

Artikel 1: A. Judul: Mental Health During Covid 19: An Overview in Online Mass Media Indonesia

B. Bukti Korespondensi

mc.manuscriptcentral.com/apjpl

Asia Pacific Journal of Public Health

Preview

From: lowwy@um.edu.my
To: sri-widati@fkm.unair.ac.id, widatisantoso@gmail.com
CC: aph@sagepub.com
Subject: Asia Pacific Journal of Public Health - Decision on Manuscript ID APJPH-21-Jul-759.R1
Body: 04-Nov-2021

Dear Dr. Widati,

It is a pleasure to accept your Letter to Editor entitled "Mental Health During Covid 19: An Overview in Online Mass Media Indonesia" in its current form for publication in the Asia Pacific Journal of Public Health.

Thank you for your fine contribution. On behalf of the Editors of the Asia Pacific Journal of Public Health, we look forward to your continued contributions to the Journal.

Yours sincerely,

Wah Yun Low, PhD
Managing Editor, Asia-Pacific Journal of Public Health
University of Malaya
Kuala Lumpur, Malaysia
Email: lowwy@um.edu.my

Date Sent: 04-Nov-2021

Close Window

Submission Confirmation

Print

Thank you for your submission

Submitted to

Asia Pacific Journal of Public Health

Manuscript ID

APJPH-21-Jul-259

Title

Mental Health of People During Covid 19: An Overview in Indonesian Online Mass Media

Authors

Wibisono, S

Amer Nandini, Amer Siddiq

Date Submitted

29-Jul-2021

Payment Method

Waived

29-Jul-2021

Close Window

Print



Submission Confirmation

Print

Thank you for your submission

Submitted to

Asia Pacific Journal of Public Health

Manuscript ID

APJPH-21-Jul-759

Title

Mental Health of People During Covid 19: An Overview in Indonesian Online Mass Media

Authors

Widati, Sri
Amer Nordin, Amer Siddiq

Date Submitted

28-Jul-2021

Payment Method

Waived
28-Jul-2021



Asia Pacific Journal of Public Health

Preview

From: lowwy@um.edu.my

To: sri-widati@fkm.unair.ac.id, widatisantoso@gmail.com

CC: aph@sagepub.com

Subject: Asia Pacific Journal of Public Health - Decision on Manuscript ID APJPH-21-Jul-759.R1

Body: 04-Nov-2021

Dear Dr. Widati,

It is a pleasure to accept your Letter to Editor entitled "Mental Health During Covid 19: An Overview in Online Mass Media Indonesia" in its current form for publication in the Asia Pacific Journal of Public Health.

Thank you for your fine contribution. On behalf of the Editors of the Asia Pacific Journal of Public Health, we look forward to your continued contributions to the Journal.

Yours sincerely,

Wah Yun Low, PhD
Managing Editor, Asia-Pacific Journal of Public Health
University of Malaya
Kuala Lumpur, Malaysia
Email: lowwy@um.edu.my

Date Sent: 04-Nov-2021

akti submit.pdf x 1_Korespondensi_Mental Health x Asia Pacific Journal of Public Health x +

https://mail.google.com/mail/u/0/#search/apjph/FMfcgzGlxXtmMTWlNnpFqKkkZCpjLNWS

mail apjph x

7 of 36

Asia Pacific Journal of Public Health APJPH-21-Jul-759.R1

Asia Pacific Journal of Public Health <orbah@tmc.manuscriptcentral.com>
to sn-widati, mc_amer_siddiqi, amersiddiqi

21-Oct-2021 Thu, Oct 21, 2021, 5:53 PM

Dear Dr. Widati

Your revised manuscript entitled "Mental Health During Covid 19: An Overview in Online Mass Media Indonesia" has been successfully submitted online and is presently being given full consideration for publication in Asia Pacific Journal of Public Health.

Your manuscript ID is **APJPH-21-Jul-759.R1**.

You have listed the following individuals as authors of this manuscript:
Widati, Sri, Aner Nordin, Aner Siddiqi

Please mention the above manuscript ID in all future correspondence or when calling the office for questions. If there are any changes in your street address or e-mail address, please log in to ScholarOne Manuscripts at <https://mc.manuscriptcentral.com/apjph> and edit your user information as appropriate.

