

DAFTAR PUSTAKA

- Adimas. (2016). Hubungan Strategi Emotion Focused Coping Dan Aggressive Driving Pada Remaja. Universitas Muhammadiyah Malang : Skripsi Tidak Diterbitkan
- Ahuja, A. (2016) ‘Impact of Dysmenorrhea on Quality of Life of Adolescent Girls of Chandigarh’, *Journal of Child and Adolescent Behaviour*, 4(3), pp. 1–5. doi: 10.4172/2375-4494.1000295.
- Aldwin, C. M., Park, C. L., Spiro, A., & Abeles, R. P. (2007). *Handbook of Health Psychology and Aging*. New York: Guilford Press.
- Al-Jefout, M. *et al.* (2015) ‘Dysmenorrhea: Prevalence and Impact on Quality of Life among Young Adult Jordanian Females’, *Journal of Pediatric and Adolescent Gynecology*, 28(3), pp. 173–185. doi: 10.1016/j.jpag.2014.07.005.
- Tuasikal dan Renowati. (2018). Kematangan Emosi, *Problem-Focused Coping*, *Emotion-Focused Coping* dan Kecenderungan Depresi pada Mahasiswa Tahun Pertama. *Gajah Mada Journal of Psychology*. Vol. 4 No. 2 Hal. 105-118
- Bare, Brenda G., Smelzer, Suzanne C., (2002). Buku Ajar Keperawatan edkal Bedah Brunner & Suddarth. Vol. 2. Ed. 8. Jakarta: Penerbit Buku Kedokteran EGC
- Batley, S. *et al.* (2019) ‘The association between psychological and social factors and spinal pain in adolescents’, *European Journal of Pediatrics*, 178(3), pp. 275–286. doi: 10.1007/s00431-018-3291-y.
- Beckmann, Chaeles R.B *et al.* (2010). *Obstetrics and Gynecology*. Philadelphia: Wolters Kluwer.
- Ben-Zur, H. (2017). Happy adolescents: the link between subjective well-being, internal resources, and parental factors. *Journal of Youth and Adolescence* 32(2), 67-79.
- Bernardi, M. *et al.* (2019) ‘Dysmenorrhea and related disorders [version 1 ; peer review : 3 approved]’, 6, pp. 1–7. doi: doi.org/10.12688/f1000research.11682.1.
- Bobel C, Kissling EA. (2015). *Menstruation Matters: Introduction to Representations of the Menstrual Cycle*. *Women’s Studies*, 40:121–126, 2011 DOI: 10.1080/00497878.2011.537981 Source: PubMed
- Bourdel N, *et al.* *Systematic Review of Endometriosis Pain Assessment: How To Choose a Scale?*. *Human Reproduction Update*, Vol.21, No.1 pp. 136–152, 2015 Advanced Access publication on September 1, 2014 doi:10.1093/humupd/dmu046

- Calis, Karim Anton (2011): Dysmenorrhea. dari: <http://emedicine.medscape.com/article/253812-overview>.
- Carver, Charles S., Dkk. (1989). Assessing Coping Strategies: A Theoretically Based Approach. *American Psychological Association*. Vol.56(2).
- Carver, C.S. dan Smith, J.C. (2010) *Personality And Coping: Annual Review Psychology*. Miami: University Of Miami.
- Chen, Y. *et al.* (2018) 'Age Differences in Stress and Coping: Problem-Focused Strategies Mediate the Relationship Between Age and Positive Affect', *International Journal of Aging and Human Development*, 86(4), pp. 347–363. doi: 10.1177/0091415017720890.
- Coad J, Dunstall M. (2006). *Anatomi dan Fisiologi untuk Bidan*. Jakarta: Penerbit Buku Kedokteran EGC
- Connolly, S. and Ferreira, N. (2019) 'Journal of Contextual Behavioral Science Further validation of the Chronic Pain Acceptance Questionnaire for Adolescents in a broader paediatric context', *Journal of Contextual Behavioral Science*, 12(December 2018), pp. 314–321. doi: 10.1016/j.jcbs.2018.12.005.
- Cucuani, H. (2013). *Konflik Peran Ganda : Memahami Coping Strategi Pada Wanita Bekerja. Sosial Budaya*. Vol. 10, No. 01 Jan- Juni 2013.
- Diepenmaat, A. C. M. *et al.* (2006) 'Neck/shoulder, low back, and arm pain in relation to computer use, physical activity, stress, and depression among dutch adolescents', *Pediatrics*, 117(2), pp. 412–416. doi: 10.1542/peds.2004-2766.
- Fadda G, Jiron P (1999). *Quality of Life and Gender : a Methodology for Urban Research*. Environment and Urbanization. P 261-70
- Fariddanesh, M. and Rezaei, A. M. (2019) 'Predicting the Happiness of Adolescents Based on Coping Styles and Religious Attitudes', *Journal of Religion and Health*, 58(2), pp. 537–553. doi: 10.1007/s10943-017-0497-7.
- Feist, Jess dan Feist, Gregory J. (2012). *Teori Kepribadian, Theories of Personality* Buku 1 Edisi7 . Jakarta: Salemba Humanika.
- Glanz, K., Rimer, B.K., Viswanath, K. (2008). *Health Behaviour and Health Education Theory, Research and Practice*. Josseybass Publishing
- Gold JJ, Josimovich JB. (1987). *Gynecologic Endocrinology Fourth Edition*. New York and London: Plenum Medical Book Company
- Grover, S. (2015). *Coping among the caregivers of patient with schizophrenia*. ResearchGate.
- Habibi N, Huang MSL, Gan WY, Zulida R, Safavi SM. *Prevalence of Primary Dysmenorrhea and Factors Associated with Its Intensity Among Undergraduate Students: A Cross-Sectional Study*. *Pain Manag Nurs*. 2015; 16: 855±861. <https://doi.org/10.1016/j.pmn.2015.07.001> PMID: 26328887

