

DAFTAR PUSTAKA

- Anggreny, Y. (2012). Pengaruh Terapi Musik Klasik terhadap Respon Fisiologis pada Pasien yang Mengalami Kecemasan Praoperatif Ortopedi. *Jurnal Kesehatan Komunitas*, 1(4), 205–209.
<https://doi.org/10.25311/jkk.vol1.iss4.30>
- Ahani, N., Salehi, K., Seidi, J., Salehi, B., & Nouri, B. (2019). The Effect of Aromatherapy with Citrus aurantium on Anxiety during MRI Imaging in Patients with Spinal Disorders: A Randomized Clinical Trial. *Journal of Pharmaceutical Research International*, 26(2), 1–8.
<https://doi.org/10.9734/jpri/2019/v26i230134>
- Ahlander, B. M., Årestedt, K., Engvall, J., Maret, E., & Ericsson, E. (2016). Development and validation of a questionnaire evaluating patient anxiety during Magnetic Resonance Imaging: The Magnetic Resonance Imaging-Anxiety Questionnaire (MRI-AQ). *Journal of Advanced Nursing*, 72(6), 1368–1380. <https://doi.org/10.1111/jan.12917>
- Ali, B., Al-Wabel, N. A., Shams, S., Ahamad, A., Khan, S. A., & Anwar, F. (2015). Essential oils used in aromatherapy: A systemic review. *Asian Pacific Journal of Tropical Biomedicine*, 5(8), 601–611.
<https://doi.org/10.1016/j.apjtb.2015.05.007>
- Amaliya, M. I., Setiawati, R., Sari, A. K., Muqmiroh, L., & Muhaimin. (2019). *Journal of Vocational Health Studies (MRI-AQ) WITH HEART RATE TO PATIENTS ANXIETY LEVEL AT. 02, 112–117.*

<https://doi.org/10.20473/jvhs.V2I3.2019.112-117>

Annisa, D. F. (2016). *Konsep Kecemasan (Anxiety) pada Lanjut Usia (Lansia)*. 5(2).

Aprile, P. D., Nasuto, M., Tarantino, A., Cornacchia, S., Guglielmi, G., Jenkins, J. R., Neuroradiologia, U. O. S., Radiologia, U. O. C., & Paolo, O. S. (2018). *Magnetic Resonance Imaging in degenerative disease of the lumbar spine : Fat Saturation technique and contrast medium*. 89, 208–219. <https://doi.org/10.23750/abm.v89i1-S.7024>

Arwani, Sriningsih, I., & Hartono, R. (2013). Kecemasan Pasien Sebelum Operasi Dengan Anestesi Spinal Di. *Jurnal Keperawatan Jiwa*, 1, 129–134.

Bolejko, A., & Hagell, P. (2020). Effects of an information booklet on patient anxiety and satisfaction with information in magnetic resonance imaging: A randomized, single-blind, placebo-controlled trial. *Radiography*, xxxx. <https://doi.org/10.1016/j.radi.2020.07.011>

Bradt, J., Dileo, C., & Potvin, N. (2013). Music for stress and anxiety reduction in coronary heart disease patients. *Cochrane Database of Systematic Reviews*, 2013(12). <https://doi.org/10.1002/14651858.CD006577.pub3>

Buckle, J. (2015). *Clinical Aromatherapy Essentials Oils in Healthcare 3rd Edition*. Elsevier Inc.

Carlsson, S., & Carlsson, E. (2013). ‘ *The situation and the uncertainty about the coming result scared me but interaction with the radiographers helped me*

through ' : a qualitative study on patients ' experiences of magnetic resonance imaging examinations. 3225–3234. <https://doi.org/10.1111/jocn.12416>

Chapman, H. A., Bernier, D., & Rusak, B. (2010). Psychiatry Research : Neuroimaging MRI-related anxiety levels change within and between repeated scanning sessions. *Psychiatry Research: Neuroimaging*, 182(2), 160–164. <https://doi.org/10.1016/j.psychresns.2010.01.005>

Claresta, L. J., & Purwoko, Y. (2017). *PENGARUH KONSUMSI COKELAT TERHADAP TINGKAT*. 6(2), 737–747.

