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# Comparison of Smoothing and Truncated Spline Estimators in Estimating Blood 

## Pressure Models

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#### Abstract

The functions, namely regression functions, which describe the relationship of more than one response variable observed at several values of the predictor variables in which there are correlations between responses can be estimated by using both smoothing spline and truncated spline estimators in multi-response non-parametric regression model that is as development of a uni-response non-parametric regression model. In this paper, we discuss estimating regression function of the multi-response non-parametric regression model by using both smoothing spline and truncated spline estimators with application to the association between blood pressures affected by body mass index. Results show that by comparing their mean squared error values, smoothing spline estimators give a better estimate of results than truncated spline estimators. It means that for a prediction need, smoothing spline estimators are better than truncated spline estimators.


Keywords: Blood Pressure, Body Mass Index, Multi-response Non-parametric Regression, Smoothing Spline, Truncated Spline.

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## 1. Introduction

According to IOTF-WHO (2000), the risk of negative health consequences is correlated with increasing body mass index (BMI), and a BMI more than or equal to $23 \mathrm{~kg} / \mathrm{m}^{2}$ was categorised as overweight or obese. Since levels of overweight can be measured by BMI (body mass index), then an increase in BMI can also cause an increase in blood pressure (systolic and diastolic). An increase of BMI in someone who was less than 60 years old can cause an increase of systolic and diastolic blood pressure as shown by Brown et al. (2000). Next, Droyvold et al. (2005) and Lestari et al. (2019c) pointed out that increasing and decreasing systolic and diastolic blood pressure were significantly caused by increasing and decreasing of BMI for all sex and all ages. Further, Tesfaye et al. (2007) stated that BMI significantly influenced systolic and diastolic blood pressures of Ethiopian, Vietnamese, and Indonesian people. Also, Kumar et al. (2008) pointed out that BMI affects systolic and diastolic blood pressures of females and males. In addition, Nanaware et al. (2011) have shown that there was a positive correlation between BMI and both systolic and diastolic blood pressure of children aged between 8-16 years old. Then, Roka et al. (2015) pointed out that a high BMI, being overweight or obese can cause an increase of blood pressure (systolic and diastolic).

Statistical analysis often involves building mathematical models which examines the relationship between response and predictor variables. Spline is a general class of powerful and flexible modeling techniques. Research on spline models has attracted a great deal of attention in recent years, and the methodology has been widely used in many areas. Spline estimator with its powerful and flexible properties is one of the most popular estimators used for estimating regression function of the non-parametric regression model. There are many researchers who have considered spline estimator for estimating regression function of the non-parametric regression model. Researchers in Kimeldorf \& Wahba (1971), Craven \& Wahba (1979), and Wahba (1990) used original spline estimators to estimate regression function of smooth data. M-type splines to

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overcome outliers in non-parametric regression were proposed by Cox (1983), and Cox \& O'Sullivan (1996). Confidence intervals for original spline models by using the Bayesian approach has been constructed by Wahba (1983). Also, Wahba (1985) compared between generalised cross validation (GCV) and generalised maximum likelihood (GML) for choosing the smoothing parameter in the generalised spline smoothing problem. Relaxed spline and quantile spline have been introduced by Oehlert (1992) \& Koenker et al. (1994). Next, Wang (1998) discussed smoothing spline models with correlated random errors. Some techniques for spline statistical model building by using reproducing kernel Hilbert spaces (RKHS) have been introduced by Wahba (2000). A method that combines smoothing spline estimates of different smoothness to form a final improved estimate was proposed by Lee (2004). Further, Cardot et al. (2007) gave the asymptotic property of smoothing splines estimators in functional linear regression with errors-invariables. Smoothing spline estimation of variance functions has been studied by Liu et al. (2007). Also, Aydin (2007) showed goodness of spline estimator rather than kernel estimator in estimating non-parametric regression model for gross national product data. Next, Aydin et al. (2013) have studied the determination of an optimal smoothing parameter for non-parametric regression using smoothing spline. All these researchers studied spline estimators in the case of single response non-parametric regression models only.

In the real cases, we are frequently faced the problem in which two or more dependent variables are observed at several values of the independent variables, and there are correlations between the responses. Multi-response non-parametric regression models provide powerful tools to model the functions which represent the association of these variables. There are many researchers who have considered non-parametric models for multi-response data. Spline smoothing for estimating non-parametric functions from bivariate data with the same correlation of errors has been studied by Wang et al. (2000). Next, Fernandez and Opsomer (2005) proposed methods of estimating the non-parametric regression model with spatially correlated errors. Also,

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Lestari et al. (2009) and Lestari et al. (2010) have studied spline estimators in multi-response nonparametric regression models with equal correlation of errors and unequal correlation of errors, respectively. Then, Chamidah et al. (2012) used multi-response non-parametric regression model approach to design a child's growth chart. A mathematical statistics method for estimating the regression curve of the multi-response non-parametric regression model in case of heteroscedasticity of variance was proposed by Lestari et al. (2012). In addition, Chamidah \& Lestari (2016) discussed estimating the regression curve of the homoscedastic multi-response nonparametric regression in which the number of observations were unbalanced. Smoothing spline estimators for estimating the multi-response non-parametric regression model by using RKHS has been proposed by Lestari et al. (2017b) and Lestari et al. (2018). Further, Lestari et al. (2017a), Lestari et al. (2018b) and Lestari et al. (2019a) discussed construction of covariance matrix in case of homoscedasticity of variances of errors, and estimating of both covariance matrix and optimal smoothing parameter. But, these researchers have not discussed estimating of the smoothing parameter in the multi-response non-parametric regression model when the variances of errors are not the same for cross-section data. In addition, Lestari et al. (2019b) have discussed estimating of smoothing parameter in multi-response non-parametric regression model when the variances of errors are not the same for cross-section data but these researchers have not discussed application of the multi-response non-parametric regression model on the real case data. Therefore, in this paper, we discuss methods to estimate regression function of the multi-response non-parametric regression model that apply to real case data, i.e. data of blood pressures and BMI. Thus, the goals of this research are estimating a model of blood pressures affected by BMI by using both smoothing spline and truncated spline estimators, and comparing between smoothing spline and truncated spline estimators in estimating the blood pressures based on their mean squared errors values.

