetahui hubungan antara kemampuan *self-regulated learning* terhadap *flow experience* perkuliahan daring pada mahasiswa Fakultas Psikologi Universitas Airlangga. *Flow experience* adalah keadaan konsentrasi yang sangat terfokus sehingga mencapai penyerapan absolut dalam suatu aktivitas (Csikszentmihalyi, 2014). Kemampuan *self-regulated learning* adalah kemampuan mahasiswa untuk aktif dan konstruktif selama proses pembelajaran dengan menetapkan tujuan dan strategi berusaha untuk memantau, mengelola, dan mengendalikan aspek kognisi, motivasi dan perilaku mereka sesuai dengan tujuan dan konteks lingkungan (Pintrich, 2000).

Penelitian ini menggunakan pendekatan kuantitatif dengan metode survei. Penelitian ini menggunakan teknik pengambilan data berupa *purposive sampling* dengan melibatkan 252 mahasiswa angkatan 2018, 2019 dan 2020 Fakultas Psikologi Universitas Airlangga. Instrumen penelitian yang digunakan untuk mengukur *Self-regulated learning* dalam penelitian ini adalah *Motivated Strategies for Learning Questionnaire (MSLQ) short version* dengan reliabilitas 0,882. Selain itu, instrumen penelitian yang digunakan untuk mengukur *flow experience* dalam penelitian ini adalah skala *Flow in education scale version 2 (EduFlow-2)* dengan reliabilitas 0,826. Analisis data penelitian ini menggunakan teknik statistik korelasi *Spearman's rho* dengan bantuan *SPSS 25 for Windows*.

Berdasarkan uji korelasi, diperoleh adanya signifikansi antara kemampuan *self-regulated learning* dengan *flow experience* dengan nilai korelasi sebesar 0,428. Hal ini menunjukkan semakin tinggi kemampuan *self-regulated learning* maka semakin tinggi juga mahasiswa mengalami *flow experience* selama melakukan aktivitas perkuliahan daring.

Kata kunci: *flow experience*, kemampuan *self-regulated learning*, perkuliahan daring, mahasiswa.

Daftar Pustaka, 66 (1973-2020)

ABSTRACT

Elkanita Dwi Kriswanti, 111411131166, The Relationship between Self-Regulated Learning and Flow Experience in Distance Learning on College Students in Psychology Airlangga University, Undergraduate Thesis, Faculty of Psychology, Universitas Airlangga, 2021

XVI + 90 Pages, 68 appendix

This research aims to determine the relationship between Self-Regulated Learning and Flow Experience in Distance Learning on College Students in Faculty of Psychology Airlangga University. In this research, flow experience is a state of concentration so focused that it amounts to absolute absorption in an activity (Csikszentmihalyi, 2014). Self-regulated learning is that it is an active, constructive process whereby learners set goals for their learning and then attempt to monitor, regulate, and control their cognition, motivation, and behavior, guided and constrained by their goals and the contextual features in the environment. (Pintrich, 2000).

This research is quantitative research, using a survey method. This study used a data collection technique in the form of purposive sampling involving 252 students of the 2018, 2019 and 2020 Faculty of Psychology, Airlangga University. The measuring tool used to measure self-regulated learning in this study is Motivated Strategies for Learning Questionnaire (MSLQ) short version which has a reliability 0,882. The measuring tool used to measure flow experience in the study is Flow in education scale version 2 (EduFlow-2) with reliability 0,826. And to analyze the data, the researcher used Spearman's rho correlation technique with SPSS 25 for Windows.

Based on the correlation test, there is correlation between Self-Regulated Learning and Flow Experience with correlation value amounted to 0,428. It means that the higher Self-Regulated Learning, will be followed by the higher flow experienced in distance learning on college students.

Keywords: flow experience, self-regulated learning, distance learning, college student.

References, 66 (1973-2020)