You can also view the status of your manuscript at any time by checking your Author Center after logging in to <https://mc.manuscriptcentral.com/apjph>.

As part of our commitment to ensuring an ethical, transparent and fair peer review process SAGE is a supporting member of ORCID, the Open Researcher and Contributor ID (<https://orcid.org>). We encourage all authors and co-authors to use ORCID iDs during the peer review process. If you have not already logged in to your account on the journal's ScholarOne Manuscripts submission site in order to update your account information and provide your ORCID identifier, we recommend that you do so at this time by logging in and editing your account information. In the event that your manuscript is accepted, only ORCID iDs validated within your account prior to acceptance will be considered for publication alongside your name in the published paper as we cannot add ORCID iDs during the Production steps. If you do not already have an ORCID iD you may login to your ScholarOne account to create your unique identifier and automatically add it to your profile.

Thank you for submitting your manuscript to Asia Pacific Journal of Public Health.

Sincerely,
Ashwarya Sharma
Asia Pacific Journal of Public Health
apjph@sagepub.com

etik di sini untuk mencari

28°C 08:31 24/05/2022

- Compose
- Inbox 2,109
- Sent
- Drafted
- Trashed
- Important
- Tags 7
- Categories
- Calendar
- Meetings
- Hangouts contacts

ACTION REQUIRED: Asia Pacific Journal of Public Health Contributor Form

Asia Pacific Journal of Public Health on behalf of manuscriptcentral.com
 to sri widati, me

04-Nov-2021
 Dear Dr. Sri Widati,

Your manuscript "Mental Health During Covid 19: An Overview in Online Mass Media Indonesia" has been accepted for publication in Asia Pacific Journal of Public Health.

In order for SAGE to proceed with publication of your article, you must complete a Contributor Form.

You should review and complete the form online at the journal's SAGETRACK site. The following link will take you there directly.

https://mc.manuscriptcentral.com/apjph?URL_MASK=0701903f8b45e9b8f7cd35b7dc09a

Please note that without a completed agreement, we are unable to proceed with publication of your article.

If your library does not currently subscribe to Asia Pacific Journal of Public Health, please ask them to do so in order to allow your colleagues to access your published article.

If you have any questions please contact the Editorial Office.

With best wishes,
 Ashwarya Sharma
 Editorial Office
 Asia Pacific Journal of Public Health
apjph@sagepub.com

Page proofs for "Asia-Pacific Journal of Public Health" - APJPH 1063169 External Journal x [print icon] [share icon]

1
154
[profile icon] **SAGE Proofs** <sageedit.proofs@candmdigitals.com> Mon, Nov 22, 8:15 PM [star icon] [reply icon]
to me, apjph_sagepub, widatisantoso

Dear Sri Widati,

We have prepared your article for publication in *Asia-Pacific Journal of Public Health*, and it is ready for your final review in SAGE Edit:

<https://emxpert.net/sageedit/journals/?token=4F3EAB7C-D734-4FC2-B>

35
Please review your proof carefully and submit your corrections or approval via SAGE Edit within the next **2 business days**. Only changes consistent with the journal's style and peer review policies will be implemented; extensive changes after peer review are generally not accepted, and may incur a fee if accepted.

Please note that this is your final opportunity to ensure your article's accuracy, and post-publication changes may not be possible, as explained in our [Corrections Policy](#). Please let me know if you need any further assistance.

APJPH Journals Production
Sage Publishing
Email: apjph_sagepub@candmdigitals.com

[reply icon] Reply [reply all icon] Reply all [forward icon] Forward

Page proofs for "Asia-Pacific Journal of Public Health" - APJPH 1063169

SAGE Proofs - sagepub@wiley.com
To: widat, apjph, sagepub, me

Dear Sri Widat,

We have prepared your article for publication in *Asia-Pacific Journal of Public Health* and it is ready for your final review in SAGE Edit.

<https://onlinelibrary.wiley.com/doi/10.1111/ajph.12440>

Please review your proof carefully and submit your corrections or approval via SAGE Edit within the next 2 business days. Only changes consistent with the journal's style and peer review policies will be implemented; extensive changes after peer review are generally not accepted, and may incur a fee if accepted.

Please note that this is your final opportunity to ensure your article's accuracy, and post-publication changes may not be possible, as explained in our [Conditions Policy](#). Please let us know if you need any further assistance.