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## 2. Methods for Estimating Blood Pressures Models

Firstly, for estimating blood pressures models by using smoothing spline, we consider a multi-response non-parametric regression model given by Lestari et al. (2019b) as follows:

$$
\begin{equation*}
y_{k i}=f_{k}\left(t_{k i}\right)+\varepsilon_{k i} ; k=1,2, \ldots, p ; i=1,2, \ldots, n_{k} \text {, where } \operatorname{Var}\left(\varepsilon_{k i}\right)=\sigma_{k i}^{2} \tag{1}
\end{equation*}
$$

Next, by putting $k=1,2$ and $i=1,2, \ldots, n$, we apply model (1) to the data of blood pressures affected by BMI such that we have a blood pressures model as follows:

$$
\begin{equation*}
y_{k i}=f_{k}\left(t_{k i}\right)+\varepsilon_{k i} ; k=1,2 ; i=1,2, \ldots, n \tag{2}
\end{equation*}
$$

where $\operatorname{Var}\left(\varepsilon_{k i}\right)=\sigma_{k i}^{2}, y_{1 i}$ and $y_{2 i}$ are response variables that represent the first response (i.e., systolic blood pressure), and the second response (i.e., diastolic blood pressure), respectively, $f_{k}\left(t_{k i}\right), k=1,2$ are unknown regression functions which represent the function of predictor variables (i.e., BMI$)$. Also, we construct a covariance matrix of errors, namely $\operatorname{Cov}(\underset{\sim}{\varepsilon})=\mathbf{W}^{-1}\left(\sigma_{\sim}^{2}\right)$ . Next, by using reproducing kernel Hilbert space (RKHS), we take solutions to penaliszed weighted least square (PWLS) optimiszation:

$$
\begin{equation*}
\operatorname{fin}_{f_{1} \in W_{2}^{m}\left[a_{1}, b_{1}\right], f_{2} \in W_{2}^{m}\left[a_{2}, b_{2}\right]}\left\{(\underset{\sim}{y}-\underset{\sim}{f})^{\prime} W\left({\underset{\sim}{\sigma}}^{2}\right)(\underset{\sim}{y}-\underset{\sim}{f})+\sum_{k=1}^{2} \lambda_{k} \int_{a_{k}}^{b_{k}}\left[f_{k}^{(m)}\left(t_{k}\right)\right]^{2} d t_{k}\right\} \tag{3}
\end{equation*}
$$

for determining the estimation of regression function in model (2) that depends on selecting the optimal smoothing parameter $\left(\lambda_{\text {opt }}\right)$. It can be obtained by taking solution of generaliszed cross validation $G\left(\lambda_{k}, \sigma_{\sim}^{2}\right)$ optimiszation:

$$
\begin{equation*}
\lambda_{\text {opt }}=\operatorname{Min}_{\lambda_{k}}\left\{G\left(\lambda_{k}, \sigma_{\sim}^{2}\right)\right\}=\operatorname{Min}_{\lambda_{k}}\left\{\frac{n^{-1}\left\|\left[I-H\left(\lambda_{k}\right)\right] y\right\|_{\sim}^{2}}{\left[n^{-1} \operatorname{trace}\left(I-H\left(\lambda_{k}\right)\right)\right]^{2}}\right\}, k=1,2 \tag{4}
\end{equation*}
$$

Secondly, for estimating blood pressures models by using truncated spline, we test correlation systolic and diastolic blood pressure. Next, we determine optimal smoothing parameters $\left(\lambda_{\text {opt }}\right)$, optimal knot, and optimal order of truncated spline. Then, we determine

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estimated blood pressures model by applying truncated spline as well as given by Wahba (1990) as follows:

$$
\begin{equation*}
S(t)=\sum_{i=0}^{r-1} \alpha_{i} t^{i}+\sum_{j=1}^{n} \beta_{j}\left(t-k_{j}\right)_{+}^{r-1} \tag{5}
\end{equation*}
$$

where $(r-1)$ is the order of spline, $k_{1}, k_{2}, \ldots, k_{n}\left(a<k_{1}<k_{2}<\ldots<k_{n}<b\right)$ are knots of spline, $t \in[a, b], \alpha_{i}$ and $\beta_{j}$ are real valued constants, and

$$
\left(t-k_{j}\right)_{+}^{r-1}=\left\{\begin{array}{cc}
\left(t-k_{j}\right)^{r-1}, & \text { for } t \geq k_{j}  \tag{6}\\
0, & \text { for } t<k_{j}
\end{array}\right.
$$

## 3. Results and Discussion

### 3.1. Estimating Blood Pressures Using Smoothing Spline Estimator

We consider model (2) and suppose that $\underset{\sim}{y}=\left(\underset{\sim}{y},{\underset{\sim}{2}}^{y_{2}}\right)^{\prime}, \underset{\sim}{f}=\left({\underset{\sim}{1}}^{f}, \underset{\sim}{f}\right)^{\prime}, \underset{\sim}{\varepsilon}=\left(\varepsilon_{1}, \varepsilon_{2}\right)^{\prime}$, and $\underset{\sim}{t}=\left(t_{\downarrow}, t_{2}\right)^{\prime}$ where $\underset{\sim}{y_{k}}=\left(y_{k 1}, y_{k 2}, \ldots, y_{k n}\right)^{\prime}, \underset{\sim}{f}=\left(f_{k}\left(t_{k 1}\right), f_{k}\left(t_{k 2}\right), \ldots, f_{k}\left(t_{k n}\right)\right)^{\prime}, \varepsilon_{k}=\left(\varepsilon_{k 1}, \varepsilon_{k 2}, \ldots, \varepsilon_{k n}\right)^{\prime}$ , $t_{k}=\left(t_{k 1}, t_{k 2}, \ldots, t_{k n}\right)^{\prime}, k=1,2 ; i=1,2, \ldots, n$. Therefore, we can write equation (2) in matrix notation as follows:

$$
\begin{equation*}
\underset{\sim}{y}=\underset{\sim}{f}+\underset{\sim}{\varepsilon} \tag{7}
\end{equation*}
$$