- Hailemeskel, S., Demissie, A. dan Assefa, N. (2016). 'Primary dysmenorrhea magnitude, associated risk factors, and its effect on academic performance: evidence from female university in Ethiopia', *International Journal of Women's Health*, no.8, pp.489-496.
- Hultman, B., Hemlin, S., & Hornquist, J.O. (2006). Quality of life among unemployed and employed people in northern Sweden. Are there any differences?<http://iospress.metapress.com/content/f93wwmardv0ace8d/>.
- Jacob, D. E. and Sandjaya (2018) 'Faktor faktor yang mempengaruhi kualitas hidup masyarakat Karubaga district sub district Tolikara propinsi Papua', *Jurnal Nasional Ilmu Kesehatan (JNIK)*, 1(69), pp. 1–16.
- Jose, P.E., & Kilburg, D.F. (2016). Stress and Coping in Japanese Children and Adolescents. *Anxiety, Stress & Coping : An International Journal*, 20(3) : 283 – 298
- Joshi T. Kural M. Agrawal D. Noor N. Patil A. Primary Dysmenorrhea and Its Effect on Quality of Life in Young Girls. *Int J Med Sci Public Heal* [Internet]. 2015;4(3):381–5. Available from: <http://www.scopemed.org/fulltextpdf.php?mn o=172430>
- Ju, H., Jones, M. and Mishra, G. (2014) 'The prevalence and risk factors of dysmenorrhea', *Epidemiologic Reviews*, 36(1), pp. 104–113. doi: 10.1093/epirev/mxt009.
- Kapadi, R. and Elander, J. (2020) 'Pain coping, pain acceptance and analgesic use as predictors of health-related quality of life among women with primary dysmenorrhea', *European Journal of Obstetrics and Gynecology and Reproductive Biology*, 246, pp. 40–44. doi: 10.1016/j.ejogrb.2019.12.032.
- Keliat, Budi Anna. (1998). *Gangguan Konsep Diri dan Koping, Citra Tubuh dan Seksual pada Klien Kanker*. Jakarta : EGC
- Klossner NJ, Hatfield NT. (2010). *Introductory Maternity and Pediatric Nursing 2nd Edition*. Lippincott: Wolters Kluwer Health
- Lacovides S, Avidon I, Baker FC: *What we know about primary dysmenorrhea today: a critical review*. *Hum Reprod Update*. 2015; 21(6): 762–78.
- Larasati, T. and Alatas, F. (2016) 'Dismenore Primer dan Faktor Risiko Dismenore Primer pada Remaja', *Majority*, 5(3), pp. 79–84.
- Lazarus dan Folkman, S. (1984). Personal Control and Stress and Coping Processes: A Theoretical Analysis. *Journal of Personality and Social Psychology*. Vol.46, No.40, 839-858
- Lechner S, Tennen H, Affleck G. (2009). Benefit finding and growth. In: Lopez SJ, Snyder CR, editors. *Oxford Handbook of Positive Psychology*. New York: Oxford University Press

