

ABSTRAK

HUBUNGAN PENGETAHUAN DAN SIKAP PERAWAT IGD DENGAN KESIAPAN UNTUK MERAWAT PASIEN COVID-19

Penelitian *Cross Sectional* di Rumah Sakit Haji Surabaya

Oleh: Sutejo

Pendahuluan: *Coronavirus Disease 2019* (COVID-19) adalah penyakit menular yang disebabkan oleh *Severe Acute Respiratory Syndrome Coronavirus 2* (SARS-CoV-2), jenis baru virus corona yang belum pernah teridentifikasi sebelumnya pada manusia. Masa inkubasi COVID-19 rata-rata 5-6 hari, dengan kisaran antara 1 hingga 14 hari. Gejala klinis utama yang muncul adalah demam (suhu > 38), batuk, rasa tidak enak badan dan sesak napas. Jangka waktu pandemi COVID-19 yang lama membuat para perawat IGD kelelahan untuk melayani pasien yang melebihi kapasitas, perawat lelah menerapkan pencegahan dan pengendalian infeksi yang ketat, perawat takut tertular, serta keinginan perawat untuk berpindah ke ruang perawatan lain non covid. Situasi ini berisiko menurunkan kesiapan perawat gawat darurat dalam merawat pasien COVID-19. Pengetahuan dan sikap perawat sebagai dua faktor internal akan mempengaruhi kesiapan dalam merawat pasien. **Metode:** Jenis penelitian ini adalah penelitian kuantitatif, dengan metode penelitian *cross sectional*. Populasi dalam penelitian ini adalah seluruh perawat di Instalasi Gawat Darurat Rumah Sakit Umum Haji Surabaya dengan jumlah sampel 34 orang. **Hasil:** Hasil penelitian menunjukkan bahwa ada hubungan pengetahuan perawat dengan kesiapsiagaan merawat pasien COVID-19 ($p = 0,022$), dan ada hubungan antara sikap perawat dengan kesiapsiagaan merawat pasien COVID-19 ($p = 0,018$). **Diskusi:** Direkomendasikan kepada pihak RSU Haji Surabaya dapat meningkatkan pendidikan dan pelatihan terkini terkait protokol perawatan pasien COVID-19 dan penanganan wabah dengan pendekatan *Hospital disaster planning*, serta menyediakan fasilitas yang memadai sesuai dengan prosedur tetap yang telah ditentukan dalam perawatan pasien COVID-19.

Kata Kunci: Pengetahuan, Sikap, Perawat IGD, COVID-19

ABSTRACT

***THE RELATIONSHIP BETWEEN KNOWLEDGE AND ATTITUDES OF
EMERGENCY NURSES WITH PREPAREDNESS TO CARE FOR COVID-19
PATIENTS***

Cross Sectional Study in Hajj Hospital of Surabaya

By : Sutejo

Introduction : *Coronavirus Disease 2019 (COVID-19) is a contagious disease caused by Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), a new type of coronavirus that has never been previously identified in humans. The incubation period for COVID-19 averages 5-6 days, with a range between 1 and 14 days. The main clinical symptoms that appear are fever (temperature > 38 °C), cough , fatigue malaise and difficulty breathing. The long period of the COVID-19 pandemic made emergency nurses exhausted to serve overcapacity patients, nurses tired of applying strict prevention and infection control, nurses are afraid of being infected, as well as the nurse's desire to rotate to another department. This situation is at risk to reduce the readiness of emergency nurses in caring for COVID-19 patients. The knowledge and attitudes of emergency nurses as two internal factors will affect readiness in caring patients.* **Methods :** *This type of research is a quantitative study, with a cross sectional study method. The population in this study were all nurses in the Emergency department at Hajj General Hospital Surabaya with a total sample of 34 people.* **Results :** *The results showed that there was a relationship between nurses knowledge and preparedness to care for COVID-19 patients ($p = 0.022$), and there was a relationship between nurses attitudes and preparedness to care for COVID-19 patients ($p = 0.018$).* **Discussion:** *It is recommended for management of Hajj General Hospital Surabaya can provide the latest education and training related to COVID-19 patient care protocols and handling the outbreak by Hospital disaster plans , and also providing adequate facilities in accordance with fixed procedures that have been determined in the treatment of COVID-19.*

Keywords: *Knowledge , Attitude , Emergency Nurses, COVID-19*