where $E(\underset{\mathcal{Z}}{\mathcal{\varepsilon}})=\underset{\sim}{0}$, and $\operatorname{Cov}(\underset{\mathcal{Z}}{ })=\mathbf{W}^{-1}\left({\underset{\sim}{\sigma}}^{2}\right)=\operatorname{diag}\left(\mathbf{W}_{1}\left(\sigma_{\sim}^{2}\right), \mathbf{W}_{2}\left(\sigma_{\sim}^{2}\right)\right)$. Estimating functions $\underset{\sim}{f}$ in (7) by using smoothing spline estimators appears as a solution to the penaliszed weighted leastsquare (PWLS) minimiszation problem, i.e., determine $\underset{\sim}{f}$ that can make the following PWLS minimum:

$$
\begin{array}{r}
\operatorname{Min}_{f_{1}, f_{2} \in W_{2}^{\prime \prime}}\left\{\left(\sum_{k=1}^{2} n_{k}\right)^{-1}\left(\underset{\sim}{y}-f_{\sim}\right)^{\prime} \mathbf{W}_{1}\left(\sigma_{\sim}^{2}\right)\left(\underset{\sim}{y}-f_{\sim}\right)+\left(\underset{\sim}{y_{\sim}}-f_{\sim}\right)^{\prime} \mathbf{W}_{2}\left(\sigma_{\sim}^{2}\right)\left(\underset{\sim}{y}-f_{\sim}\right)+\right. \\
\left.\lambda_{1} \int_{a_{1}}^{b_{1}}\left(f_{1}^{(2)}(t)\right)^{2} d t+\lambda_{2} \int_{a_{2}}^{b_{2}}\left(f_{2}^{(2)}(t)\right)^{2} d t\right\} \tag{8}
\end{array}
$$

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for pre-specified value $\lambda=\left(\lambda_{1}, \lambda_{2}\right)^{\prime}$. Note that, in equation (8), the first term represents the sum squares of errors and it penaliszes the lack of fit. While, the second term which is weighted by $\underset{\sim}{\boldsymbol{\lambda}}$ represents the roughness penalty and it imposes a penalty on roughness. It means that the curvature of $\underset{\sim}{f}$ is penaliszed by it. In equation (11), $\lambda_{k}(k=1,2)$ is called as the smoothing parameter. The solution will be variedy from interpolation to a linear model, if $\lambda_{k}$ varies from 0 to $+\infty$. So that, if $\lambda_{k} \rightarrow+\infty$, the roughness penalty will dominate in (8), and the smoothing spline estimate will be forced to be a constant. If $\lambda_{k} \rightarrow 0$, the roughness penalty will disappear in (8), and the spline estimate will interpolate the data. Thus, the trade-off between the goodness of fit
 given by $\lambda_{1} \int_{a_{1}}^{b_{1}}\left(f_{1}^{(2)}(t)\right)^{2} d t+\lambda_{2} \int_{a_{2}}^{b_{2}}\left(f_{2}^{(2)}(t)\right)^{2} d t$ is controlled by the smoothing parameter $\lambda_{k}(k=1,2)$. The solution for minimiszation of the problem in (8) is a smoothing spline estimator where its function basis is a "natural cubic spline" with $t_{1}, t_{2}, \ldots, t_{n_{k}}(k=1,2)$ as its knots. Based on this concept, a particular structured spline interpolation that depends on selection of the smoothing parameter $\lambda_{k}(k=1,2)$ value becomes an appropriate approach of the functions $f_{k}(k=1,2)$ in model (2). Let $\underset{\sim}{f}=\left(\underset{\sim}{f},{\underset{\sim}{\sim}}^{f_{2}}\right)^{\prime}$ where ${\underset{\sim}{\sim}}^{f_{k}}=\left(f_{k}\left(t_{k 1}\right), f_{k}\left(t_{k 2}\right), \ldots, f_{k}\left(t_{k n}\right)\right)^{\prime}, k=1,2$, be the vector of values of function $f_{k}(k=1,2)$ at the knot points $t_{1}, t_{2}, \ldots, t_{n_{k}}(k=1,2)$. If we express the model of paired data set into a general smoothing spline regression model, we will get the following expression:

$$
\begin{equation*}
y_{k i}=L_{t_{k}} f_{k}+\varepsilon_{k i} ; \quad i=1,2, \ldots, n_{k} ; k=1,2 \tag{9}
\end{equation*}
$$

where $f_{k} \in \mathscr{H}_{k}\left(\mathscr{H}_{k}\right.$ represents Hilbert space) is an unknown smooth function, and $L_{t_{k}} \in \mathscr{H}_{k}$ is a bounded linear functional.

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Next, suppose that $\mathscr{H}_{k}$ can be decomposed into two subspaces $\mathbf{U}_{k}$ and $\mathbf{W}_{k}$ as follows:

$$
\mathscr{H}_{k}=\boldsymbol{U}_{k} \oplus \boldsymbol{w}_{k}
$$

where $\boldsymbol{u}_{k}$ is orthogonal to $\boldsymbol{w}_{k}, k=1,2$. Suppose that $\left\{u_{k 1}, u_{k 2}, \ldots, u_{k m_{k}}\right\}$ and $\left\{\omega_{k 1}, \omega_{k 2}, \ldots, \omega_{k n_{k}}\right\}$ are bases of spaces $\boldsymbol{U}_{k}$ and $\boldsymbol{W}_{k}$, respectively. Then, we can express every function $f_{k} \in \mathscr{H}_{k}$ ( $k=1,2$ ) into the following expression:

$$
f_{k}=g_{k}+h_{k}
$$

where $g_{k} \in \boldsymbol{U}_{k}$ and $h_{k} \in \boldsymbol{W}_{k}$. Since $\left\{u_{k 1}, u_{k 2}, \ldots, u_{k m_{k}}\right\}$ is basis of space $\boldsymbol{U}_{k}$ and $\left\{\omega_{k 1}, \omega_{k 2}, \ldots, \omega_{k n_{k}}\right\}$ is basis of space $\boldsymbol{W}_{k}$, then for every $f_{k} \in \mathscr{H}_{k}(k=1,2)$ follows:
where $\quad \underset{\sim}{u}=\left(u_{k 1}, u_{k 2}, \ldots, u_{k m_{k}}\right)^{\prime}, \quad \underset{\sim}{d}=\left(d_{k 1}, d_{k 2}, \ldots, d_{k m_{k}}\right)^{\prime}, \quad \underset{\sim}{\omega_{k}}=\left(\omega_{k 1}, \omega_{k 2}, \ldots, \omega_{k n_{k}}\right)^{\prime}, \quad$ and $c_{\kappa}=\left(c_{k 1}, c_{k 2}, \ldots, c_{k n_{k}}\right)^{\prime}$. Furthermore, since $L_{t_{t i}}$ is a function which is bounded and linear in $\mathscr{H}_{k}$, and $f_{k} \in \mathscr{H}_{k}, k=1,2$ then we have:

$$
\begin{equation*}
L_{t_{k}} f_{k}=L_{t_{k i}}\left(g_{k}+h_{k}\right)=g_{k}\left(t_{k i}\right)+h_{k}\left(t_{k i}\right)=f_{k}\left(t_{k i}\right) . \tag{11}
\end{equation*}
$$