Davis, C., Nurse, C., Cooke, M., Head, D., Holzhauser, K., Nursing, B., Finucane, J., & Practice, N. (2005). *The effect of aromatherapy massage with music on the stress and anxiety levels of emergency nurses Researcher and Adjunct Research Fellow b , c , Mark Jones , BSc (Hon)*.. 43–50. <https://doi.org/10.1016/j.aenj.2005.05.001>

Dewey, M., Schink, T., & Dewey, C. F. (2007). *Imaging : Cohort Study in Over 55 , 000 Patients. 1327(22)*, 1322–1327. <https://doi.org/10.1002/jmri.21147>

Farchione, T., MacMillan, S., & Rosenberg, D. (2003). *Anxiety Disorders in Childhood and Adolescence: Basic Mechanism and Therapeutic Interventions. In: Soares JC, Gershon S, editors. Handbook of Medical Psychiatry (20th ed.)*. Marcel Dekker Inc. <http://dx.doi.org/10.3109/9780203912485-13>

Franco, L. (2016). Both lavender fl eur oil and unscented oil aromatherapy reduce preoperative anxiety in breast surgery patients : a randomized trial. *Journal of Clinical Anesthesia*, 33, 243–249.

<https://doi.org/10.1016/j.jclinane.2016.02.032>

Gunarsa, S. D. (2008). *Psikologi Perawatan*. Gunung Mulia.

H, T., E, A., M, Z., & H, D. (2013). The impact of aromatherapy on hemodynamic condition of patients experiencing coronary angiography. *Medical - Surgical Nursing Journal*, 2(1), 32–26.

Handayani, S., & Haryanto, J. (2018). *Aromatherapy as the Intervention of Anxiety : Systematic Review*. 595–602.

Herlyssa, H., Jehanara, J., & Wahyuni, E. D. (2018). Aromaterapi Lavender Essensial Oil Berpengaruh Dominan terhadap Skala Nyeri 24 Jam Post Seksio Sesaria. *Jurnal Kesehatan*, 9(2), 192. <https://doi.org/10.26630/jk.v9i2.829>

Katz, R. C., Wilson, L., & Frazer, N. (1994). Anxiety and its determinants in patients undergoing Magnetic Resonance Imaging. *Journal of Behavior Therapy and Experimental Psychiatry*, 25(2), 131–134. [https://doi.org/10.1016/0005-7916\(94\)90005-1](https://doi.org/10.1016/0005-7916(94)90005-1)

L Watt; PERTH/AU. (2014). Evaluating patient experience in Magnetic Resonance Imaging (MRI). *Evaluating Patient Experience in Magnetic Resonance Imaging (MRI)*. <https://epos.myesr.org/poster/ranzcr/ranzcr2014/R-0167>

Mcjury, M., & Shellock, F. G. (2000). *Auditory Noise Associated With MR Procedures : A Review*. 45, 37–45.

Mohammed, E. K., Atef, J., & Ellife, H. A. (2013). *Effectiveness of Health*

Instructions on Reducing anxiety levels and claustrophobia among female adolescents undergoing Magnetic Resonance Imaging. 1(5), 43–64.

Morrison, W. B., & Carrino, J. A. (2020). *MRI of the Spine.*

Mostafa, M. (2014). Architecture for autism: Autism aspectsTM in school design.

Archnet-IJAR, 8(1), 143–158. <https://doi.org/10.26687/archnet-ijar.v8i1.314>

Mubarak, F., Baig, K., & Anwar, S. (2015). Claustrophobia during Magnetic

Resonance Imaging (MRI): Cohort of 8 Years. *International Neuropsychiatric*

Disease Journal, 3(4), 106–111. <https://doi.org/10.9734/indj/2015/13169>

Munn, Z., & Jordan, Z. (2011). Radiography The patient experience of high

technology medical imaging : A systematic review of the qualitative evidence

q. *Radiography*, 17(4), 323–331. <https://doi.org/10.1016/j.radi.2011.06.004>

Munn, Z., Moola, S., Lisy, K., Riitano, D., & Murphy, F. (2014). Claustrophobia

in magnetic resonance imaging: A systematic review and meta-analysis.

Radiography, 21(2), e59–e63. <https://doi.org/10.1016/j.radi.2014.12.004>

Muz, G., & Ta, S. (2017). *Effect of aromatherapy via inhalation on the sleep quality*

and fatigue level in people undergoing hemodialysis ☆. 37, 28–35.

<https://doi.org/10.1016/j.apnr.2017.07.004>

Nikolin, S., Boonstra, T. W., Loo, C. K., & Martin, D. (2017). *Combined effect of*

prefrontal transcranial direct current stimulation and a working memory task

on heart rate variability. 1–15.

Ott, M., Blaimer, M., Breuer, F., Grodzki, D., Heismann, B., & Jakob, P. (2015).