- Lovallo, WR. (2015). *Stress and Health: Biological and Psychological Interactions*, Oklahoma: SAGE Publications.
- Maramis, W.S. (2010). *Ilmu Kedokteran Jiwa*. Surabaya : Airlangga University Press.
- Maryam, S. (2017). Strategi Coping : Teori dan Sumber Dayanya. *Jurnal Konseling Andi Mantapa*. Vol 1. No. 2 Hal. 101-107
- McCaffery, M., Beebe, A., *et al.* (1989). *Pain: Clinical Manual For Nursing Practice*, Mosby St. Louis MO.
- McCracken, L. M. [Ed] (2011) *Mindfulness and acceptance in behavioral medicine: Current theory and practice.*, *Mindfulness and acceptance in behavioral medicine: Current theory and practice*. Canada: Raincoast Book. Available at: [https://books.google.co.uk/books?hl=en&lr=&id=NcP37_rcW5kC&oi=fnd&pg=PA269&dq=Bias,+Prejudice,+and+Disparities+in+Health+Care+thomson&ots=vq5AM9C1Z1&sig=g3_X87tGOkIq5MPOs3QgtTRuLsk#v=onepage&q=Bias%2C Prejudice%2C and Disparities in Health Ca%0Ahttp://ov](https://books.google.co.uk/books?hl=en&lr=&id=NcP37_rcW5kC&oi=fnd&pg=PA269&dq=Bias,+Prejudice,+and+Disparities+in+Health+Care+thomson&ots=vq5AM9C1Z1&sig=g3_X87tGOkIq5MPOs3QgtTRuLsk#v=onepage&q=Bias%2C%20Prejudice%2C%20and%20Disparities%20in%20Health%20Care%0Ahttp://ov).
- Monks, F.J. (2002). *Psikologi Perkembangan: Pengantar Dalam Berbagai Bagiannya*. Yogyakarta : Gajah Mada University Press.
- Morgan, Geri dan Carole Hamilton. (2009). *Obstetri dan Ginekologi Panduan Praktik Edisi 2*. Jakarta : EGC
- Muhamad, M., Afshari, M., & Kazilan, F. (2011). Family Support in Cancer Survivorship. *Asian Pacific Journal Cancer Prev*, 12, 1389-1397. Diakses tanggal 16 Desember 2020.
- Nasir, Abdul dan Munith, Abdul. (2011). *Dasar-Dasar Keperawatan Jiwa: Pengantar dan Teori*. Jakarta: Salemba Medika
- Nurfita, Eva. (2007). *Mekanisme Koping*. Medan : Skripsi Fakultas Kedokteran USU.
- Nursalam dan Kurniawati. (2007). *Asuhan Keperawatan pada Pasien Terinfeksi HIV/AIDS*. Jakarta : Salemba Medika
- O'Connor ,Rod. (1993). *Issues In The Measurement Of Health-Related Quality Of Life* . NHMRC National Centre for Health Program Evaluation Melbourne, Australia.
- Oktavianto, E. *et al.* (2018) ‘Nyeri dan Kecemasan Berhubungan dengan Kualitas Hidup Remaja Dismenore’, *Health Sciences and Pharmacy Journal*, 2(1), p. 22. doi: 10.32504/hspj.v2i1.24.
- Passer, M.W., Smith, R.E. (2001). *Psychology Frontier & Applications*. New York: McGraw-Hill
- Passer MW, Smith RE. (2004). *Psychology The Science of Mind & Behavior*. Mc Graw Hill : New York