Based on (11), and by applying the Riesz representation theorem Wang (2011), and because of $L_{t i k} \in \mathscr{H}_{k}$ is bounded linear functional, then according to [36] there is a representer $\xi_{k i} \in \mathscr{H}_{k}$ of $L_{t_{i t}}$ which follows:

$$
\begin{equation*}
L_{t_{k i}} f_{k}=\left\langle\xi_{k i}, f_{k}\right\rangle=f_{k}\left(t_{k i}\right), f_{k} \in \mathscr{H}_{k} \tag{12}
\end{equation*}
$$

where $\langle\cdot, \cdot\rangle$ denotes an inner product. Based on (6) and by applying the properties of the inner product, we get:

$$
\begin{equation*}
f_{k}\left(t_{k i}\right)=\left\langle\xi_{k i}, u_{k}^{\prime}{\underset{\sim}{c}}^{d_{k}}+\omega_{k}^{\prime} c_{k}\right\rangle=\left\langle\xi_{k i}, u_{k}^{\prime} d_{\sim k}\right\rangle+\left\langle\xi_{k i}, \omega_{k}^{\prime} c_{\sim k}\right\rangle . \tag{13}
\end{equation*}
$$

Next, by applying equation (13), for $k=1$ we have:

$$
f_{1}\left(t_{1 i}\right)=\left\langle\xi_{1 i},,_{11}^{\prime} d_{1}\right\rangle+\left\langle\xi_{1 i}, \omega_{1}^{\prime} c_{1}\right\rangle, i=1,2, \ldots, n_{1} ;
$$

and for $i=1,2,3, \ldots, n_{1}$ we have:

$$
\begin{equation*}
f_{\sim}\left(t_{1}\right)=\left(f_{1}\left(t_{11}\right), f_{1}\left(t_{12}\right), \ldots, f_{1}\left(t_{1 p_{1}}\right)\right)^{\prime}=K_{1} d_{1}^{d_{1}}+\sum_{1} \mathcal{c}_{1}, \tag{14}
\end{equation*}
$$

where:
$K_{1}=\left[\begin{array}{cccc}\left\langle\xi_{11}, u_{11}\right\rangle & \left\langle\xi_{11}, u_{12}\right\rangle & \cdots & \left\langle\xi_{11}, u_{1 m_{1}}\right\rangle \\ \left\langle\xi_{12}, u_{11}\right\rangle & \left\langle\xi_{12}, u_{12}\right\rangle & \cdots & \left\langle\xi_{12}, u_{1 m_{1}}\right\rangle \\ \vdots & \vdots & \vdots & \vdots \\ \left\langle\xi_{1 m_{1}}, u_{11}\right\rangle & \left\langle\xi_{1 m_{1}}, u_{12}\right\rangle & \cdots & \left\langle\xi_{1 m_{1}}, u_{1 m_{1}}\right\rangle\end{array}\right], d_{1}=\left(d_{11}, d_{12}, \ldots, d_{1 m_{1}}\right)^{\prime}$,
$\Sigma_{1}=\left[\begin{array}{cccc}\left\langle\xi_{11}, \omega_{11}\right\rangle & \left\langle\xi_{11}, \omega_{12}\right\rangle & \cdots & \left\langle\xi_{11}, \omega_{1 m_{1}}\right\rangle \\ \left\langle\xi_{12}, \omega_{11}\right\rangle & \left\langle\xi_{12}, \omega_{12}\right\rangle & \cdots & \left\langle\xi_{12}, \omega_{1 m_{1}}\right\rangle \\ \vdots & \vdots & \vdots & \vdots \\ \left\langle\xi_{11_{1}}, \omega_{11}\right\rangle & \left\langle\xi_{1 n_{1}}, \omega_{12}\right\rangle & \cdots & \left\langle\xi_{1 n_{1}}, \omega_{1 n_{1}}\right\rangle\end{array}\right]$, and ${\underset{\sim}{c}}^{c_{1}}=\left(c_{11}, c_{12}, \ldots, c_{1 n_{1}}\right)^{\prime}$.
Similarly, we obtain: $\underset{\sim}{f}{\underset{\sim}{2}}^{2}\left(t_{2}\right)=\mathbf{K}_{2} \underset{\sim}{d}+\boldsymbol{\Sigma}_{2} \mathcal{c}_{2}$. Therefore, the regression function $\underset{\sim}{f}(t)$ can be expressed as:

$$
\begin{align*}
& \underset{\sim}{f}(t)=\left(\underset{\sim}{f_{1}}\left(t_{1}\right), \underset{\sim}{f_{2}}(t)\right)^{\prime}=\left(\mathbf{K}_{1}{\underset{\sim}{1}}_{1}, \mathbf{K}_{2} \underset{\sim}{d}\right)^{\prime}+\left(\boldsymbol{\Sigma}_{1} \mathcal{C}_{1}, \boldsymbol{\Sigma}_{2} \mathcal{c}_{2}\right)^{\prime} \\
& =\operatorname{diag}\left(\mathbf{K}_{1}, \mathbf{K}_{2}\right)\left(\underset{\sim}{1},{\underset{\sim}{2}}_{d_{2}}\right)^{\prime}+\operatorname{diag}\left(\boldsymbol{\Sigma}_{1}, \boldsymbol{\Sigma}_{2}\right)\left({\underset{\sim}{c}}_{1},{\underset{\sim}{2}}^{2}\right)^{\prime}=\mathbf{K} \underset{\sim}{d}+\underset{\sim}{\boldsymbol{\Sigma}} . \tag{15}
\end{align*}
$$