APJPH Journals Production
Sage Publishing
Email: apjph_sagepub@wiley.com

Widat Santoso - widat.santoso@gmail.com
To: sagepub, sri-widat, apjph, sagepub

Dear Editor,
so sorry I did some mistake for the approval. I can not edit it. Please can you give me assistance for it?

My co author name is Amer Siddiq Amer Nordin and the affiliation of Amer Siddiq Amer Nordin is incorrect (I can not edit it from sage edit editor).
The affiliation of Amer Siddiq Amer Nordin are

- 1. Division of Health Promotion and Behavior Science, Airlangga University, Surabaya, Indonesia
- 2. Department of Psychological Medicine, Faculty of Medicine, Universiti Malaya
- 3. Universiti Malaya Centre of Addiction Medicine (UMCAM), Universiti Malaya

Thank you very much for your assistance.

Best regards,

Sri widat

Widat's contacts
[Find contacts](#)

Page proofs for "Asia-Pacific Journal of Public Health" - APJPH 1063169

SAGE Proofs <sageedit.proofs@canmdigitals.com>
to: sri-widati, apjph_sagepub, me

Mon, Nov 22, 2021, 8:15 PM

Dear Sri Widati,

We have prepared your article for publication in *Asia-Pacific Journal of Public Health*, and it is ready for your final review in SAGE Edit:

<https://emxperl.net/sageedit/journals/?token=4F3EAB7C-D734-4FC2-B>

Please review your proof carefully and submit your corrections or approval via SAGE Edit within the next **2 business days**. Only changes consistent with the journal's style and peer review policies will be implemented; extensive changes after peer review are generally not accepted, and may incur a fee if accepted.

Please note that this is your final opportunity to ensure your article's accuracy, and post-publication changes may not be possible, as explained in our [Corrections Policy](#). Please let me know if you need any further assistance.

APJPH Journals Production
Sage Publishing
Email: apjph_sagepub@canmdigitals.com

Widati Santoso <widatisantoso@gmail.com>
to: sagepub, bcc-mail, apjph_sagepub

Tue, Nov 23, 2021, 5:38 PM

Dear Editor,
so sorry i did some mistake for the approval. I can not edit it. Please can you give me assistance for it?

buati submit.pdf x t_Korespondensi_Mental Health x Asia Pacific Journal of Public Health x

https://mail.google.com/mail/u/0/#search/apjphFMfcgzGikjbSCwZqVjDCUgVHmcHRLzq

Gmail apjph

Compose

Inbox 2,100

Starred

Snoozed

Important

Drafts 7

Categories

Meet

New meeting

Join a meeting

Hangouts

Widati +

No Hangouts contacts

Find someone

Asia Pacific Journal of Public Health - Decision on Manuscript ID APJPH-21-Jul-759.R1

Asia Pacific Journal of Public Health <onbehalfof@manuscriptcentral.com>
to: sri-widati, me, aph
04-Nov-2021

Thu, Nov 4, 2021, 4:19 PM

Dear Dr. Widati,

It is a pleasure to accept your Letter to Editor entitled "Mental Health During Covid 19: An Overview in Online Mass Media Indonesia" in its current form for publication in the Asia Pacific Journal of Public Health.

Thank you for your fine contribution. On behalf of the Editors of the Asia Pacific Journal of Public Health, we look forward to your continued contributions to the Journal.

Yours sincerely,

Wah Yun Low, PhD
Managing Editor, Asia-Pacific Journal of Public Health
University of Malaya
[Kuala Lumpur, Malaysia](#)
Email: wylow@um.edu.my

Reply Reply all Forward

Ketik di sini untuk mencari

28°C 08.38 24/05/2022



Page Proof Instructions and Queries

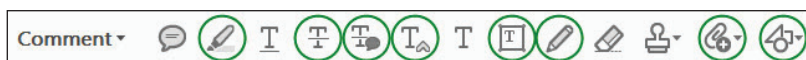
Please respond to and approve your proof through the “Edit” tab, using this PDF to review figure and table formatting and placement. This PDF can also be downloaded for your records. We strongly encourage you to provide any edits through the “Edit” tab, should you wish to provide corrections via PDF, please see the instructions below and email this PDF to your Production Editor.