- Pavithra, B. *et al.* (2020) 'INTERNATIONAL JOURNAL OF RESEARCH IN medical undergraduates in south Indian population .', *International Journal of Research in Pharmaceutical Sciences*, 11(2), pp. 1348–1351. doi: doi.org/10.26452/ijrps.v11i2.1997.
- Potter. P.A dan A.G. Perry. (2010). Buku Ajar Fundamental Keperawatan Edisi.7. Jakarta: Salemba Medika
- Prihatina, R., Latifah, M. and Johan, I. (2012) 'Konsep Diri, Kecerdasan Emosional', *Jurnal Ilmu Keluarga dan Konsumen*, pp. 48–57.
- Rahayu, F. (2014). Hubungan Tingkat Stres dengan Strategi Koping yang Digunakan Siswa-Siswi Akselerasi SMAN 2 Kota Tangerang Selatan. UIN Syarif Hidayatullah Jakarta: Skripsi Tidak Diterbitkan.
- Rasmun. (2004). Stres, Koping dan Adaptasi : Teori dan Pohon Masalah Keperawatan. Jakarta : E. Sagung Seto.
- Reed BG, Carr BR. *The Normal Menstrual Cycle and the Control of Ovulation*. 2018 South Dartmouth (MA): MDText.com, Inc.; 2000-.
- Reeder S dan Martin L. (2011). Keperawatan Maternitas: Kesehatan Wanita, Bayi, dan Keluarga . Jakarta : EGC
- Rotondo, D.M., Carlson, D.S. dan Kincaid, J.F. (2003). Coping with Multiple Dimension of Work-Family Conflicts. *Personnel Review*, 32, pp.275-96
- Ryff, Carol D., & Singer, B. (1998). *The Contours of Positive Human Health*. Wisconsin: Lawrence Erlbaum Associates, Inc.
- Saifuddin, Abdul Bari, dkk. (2013). *Ilmu Kebidanan Edisi 4 Cetakan 2*. Jakarta: Yayasan Bina Pustaka Sarwono Prawirohardjo
- alim, O. C, Sudharma, N. L, Kusumaratna, R. K.& Hidayat, A. (2016). Validitas dan Reliabilitas World Health Organisation Quality Of Life – Bref Untuk Mengukur Kualitas Hidup Lanjut Usia. 26(1).
- Samani RO, *et al.* (2018). *The prevalence of menstrual disorders in Iran: A systematic review and meta-analysis*. *Int J Reprod BioMed* Vol. 16. No. 11. pp: 665-678 November 2018
- Savitri, R. (2015) 'Volume 2 | Nomor 2 | Desember2015', *Jurnal Keperawatan 'Aisyiyah (JKA)*, 2(2), pp. 25–29.
- Simanjuntak, P. (2008). *Gangguan Haid dan Siklusnya*. Jakarta: Yayasan Bina Pustaka Sarwono Prawirohardjo.
- Sulistiyawati, L. (2013). *Perbedaan pengaruh Metode Kompres Hangat Dengan Metode Aromaterapi Terhadap Penurunan Derajat Dismenore Pada Remaja Putri di SMA Negeri 1 Kedungdung, Sampang*. Skripsi. Universitas Airlangga.
- Swenson, I. and Havens, B. (2015) 'Menarche and Menstruation: A Review of the Literature', *Journal of Community Health Nursing*, 4(4), pp. 199–210. doi: 10.1207/s15327655jchn0404_3.

- Taylor, S.E. (2003). *Health Psychology*. Fifth Edition. United States of America: Mc Graw-Hill, Inc
- Theofilou Paraskevi, (2013). Quality Of Life Definition And Measurement: *Europes Journal of Psychology* Vol 9. Received : 2012-04-06. Accepted 2012-05- 31. Published: 2013-02-28
- Unsal, A. *et al.* (2010) 'Prevalence of dysmenorrhea and its effect on quality of life among a group of female university students', *Upsala Journal of Medical Sciences*, 115(2), pp. 138–145. doi: 10.3109/03009730903457218.
- Varcariolis, E.M., Carson, V.B. & Shoemaker, N.C., (2010), *Foundations of Psychiatric Mental Health Nursing*, 5th Edition, Saunders Elsevier, USA.
- Varney H, Kriebs JM, Gegor CL. (2006). *Buku Ajar Asuhan Kebidanan Edisi 4*. Jakarta: Penerbit Buku Kedokteran EGC
- Veenhoven, Ruut. (1989). Does Happiness Bind ?Marriage Chances Of The Unhappy. Chapter 6. Faculty of Social Sciences .Universitaire Pers Rotterdam, The Netherlands.
- Wagner, Julie A., Abbott, Gina., Lett, Syretta. (2004). Age Related Differences in Individual Quality of Life Domains in Youth with Type 1 Diabetes. *SoM Articles*. Paper 11.
- Wahl, AK, Rustøen T, Hanestad BR, Lerdal A, Moum T. (2004). Quality of life in the general Norwegian population, measured by the Quality of Life Scale (QOLS-N). *Journal Faculty of Nursing, Oslo University College, Norway*. (5): 100 1-9 <http://www.ncbi.nlm.nih.gov/pubmed/15233513>
- Widayati, D., Yusuf, A., dan Fitryasari, R. (2014). Peningkatan Penerimaan pada Nyeri Kronis, *Comfort*, dan Kualitas Hidup Lansia Melalui *Acceptance and Commitment Therapy* (ACT).
- Wiknjosastro, H. (2008). *Ilmu Kandungan*. Jakarta: Bina Pustaka Sarwono Prawirohardjo
- Woo, P. dan McEneaney, M.J. (2010). New Strategies to Treat Primary Dysmenorrhea. *The Clinical Advisor*. Tersedia di <<http://proquest.umi.com/pqdweb?index=6&did=2195246451>> [Diakses 12 Desember 2020]
- World Health Organization. (2016). Definisi Sehat WHO [cited 2020 106 Mei]. Available from: www.who.int
- Zarei S, *et al.* (2017). *Effects of Calcium-Vitamin D and Calcium-Alone on Pain Intensity and Menstrual Blood Loss in Women with Primary Dysmenorrhea: A Randomized Controlled Trial*. *Pain medicine*. 2017; 18(1):3–13 <https://doi.org/10.1093/pm/pnw121> PMID: 27296057