In equation (15), $\mathbf{K}$ is a $(N \times M)$-matrix and $\underset{\sim}{d}$ is a vector of parameters with dimension $(\mathbf{M} \times 1)$ (where $\mathrm{N}=\sum_{k=1}^{2} n_{k}=2 n, \mathbf{M}=\sum_{k=1}^{2} m_{k}=2 m$ ) that are expressed as:

$$
\left.\mathbf{K}=\operatorname{diag}\left(\mathbf{K}_{1}, \mathrm{~K}_{2}\right) \text {, and } \underset{\sim}{d}=\left(\underset{\sim}{d} d_{\sim}^{\prime}, \underset{\sim}{d}\right)^{\prime}\right)^{\prime} \text {, respectively. }
$$

Also, $\boldsymbol{\Sigma}$ is a $(\mathrm{N} \times \mathrm{N})$-matrix, and $\underset{\sim}{\underset{\sim}{c}}$ is a $(\mathrm{N} \times 1)$-vector of parameters which are expressed as:

$$
\Sigma=\operatorname{diag}\left(\Sigma_{1}, \Sigma_{2}\right) \text {, and } \underset{\sim}{c}=\left({\underset{\sim}{1}}_{c}^{\prime}, c_{2}^{\prime}\right)^{\prime}, \text { respectively. }
$$

Therefore, we can write a model in (9) as follows:

$$
\underset{\sim}{y}=\mathbf{K} \underset{\sim}{d}+\boldsymbol{\Sigma}_{\underset{\sim}{c}}^{\underset{\sim}{e}} \underset{\sim}{\varepsilon} .
$$

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We use the RKHS method to obtain the estimation of $f$, by solving the following optimiszation:

With the constraint:

$$
\begin{equation*}
\int_{a_{k}}^{b_{k}}\left[f_{k}^{(m)}\left(t_{k}\right)\right]^{2} d t_{k}<\gamma_{k}, \gamma_{k} \geq 0, \quad k=1,2 . \tag{17}
\end{equation*}
$$

To solve the optimisation (16) with constraint (17) is equivalent to solve the optimisation PWLS:

$$
\begin{equation*}
\underset{\substack{f_{k} \in W_{2}\left[a_{k}, b_{k}\right] \\ k=, 1,2}}{\operatorname{Min}}\left\{\mathrm{~N}^{-1}(\underset{\sim}{y}-\underset{\sim}{f})^{\prime} \mathbf{W}\left({\underset{\sim}{2}}^{2}\right)(\underset{\sim}{y}-\underset{\sim}{f})+\sum_{k=1}^{2} \lambda_{k} \int_{a_{k}}^{b_{k}}\left[f_{k}^{(m)}\left(t_{k}\right)\right]^{2} d t_{k}\right\}, \tag{18}
\end{equation*}
$$

where $\lambda_{k}, k=1,2$ are smoothing parameters that control trade-off between goodness of fit represented by $\mathrm{N}^{-1}(\underset{\sim}{y}-\underset{\sim}{f})^{\prime} \mathbf{W}\left(\sigma_{\sim}^{2}\right)(\underset{\sim}{y}-\underset{\sim}{f})$ and the roughness penalty measured by $\lambda_{1} \int_{a_{1}}^{b_{1}}\left[f_{1}^{(m)}\left(t_{1}\right)\right]^{2} d t_{1}+\lambda_{2} \int_{a_{2}}^{b_{2}}\left[f_{2}^{(m)}\left(t_{2}\right)\right]^{2} d t_{2}$. To get the solution to (18), we first decompose the roughness penalty as follows:

$$
\int_{a_{1}}^{b_{1}}\left[f_{1}^{(m)}\left(t_{1}\right)\right]^{2} d t_{1}=\left\|P f_{1}\right\|^{2}=\left\langle P f_{1}, P f_{1}\right\rangle=\left\langle{\underset{\sim}{c}}_{\prime}^{\prime} c_{1}, \omega_{1}^{\omega} c_{1}\right\rangle={\underset{\sim}{c}}_{\prime}^{( }\left({\underset{\sim}{1}}^{\omega}{\underset{\sim}{1}}_{\prime}^{\prime}\right) c_{1}=c_{1}^{\prime} \Sigma_{1} c_{1}
$$

It implies:

$$
\begin{equation*}
\lambda_{1} \int_{a_{1}}^{b_{1}}\left[f_{1}^{(m)}\left(t_{1}\right)\right]^{2} d t_{1}=\lambda_{1} c_{1}^{\prime} \Sigma_{1} \mathcal{C}_{1} \text {, and } \lambda_{2} \int_{a_{2}}^{b_{2}}\left[f_{2}^{(m)}\left(t_{2}\right)\right]^{2} d t_{2}=\lambda_{2} c_{2}^{\prime} \Sigma_{2} c_{2} \tag{19}
\end{equation*}
$$

Based on (19), we have the penalty:

$$
\begin{equation*}
\left.\sum_{k=1}^{2} \lambda_{k} \int_{a_{k}}^{b_{k}}\left[f_{k}^{(m)}\left(t_{k}\right)\right]^{2} d t_{k}\right\}={\underset{\sim}{c}}^{\prime} \lambda \Sigma_{\underset{\sim}{c}} \tag{20}
\end{equation*}
$$

where $\Lambda=\operatorname{diag}\left(\lambda_{1} \mathbf{I}_{n_{1}}, \lambda_{2} \mathbf{I}_{n_{2}}\right)$. We can express the goodness of fit in (18) as follows:

$$
\mathrm{N}^{-1}(\underset{\sim}{y}-\underset{\sim}{f})^{\prime} \mathbf{W}\left({\underset{\sim}{\sigma}}^{2}\right)(\underset{\sim}{y}-\underset{\sim}{f})=\mathrm{N}^{-1}\left(\underset{\sim}{y}-\mathbf{K} \underset{\sim}{d}-\boldsymbol{\Sigma}_{\underset{\sim}{c}}\right)^{\prime} \mathbf{W}\left({\underset{\sim}{\sigma}}^{2}\right)\left(\underset{\sim}{y}-\mathbf{K} \underset{\sim}{d}-\boldsymbol{\Sigma}_{\underset{\sim}{c}}\right) .
$$

