

ABSTRAK

**PENGALAMAN DAN PERSEPSI PERAWAT KOMUNITAS DALAM
PENCEGAHAN DAN PENGENDALIAN COVID-19**

Kualitatif Fenomenologi

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Pendahuluan : Perawat komunitas di garda terdepan khususnya dalam upaya promotif preventif dalam masa pandemi COVID-19. Perawat komunitas dan tenaga kesehatan di Puskesmas terus melakukan rangkaian 3T, *Tracing, Testing,* dan *Treatment* dengan masif serta mengedukasi masyarakat agar selalu mematuhi protokol kesehatan untuk melindungi diri, keluarga, masyarakat dan bangsa dari pandemi COVID-19. Tujuan penelitian ini adalah untuk mengeksplorasi pengalaman dan persepsi perawat komunitas dalam pencegahan dan pengendalian COVID-19. **Metode:** Penelitian ini menggunakan desain penelitian kualitatif pendekatan fenomenologi dengan partisipan limabelas orang. Teknik pengambilan partisipan secara *snowball sampling*. Pengambilan data dengan *indepth interview* dan *field note* kemudian dianalisis dengan metode Colaizzi. **Hasil:** Dalam penelitian ini teridentifikasi 9 tema yaitu perubahan psikologis, proses adaptasi, dukungan sosial, riwayat kontak pasien COVID-19, dan dampak bekerja dimasa pandemic, pengetahuan, persepsi tentang pelaksanaan protokol kesehatan, hambatan protokol kesehatan, dan upaya mengatasi hambatan. **Diskusi:** Perawat komunitas yang bekerja di masa pandemic COVID-19 mengalami perubahan psikologis kecemasan, ketakutan, dan stress meningkat yang berdampak terhadap diri sendiri dan keluarga harus mengalami isolasi mandiri dan mendapat stigma/*labelling*, meskipun demikian perawat komunitas dapat beradaptasi dan merasa bersyukur mengerjakan tanggungjawab dan mendapat dukungan sosial, hambatan dalam menerapkan protokol kesehatan dipengaruhi oleh faktor internal dan eksternal sehingga perlu saling mengingatkan, meningkatkan kesadaran pentingnya protokol kesehatan dan menjadi role model bagi masyarakat untuk meningkatkan pencegahan dan pengendalian COVID-19.

Kata kunci : COVID-19, pengalaman, persepsi, pencegahan dan pengendalian COVID-19, perawat komunitas

ABSTRACT

**THE EXPERIENCE AND PERCEPTION OF COMMUNITY HEALTH
NURSE IN PREVENTION AND CONTROL OF COVID-19**

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Introduction: Community health nurses at the frontline, especially in preventive and promotional efforts during the COVID-19 pandemic, it was very important continue to educate the public to always comply with health protocols to protect themselves, families, and communities from the COVID-19 pandemic. The purpose of this study was to explore the experiences and perceptions of community health nurses in the prevention and control of COVID-19. **Methods:** This study used a qualitative research design with a phenomenological approach with fifteen participants. The technique of taking participants was snowball sampling. Retrieval of data on participants with in-depth interviews and field notes were then analyzed using the Colaizzi method. **Results:** In this study, 9 themes were identified psychological changes, adaptation processes, social support, history of contact of COVID-19 patients, the impact while working in a pandemic period, knowledge, perceptions about the implementation of health protocols, health protocol barriers, and efforts to overcome obstacles. **Discussion:** Community health nurses who work during the COVID-19 pandemic have experienced psychological changes in anxiety, fear, and increased stress that have an impact on themselves and their families must experience independent isolation and received stigma, even so community health nurses could adapt and feel grateful to carry out their responsibilities and receive social support, obstacles to implementing health protocols are influenced by internal and external factors so that it is necessary to remind each other, increased awareness and become a role model for the community to improve prevention and control of COVID-19.

Keywords: COVID-19, experience, perception, prevention and control of COVID-19, community health nurse, public health center