

**ABSTRAK**

**ASUHAN KEPERAWATAN PADA IBU PRIMIGRAVIDA  
DENGAN DEFISIT PENGETAHUAN PERSIAPAN  
PERSALINAN DI MASA PANDEMI COVID-19  
DI WILAYAH PUSKESMAS DEKET  
KABUPATEN LAMONGAN**

Penelitian Studi Kasus di Wilayah Puskesmas Deket  
Kabupaten Lamongan

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**Pendahuluan:** Persiapan persalinan di masa pandemi menjadi perhatian khusus bagi ibu primigravida karena hamil untuk pertama kalinya disaat penyebaran covid-19 relatif mudah. Primigravida yang kurang pengetahuan persiapan persalinan di masa pandemi dapat terinfeksi covid-19 sehingga berisiko melahirkan bayi prematur, abortus, hingga kematian, dan akibat lainnya yaitu ibu tidak mampu melakukan seluruh persiapan persalinannya dengan baik. Penelitian Ahmad dkk. (2021) menunjukkan bahwa pengetahuan primigravida tentang persiapan persalinan di masa pandemi covid-19 masih rendah. Tujuan dalam penulisan studi kasus ini adalah untuk menerapkan asuhan keperawatan pada ibu primigravida dengan defisit pengetahuan persiapan persalinan di masa pandemi covid-19 di wilayah Puskesmas Deket Kabupaten Lamongan. **Metode:** Penelitian ini menggunakan metode studi kasus dengan jumlah partisipan sebanyak 5 primigravida trimester III melalui pendekatan proses asuhan keperawatan. Pengumpulan data dilakukan dengan teknik wawancara, observasi, pemeriksaan fisik, dan studi dokumentasi. Data disajikan dalam bentuk tabel kemudian dianalisa secara deskriptif sesuai tahapan proses keperawatan. **Hasil:** Studi kasus ini menunjukkan kesesuaian antara tinjauan pustaka dan tinjauan kasus pada semua tahap keperawatan. Diagnosa keperawatan yang muncul yaitu defisit pengetahuan persiapan persalinan di masa pandemi covid-19. Implementasi edukasi kesehatan dilaksanakan sesuai dengan intervensi yang telah disusun sebelumnya dan evaluasi akhir didapatkan masalah teratasi pada hari ketiga. **Diskusi:** Diharapkan perawat mampu memberikan edukasi persiapan persalinan di masa pandemi covid-19 kepada primigravida yang meliputi proteksi diri, menentukan tempat, metode, dan pendamping persalinan, serta menyiapkan kebutuhan ibu, pendamping persalinan, dan bayi yang dibutuhkan saat persalinan. Klien dan keluarga diharapkan dapat meningkatkan kesiapan menghadapi persalinan di masa pandemi sesuai dengan edukasi yang telah diberikan perawat.

**Kata Kunci :** *Pengetahuan, Persiapan Persalinan, Covid-19*

**ABSTRACT**

**NURSING CARE FOR PRIMIGRAVIDA MOTHERS WITH  
DEFICIT OF CHILDBIRTH PREPARATION KNOWLEDGE  
DURING THE COVID-19 PANDEMIC IN  
THE AREA OF PUSKESMAS DEKET  
LAMONGAN REGENCY**

Case Study Research in the area of Puskesmas Deket  
Lamongan Regency

**By : Riris Ayuni Firdha**

**Introduction:** Childbirth preparation during the pandemic is a particular concern for primigravida mothers because getting pregnant for the first time when the spread of covid-19 is relatively easy. Primigravida who lack knowledge about childbirth preparation during the pandemic can be infected by covid-19 so that primigravida having the risk of giving birth to premature babies, abortus, to death, and the other consequence that the mother is not able to do all her childbirth preparations well. Ahmad et al. (2021) research show that primigravida knowledge about childbirth preparation during the covid-19 pandemic is still low. The purpose of writing this case study is to apply nursing care for primigravida with a deficit of childbirth preparation knowledge during the covid-19 pandemic in the working area of the Puskesmas Deket Lamongan Regency. **Methods:** This research used a case study method with a total of 5 third trimester primigravida participants through a nursing care approach. Data was collected using interviews, observation, physical examination, and documentation studies. The data is presented in tabular form and then analyzed descriptively according to the stages of the nursing process. **Results:** This case study demonstrates the correspondence between literature review and case review at all stages of nursing. The nursing diagnosis that emerged was a deficit of childbirth preparation knowledge during the covid-19 pandemic. The implementation of health education was carried out by the interventions that had been prepared previously and the final evaluation found that the problem was resolved on the third day. **Discussion:** Nurses are expected to be able to provide education of childbirth preparation knowledge during the covid-19 pandemic for primigravida which includes self-protection, determining the place, method, and birth attendant, as well as preparing the needs of mothers, birth attendants, and babies needed during delivery. Clients and families are expected to increase their readiness to face childbirth during a pandemic by the education provided by nurses.

**Keywords :** *Knowledge, Childbirth Preparation, Covid-19*