If we combine the goodness of fit and the roughness penalty, we will have optimisation PWLS:

$$
\begin{equation*}
\operatorname{Min}_{\substack{c \in R^{2 n} \\ d \in R^{2 m}}}\left\{\left(\underset{\sim}{y}-\mathbf{K} \underset{\sim}{d}-\boldsymbol{\Sigma}_{\underset{\sim}{c}}^{\underset{\sim}{c}}\right)^{\prime} \mathbf{W}\left({\underset{\sim}{c}}^{2}\right)\left(\underset{\sim}{y}-\mathbf{K} \underset{\sim}{d}-\boldsymbol{\Sigma}_{\underset{\sim}{c}}^{\underset{\sim}{c}}\right)+\underset{\sim}{c} \mathbf{N} \Lambda \underset{\sim}{\boldsymbol{N}} \underset{\substack{c}}{\substack{c \in R^{2 n} \\ d \in R^{2 m}}} \operatorname{Min}_{\sim}\{Q(\underset{\sim}{c}, \underset{\sim}{d})\}\right. \tag{21}
\end{equation*}
$$

To get the solution to (21), firstly we must take the partially differential of $Q(\underset{\sim}{c}, \underset{\sim}{d})$ and then their results are to be equal to zeros as follows:

$$
\begin{align*}
& \partial Q(\underset{\sim}{c}, \underset{\sim}{d}) / \partial \underset{\sim}{c}=\underset{\sim}{0} \Leftrightarrow \underset{\sim}{\hat{c}}=\mathbf{M}^{-1} \mathbf{W}\left(\sim^{\sigma}\right)(\underset{\sim}{y}-\mathbf{K} \underset{\sim}{d}) .  \tag{22}\\
& \partial Q(\underset{\sim}{c}, \underset{\sim}{d}) / \partial \underset{\sim}{d}=\underset{\sim}{0} \Leftrightarrow \underset{\sim}{\hat{d}}=\left[\mathbf{K}^{\prime} \mathbf{M}^{-1} \mathbf{W}\left({\underset{\sim}{c}}^{2}\right) \mathbf{K}\right]^{-1} \mathbf{K}^{\prime} \mathbf{M}^{-1} \mathbf{W}\left({\underset{\sim}{c}}^{2}\right) \underset{\sim}{y} . \tag{23}
\end{align*}
$$

Next, if we substitute (23) into (22), we obtain:

$$
\begin{equation*}
\underset{\sim}{\hat{c}}=\mathbf{M}^{-1} \mathbf{W}\left(\underset{\sim}{\sigma^{2}}\right)\left[\mathbf{I}-\mathbf{K}\left(\mathbf{K}^{\prime} \mathbf{M}^{-1} \mathbf{W}\left(\underset{\sim}{\sigma^{2}}\right) \mathbf{K}\right)^{-1} \mathbf{K}^{\prime} \mathbf{M}^{-1} \mathbf{W}\left({\underset{\sim}{\sigma}}^{2}\right)\right] \underset{\sim}{\underset{\sim}{y}} . \tag{24}
\end{equation*}
$$

Finally, based on (15), (23) and (24), we get the estimated regression function based on the smoothing spline estimator which can be expressed as follows:

$$
\hat{f}_{\sim}(\underset{\sim}{t})=\left(\begin{array}{l}
\hat{f}_{1, \lambda_{1}}\left(t_{d}\right)  \tag{25}\\
\hat{f}_{\sim}, \lambda_{2} \\
\left.\hat{f}_{2}\right)
\end{array}\right)=\mathbf{K} \underset{\sim}{\hat{d}}+\boldsymbol{\Sigma} \underset{\sim}{\hat{c}}=\mathbf{H}(\underset{\sim}{\lambda}) \underset{\sim}{y}
$$

where

$$
\mathbf{H}(\lambda)=\mathbf{K}\left[\mathbf{K}^{\prime} \mathbf{M}^{-1} \mathbf{W}\left(\sigma_{\sim}^{2}\right) \mathbf{K}\right]^{-1} \mathbf{K}^{\prime} \mathbf{M}^{-1} \mathbf{W}\left({\underset{\sim}{\alpha}}^{2}\right)+\mathbf{\Sigma} \mathbf{M}^{-1} \mathbf{W}\left(\sigma_{\sim}^{2}\right) \times\left[\mathbf{I}-\mathbf{K}\left(\mathbf{K}^{\prime} \mathbf{M}^{-1} \mathbf{W}\left(\sigma_{\sim}^{2}\right) \mathbf{K}\right)^{-1} \mathbf{K}^{\prime} \mathbf{M}^{-1} \mathbf{W}\left(\sigma_{\sim}^{2}\right)\right],
$$

and $\hat{f}_{\sim}(\underset{\sim}{t})$ is smoothing spline with a natural cubic spline as a basis function with knots at $t_{1}, t_{2}, \ldots, t_{n_{k}}(k=1,2)$, for a fixed smoothing parameter $\underset{\sim}{\lambda}>\underset{\sim}{0} . \mathbf{H}(\underset{\sim}{\lambda})$ is a positive-definite (symmetrical) smoother matrix that depends on smoothing parameter $\lambda$ and the knot points $t_{1}, t_{2}, \ldots, t_{n_{k}}(k=1,2)$. Yet, it does not depend on $\underset{\sim}{y}$. Further discussion about this estimator can be obtained on Watson (1964), Hardle (1991), Oehlert (1992), Eubank (1999), and Schimek (2000).

Related to application of multi-response non-parametric regression on the real data, in this research we use secondary data obtained from the District General Hospital of Trenggalek city, East Java Province, Indonesia. Data consists of systolic and diastolic blood pressures, and BMI of 99 patients who took medical care in that hospital in 2018. Data is provided in Table 1.