Acoustic noise reduction in T 1 - and proton - density - weighted turbo spin - echo imaging. *Magnetic Resonance Materials in Physics, Biology and Medicine*. <https://doi.org/10.1007/s10334-015-0502-7>

Ott, M., & Grodzki, D. (2015). *Sequence-Based Acoustic Noise Reduction of Clinical MRI Scans*. 1109, 1104–1109. <https://doi.org/10.1002/mrm.25229>

Paper, S., & Goel, S. (2015). *Stress MRI for the assessment of lumbar canal stenosis in degenerative disc disease : comparison with routine MRI*.

Pricey, S., & Price, L. (2012). *Aromatherapy for Health Professionals 4th Edition*. Elsevier Ltd.

Primadiati, R. (2002). *Aromaterapi: Perawatan Alami Untuk Sehat dan Cantik*. Gramedia.

Ramaiah, S. (2003). *Kecemasan Bagaimana Mengatasi Penyebabnya*. Pustaka Populer Obor.

Rochman, K. L. (2010). *Kesehatan Mental*. Fajar Media Press.

Saadatmand, V., Rejeh, N., Heravi-Karimooi, M., Tadrissi, S. D., Zayeri, F., Vaismoradi, M., & Jasper, M. (2013). Effect of nature-based sounds' intervention on agitation, anxiety, and stress in patients under mechanical ventilator support: A randomised controlled trial. *International Journal of Nursing Studies*, 50(7), 895–904. <https://doi.org/10.1016/j.ijnurstu.2012.11.018>

Sammito, S., & Böckelmann, I. (2016). *Factors Influencing Heart Rate Variability*.

May. <https://doi.org/10.17987/icfj.v6i0.242>

Sayorwan, W., Siripornpanich, V., Piriyaupunyporn, T., Hongratanaworakit, T., Kotchabhakdi, N., & Ruangrungsi, N. (2012). The effects of lavender oil inhalation on emotional states, autonomic nervous system, and brain electrical activity. *Journal of the Medical Association of Thailand*, 95(4), 598–606.

Stanley, E., Cradock, A., Bisset, J., McEntee, C., & O'connell, M. J. (2016). Impact of sensory design interventions on image quality, patient anxiety and overall patient experience at MRI. *British Journal of Radiology*, 89(1067), 1–6. <https://doi.org/10.1259/bjr.20160389>

Sundari, S. (2004). *Kearah Memahami Kesehatan Mental*. PPB FIP UNY.

Tazegul, G., Etcioğlu, E., Yildiz, F., Yildiz, R., & Tuney, D. (2015). Can MRI related patient anxiety be prevented? *Magnetic Resonance Imaging*, 33(1), 180–183. <https://doi.org/10.1016/j.mri.2014.08.024>

Thu, H., Stutzman, S. E., Supnet, C., & Olson, D. W. M. (2015). Factors Associated With Increased Anxiety in the MRI Waiting Room. *Journal of Radiology Nursing*, 34(3), 170–174. <https://doi.org/10.1016/j.jradnu.2015.04.009>

Tischler, V., Calton, T., Williams, M., & Cheetham, A. (2008). Patient anxiety in magnetic resonance imaging centres: Is further intervention needed? *Radiography*, 14(3), 265–266. <https://doi.org/10.1016/j.radi.2007.09.007>

Utami, P., & Fajar, M. (2015). Pengembangan Trainer Indikator Denyut Jantung. *Elinvo (Electronics, Informatics, and Vocational Education)*, 1(1), 65–77.

<https://doi.org/10.21831/elinvo.v1i1.13308>

van Minde, D., Klaming, L., & Weda, H. (2014). Pinpointing moments of high anxiety during an MRI examination. *International Journal of Behavioral Medicine*, 21(3), 487–495. <https://doi.org/10.1007/s12529-013-9339-5>

Wahyuni, A., Nisa, K., Kedokteran, F., Lampung, U., Fisiologi, B., Kedokteran, F., & Lampung, U. (2016). *Pengaruh Aktivitas dan Latihan Fisik terhadap Fungsi Kognitif pada Penderita Demensia The Effect of Physical Activity and Exercise on Cognitive Function in Patients with Dementia*.

Wariyono, S., & Muharomah, Y. (2008). *Mari Belajar Ilmu Alam Sekitar 3*. Pusat Perbukuan Departemen Pendidikan Nasional.

Westbrook, C. (2014). *Handbook of MRI Technique Fourth Edition*. Wiley Blackwell.

Wiramihardja, S. A. (2005). *Pengantar Psikologi Abnormal*. Refika Aditama.

Woelk, H. (2010). *Phytomedicine A multi-center , double-blind , randomised study of the Lavender oil preparation Silexan in comparison to Lorazepam for generalized anxiety disorder*. 17, 94–99. <https://doi.org/10.1016/j.phymed.2009.10.006>