

ABSTRAK

Ilma Nuriana, 111714253011. Pengaruh *Self Efficacy*, Minat, dan Dukungan Orang Tua terhadap Pengambilan Keputusan Karir Memilih Program Studi di Perguruan Tinggi. Tesis. Program Studi Magister Psikologi, Fakultas Psikologi Universitas Airlangga, Surabaya 2020.

Pengambilan keputusan karir dalam hal ini memilih program studi bukanlah perkara yang mudah dilakukan oleh individu. Dihadapkan dengan satu atau banyak pilihan program studi tidak jarang membuat individu mengalami keragu-raguan dalam memilih. Faktor yang mempengaruhi pengambilan keputusan karir dibagi menjadi dua antara lain faktor internal dan faktor eksternal, faktor internal yaitu *self efficacy* dan minat, sementara faktor eksternal yaitu dukungan orang tua. Penelitian ini bertujuan untuk mengetahui pengaruh *self efficacy*, minat, dan dukungan orang tua terhadap pengambilan keputusan karir memilih program studi di Perguruan Tinggi.

Penelitian ini menggunakan metode penelitian kuantitatif. Subjek penelitian sebanyak 466 mahasiswa dalam rentang usia 18-21 tahun. Pemilihan subjek dilakukan dengan teknik *purposive sampling*. Pengumpulan data dilakukan dengan menggunakan skala *self efficacy*, minat, dukungan orang tua, dan pengambilan keputusan karir. Teknik analisa data dengan menggunakan teknik analisis regresi berganda dengan bantuan *software SPSS 20 for windows*.

Hasil penelitian menunjukkan bahwa *self efficacy*, minat, dan dukungan orang tua memberikan sumbangsih sebesar 11,4% terhadap pengambilan keputusan karir dengan nilai signifikansi sebesar $p=0,000$ ($p<0,05$). Kesimpulan dari penelitian ini adalah terdapat pengaruh *self efficacy*, minat, dan dukungan orang tua secara bersama-sama terhadap pengambilan keputusan karir remaja memilih program studi di Perguruan Tinggi.

Kata kunci: remaja, *self efficacy*, minat, dukungan orang tua, pengambilan keputusan karir

ABSTRACT

Ilma Nuriana, 111714253011. The Influence of *Self Efficacy*, Interest, Parental Support to Adolescents' Career Decision Making on Choosing Major in College. Master Thesis. Master of Psychology, Faculty of Psychology, Airlangga University, Surabaya 2020.

Career decision making on choosing major in college appears as a difficult task. Career decision making on choosing major in college appears as a difficult task. Choosing one among the provided majors could cause adolescents to encounter such indecision. Factors that influence career decision making divide into two, internal factors and external factors. Internal factors derived from self efficacy and interest meanwhile external factor is parental support. This study aimed to determine the effect of self efficacy, interest, and parental support to adolescents' career decision making on choosing major in college.

This study used quantitative method. The subjects were 466 college students aged 18-21. The selection of subjects was done by purposive sampling technique. Data collection was done by using the scale of self efficacy, interest, parental support, and career decision making. Data analysis technique using multiple regression analysis technique with SPSS 20 for windows.

The result showed that self efficacy, interest, parental support simultaneously contributed 11,4% to career decision making with a significance value of $p = 0,000$ ($p < 0,05$). The conclusion of this study is there are simultaneous influence of self efficacy, interest, and parental support to adolescents' career decision making on choosing major in college.

Keywords: adolescents', self efficacy, interest, parental support, career decision making