Table 1. Systolic and Diastolic Blood Pressures, and Body Mass Index (BMI) of 99 Patients


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| 2 | 100 | 70 | 22.6 | 6 | 112 | 78 | 24.9 | 9 | 160 | 100 | 27.9 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 |  |  |  | 0 |  |  |  | 3 |  |  |  |
| 2 | 140 | 90 | 22.6 | 6 | 130 | 75 | 25.0 | 9 | 141 | 100 | 28.5 |
| 8 |  |  |  | 1 |  |  |  | 4 |  |  |  |
| 2 | 120 | 70 | 22.6 | 6 | 120 | 85 | 25.1 | 9 | 130 | 90 | 28.6 |
| 9 |  |  |  | 2 |  |  |  | 5 |  |  |  |
| 3 | 154 | 80 | 22.8 | 6 | 120 | 82 | 25.2 | 9 | 168 | 105 | 29.2 |
| 0 |  |  |  | 3 |  |  |  | 6 |  |  |  |
| 3 | 108 | 68 | 23.0 | 6 | 128 | 92 | 25.3 | 9 | 160 | 90 | 29.6 |
| 1 |  |  |  | 4 |  |  |  | 7 |  |  |  |
| 3 | 134 | 90 | 23.0 | 6 | 120 | 80 | 25.4 | 9 | 170 | 100 | 30.3 |
| 2 |  |  |  | 5 |  |  |  | 8 |  |  |  |
| 3 | 110 | 70 | 23.1 | 6 | 160 | 90 | 25.5 | 9 | 190 | 100 | 30.5 |
| 3 |  |  |  | 6 |  |  |  | 9 |  |  |  |

Source: District General Hospital of Trenggalek city, East Java Province, Indonesia, Year 2018.


Figure 1. Plots of systolic blood pressure versus BMI (a) and plots of diastolic blood pressure versus BMI (b)

Next, we use the estimated regression function in (25) to estimate systolic and diastolic blood pressures affected by BMI. Firstly, we make scatter plots for systolic and diastolic blood pressure versus BMI as given in Fig. 1. The figure is used to look whether the non-parametric regression approach is appropriate to analyse the data. Plots given in Fig. 1 show that plots of systolic blood pressure versus BMI, and plot of diastolic blood pressure versus BMI do not follow paterns of certain regression functions as well as owned by parametric regression. Therefore, to estimate the

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regression functions which draw association paterns between blood pressures (systolic and diastolic) and BMI for this data, we use non-parametric regression model approach. Also, we did hypothesis testing to test correlations between responses by using the following hypothesis:
$\mathrm{H}_{0}$ : There is no correlation between systolic and diastolic blood pressures
$\mathrm{H}_{1}$ : There is correlation between systolic and diastolic blood pressures.
Based on this testing, we get a p-value $<0.05$. It means that there is correlation between systolic and diastolic blood pressures, i.e., correlation value equals to 0.786 . Therefore, to estimate the regression functions which draw association paterns between blood pressures (systolic and diastolic) and BMI for this data set, we use multi-response non-parametric regression model approaches.

Table 2. Estimated Results of Systolic and Diastolic Blood Pressure, Optimal Smoothing

Parameters, Minimum GCV Value, dan MSE Value

| $i$ | $\hat{y}_{1 i}$ | $\hat{y}_{2 i}$ | $i$ | $\hat{y}_{1 i}$ | $\hat{y}_{2 i}$ | $i$ | $\hat{y}_{1 i}$ | $\hat{y}_{2 i}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 118.4454 | 76.96665 | 34 | 125.2724 | 82.44138 | 67 | 129.2187 | 87.14209 |
| 2 | 118.9152 | 77.36970 | 35 | 125.2724 | 82.44138 | 68 | 129.4103 | 87.35517 |
| 3 | 119.0338 | 77.47020 | 36 | 125.4170 | 82.60042 | 69 | 130.0692 | 87.99828 |
| 4 | 119.1531 | 77.57053 | 37 | 125.5656 | 82.76186 | 70 | 130.0692 | 87.99828 |
| 5 | 119.5096 | 77.87094 | 38 | 125.5656 | 82.76186 | 71 | 130.3240 | 88.21327 |
| 6 | 119.6258 | 77.97103 | 39 | 125.7184 | 82.92567 | 72 | 130.5978 | 88.42841 |
| 7 | 119.7392 | 78.07117 | 40 | 125.8739 | 83.09193 | 73 | 130.5978 | 88.42841 |
| 8 | 119.9566 | 78.27174 | 41 | 125.8739 | 83.09193 | 74 | 130.5978 | 88.42841 |
| 9 | 120.2686 | 78.57368 | 42 | 125.8739 | 83.09193 | 75 | 130.8909 | 88.64366 |
| 10 | 120.4779 | 78.77624 | 43 | 126.0306 | 83.26075 | 76 | 131.2065 | 88.85896 |
| 11 | 120.6955 | 78.98047 | 44 | 126.1877 | 83.43215 | 77 | 131.5482 | 89.07420 |
| 12 | 121.0481 | 79.29169 | 45 | 126.1877 | 83.43215 | 78 | 131.9195 | 89.28934 |
| 13 | 121.0481 | 79.29169 | 46 | 126.3435 | 83.60619 | 79 | 132.3230 | 89.50434 |
| 14 | 121.3090 | 79.50330 | 47 | 126.3435 | 83.60619 | 80 | 133.7430 | 90.14840 |
| 15 | 121.4512 | 79.61041 | 48 | 126.6494 | 83.96239 | 81 | 133.7430 | 90.14840 |
| 16 | 121.6027 | 79.71840 | 49 | 126.8005 | 84.14457 | 82 | 134.8767 | 90.57689 |
| 17 | 121.6027 | 79.71840 | 50 | 126.8005 | 84.14457 | 83 | 134.8767 | 90.57689 |
| 18 | 121.9354 | 79.93743 | 51 | 126.9512 | 84.32943 | 84 | 135.5007 | 90.79085 |
| 19 | 121.9354 | 79.93743 | 52 | 126.9512 | 84.32943 | 85 | 135.5007 | 90.79085 |
| 20 | 122.1147 | 80.04877 | 53 | 127.1027 | 84.51685 | 86 | 136.1628 | 91.00456 |
| 21 | 123.2762 | 80.75327 | 54 | 127.2559 | 84.70666 | 87 | 136.1628 | 91.00456 |

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| 22 | 123.2762 | 80.75327 | 55 | 127.2559 | 84.70666 | 88 | 136.8636 | 91.21796 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 23 | 123.6553 | 81.00646 | 56 | 127.4116 | 84.89868 | 89 | 136.8636 | 91.21796 |
| 24 | 123.6553 | 81.00646 | 57 | 127.5694 | 85.09286 | 90 | 137.6023 | 91.43099 |
| 25 | 123.8399 | 81.13699 | 58 | 127.5694 | 85.09286 | 91 | 137.6023 | 91.43099 |
| 26 | 124.1991 | 81.40620 | 59 | 127.7280 | 85.28917 | 92 | 139.1887 | 91.85573 |
| 27 | 124.3715 | 81.54509 | 60 | 127.8862 | 85.48762 | 93 | 139.1887 | 91.85573 |
| 28 | 124.3715 | 81.54509 | 61 | 128.0442 | 85.68819 | 94 | 144.8514 | 93.11266 |
| 29 | 124.3715 | 81.54509 | 62 | 128.2023 | 85.89083 | 95 | 145.9310 | 93.31879 |
| 30 | 124.6951 | 81.83195 | 63 | 128.3621 | 86.09537 | 96 | 153.1253 | 94.53487 |
| 31 | 124.9894 | 82.13099 | 64 | 128.5250 | 86.30169 | 97 | 158.4223 | 95.33041 |
| 32 | 124.9894 | 82.13099 | 65 | 128.6916 | 86.50963 | 98 | 168.1741 | 96.70919 |
| 33 | 125.1308 | 82.28484 | 66 | 128.8621 | 86.71911 | 99 | 171.0127 | 97.10159 |

Optimal Smoothing Parameters :

$$
\lambda_{\sim(o p t)}=\left(\lambda_{1(o p t)}, \lambda_{2(o p t)}\right)^{\prime}=(0.000682558,0.02318668)^{\prime}
$$

Minimum GCV (generalised cross-validation) : 168.3557
MSE (mean squared error) : 155.1437

Further, we determine estimation values based on smoothing spline estimator for systolic blood pressure $\left(\hat{y}_{1}\right)$ and for diastolic blood pressure $\left(\hat{y}_{2}\right)$ based on minimum GCV value. The results of estimations are given in Table 2 . Table 2 provides estimation values of systolic blood pressure $\left(\hat{y}_{1 i}\right)$, estimation values of diastolic blood pressure $\left(\hat{y}_{2 i}\right)$, optimal smoothing parameter values, i.e., $\lambda_{1(o p t)}=0.000682558$ and $\lambda_{2(o p t)}=0.02318668$, minimum GCV (generaliszed crossvalidation) value of 168.3557 , and MSE (mean square error) values of 155.1437. Then, plots of estimated systolic blood pressure versus BMI and estimated diastolic blood pressure versus BMI are given in Fig. 2.


Figure 2. Plot of estimated systolic blood pressure versus BMI (a) and plot of estimated diastolic blood pressure versus BMI (b)

### 3.2. Estimating Blood Pressures Using Truncated Spline Estimator

Based on data in Table 1 and by creating open source software $R$ code, we determine optimal knots for systolic and diastolic, optimal smoothing parameter $\left(\boldsymbol{\lambda}_{\text {opt }}\right)$, and minimum GCV value for order one, order two, and order three splines. The results are given in Table 3. Table 3 shows that the most minimum GCV value (i.e. 0.8548374 ) is reached by order one spline with optimal knots of 19 and 28.5 for systolic blood pressure and 19 for diastolic blood pressure, and optimal smoothing parameter $\left(\lambda_{\text {opt }}\right)$ of 0.005 . It means that the blood pressures can be estimated by order one spline with knots 19 and 28.5 for systolic blood pressure and order one spline with knots 19 for diastolic blood pressure. By applying (5) and (6) we obtain truncated splines for estimating systolic blood pressure $\left(\hat{y}_{1}\right)$ and diastolic blood pressure $\left(\hat{y}_{2}\right)$ as follows:

$$
\begin{aligned}
& \hat{y}_{1}=\left\{\begin{array}{ccc}
6.179029 t & \text { for } & t<19 \\
79.266138+2.007127 t & \text { for } & 19 \leq t<28.5 \\
-419.043537+19.055582 t & \text { for } & t \geq 28.5
\end{array}\right. \\
& \hat{y}_{2}=\left\{\begin{array}{ccc}
4.003418 t & \text { for } & t<19 \\
43.813905+1.697423 t & \text { for } & 19 \leq t<28.5
\end{array}\right.
\end{aligned}
$$

where $t$ represents BMI value. Also, we obtain MSE (mean square error) of 155.6501 , and plots of estimated systolic blood pressure $\left(\hat{y}_{1}\right)$ and estimated diastolic blood pressure $\left(\hat{y}_{2}\right)$ as given in Fig. 3. Finally, because of MSE (smoothing spline) $=155.1437<155.6501=$ MSE (truncated spline) then for analyszing this data the use of multiresponsemulti-response nonparametricnonparametric regression based on smoothing spline estimator is better than that based on truncated spline estimator.

Table 3. Order Splines, Optimal Knots, Optimal Smoothing Parameters, and Minimum GCV

Values

| Spline | Optimal Knots |  | Optimal Smoothing | Minimum |
| :---: | :---: | :---: | :---: | :---: |
| Order | Systolic | Diastolic | Parameter | GCV |
| $\mathbf{1}$ | $\mathbf{1 9} ; \mathbf{2 8 . 5}$ | $\mathbf{1 9}$ | $\mathbf{0 . 0 0 5}$ | $\mathbf{0 . 8 5 4 8 3 7 4}$ |
| 2 | 28.5 | 19 | 0.013 | 0.8882841 |
| $\mathbf{3}$ | $19 ; 28.5$ | 28.5 | 54 | 0.9034587 |



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Figure 3. Plots of estimated systolic (a) and diastolic (b) blood pressures versus BMI

## 4. Conclusion

Based on (25), we conclude that the estimated blood pressure model we obtained is a linear function in observation. It depends on the optimal smoothing parameter, for smoothing spline approach, and depends on optimal knot, optimal order of spline and optimal smoothing parameter, for truncated spline approach. In addition, since MSE values for smoothing spline approaches is less than that for the truncated spline approach, then smoothing spline estimators is better for estimating blood pressure models than truncated spline estimators.

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