Journal Title: Asia Pacific Journal of Public Health

Article Number: 1063169

Thank you for choosing to publish with us. This is your final opportunity to ensure your article will be accurate at publication. Please review your proof carefully and respond to the queries using the circled tools in the image below, which are available in Adobe Reader DC* by clicking **Tools** from the top menu, then clicking **Comment**.

Please use *only* the tools circled in the image, as edits via other tools/methods can be lost during file conversion. For comments, questions, or formatting requests, please use . Please do *not* use comment bubbles/sticky notes .



*If you do not see these tools, please ensure you have opened this file with **Adobe Reader DC**, available for free at get.adobe.com/reader or by going to Help > Check for Updates within other versions of Reader. For more detailed instructions, please see us.sagepub.com/ReaderXProofs.

No.	Query
GQ1	Please confirm that all author information, including names, affiliations, sequence, and contact details, is correct.
GQ2	Please confirm that the Funding and Conflict of Interest statements are accurate.
GQ3	Please note that we cannot add/amend ORCID iDs for any article at the proof stage. Following ORCID’s guidelines, the publisher can include only ORCID iDs that the authors have specifically validated for each manuscript prior to official acceptance for publication.
1	Please clarify which part of “Amer Siddiq Nordin” is the author’s surname.
2	Please provide highest degree for the author “Sri Widati” and “Amer Siddiq Nordin.”
3	Please check the affiliation and corresponding author address details are correct as set.

Mental Health During COVID-19: An Overview in Online Mass Media Indonesia

Asia Pacific Journal of Public Health
1–2
© 2021 APJPH
Article reuse guidelines:
sagepub.com/journals-permissions
DOI: 10.1177/10105395211063169
journals.sagepub.com/home/aph



Sri Widati¹  and Amer Siddiq Nordin^{1,2} **[AQ: 1][AQ: 2][GQ: 1]**

A silent, hidden pandemic lurks as the world grapples with the impact of COVID-19—the mental health pandemic of COVID-19. The latter is resultant of the impact of COVID-19 where lives lost, economies shattered, and people living in chronic and perpetual stress. The management of stress by individuals vary depending on their background and the community they live in,¹ however, is not helped by the misinformation, uncertainty, fear, household problems, and divorce shapping during this period.²

We report a study exploring the mental health situation of the Indonesian people during this pandemic using news articles in the online mass media. News related to mental health was collected between April 2020 to May 2021 for a period of 1 year. A list of terminology was listed and articles were separated accordingly. Content analysis was employed. For the 1 year studied, we found 63 articles reporting on mental health, where 52 (82.5%) of these were on advice on maintenance of positive mental health. One article described the state of the Indonesian mental health during the pandemic of 5661 respondents from 31 provinces across Indonesia of a survey by the Association of Indonesian Mental Medicine Specialists (PDSKJI). Thirty-two percent reported psychological problems, where 67.4% and 67.3% had symptoms of anxiety and depression, respectively. Those who reported feeling depressed, 48% had thought of suicide or wanting to harm themselves. Notably, most participants were under 30 years of age and 74.2% of participants reported symptoms of psychological trauma.³

COVID-19 news particularly affected those who already have a history of mental illness such as anxiety or obsessive compulsive disorders (OCDs).⁴ Moreover, people with symptoms of depression during the COVID-19 pandemic was reported at 35% which is 5 to 6 times higher than the incidence of depression in the general population (Indonesia Basic Health Research in 2018) and 2 to 3 times higher than the incidence of depression in other nonpandemic disasters.⁵ Many people were also affected by posttraumatic conditions as a result of both untimely deaths (relatives, friends, or both parents dying at the same time), or because there was no one to accompany them due to the COVID-19 isolation.

The majority of Indonesian online media had attempted to mitigate this negative situation by providing information and content to improve overall mental well-being. The

media studied had attempted to educate the public about psychotic and nonpsychotic psychiatric disorders, provided tips on dealing with stress and mental health and, providing advice on how to talk to friends and family during this period. It was reported that through communication, in addition to the possibility of sharing our concerns with a trusted significant other, a closer relationship will ensue with that person.⁶ However, people still needed to filter what information they received to ensure that it is accurate, true, and balanced.

Our study reports on the mental health situation in Indonesia based on online news. The findings are concerning, and the government and professionals in Indonesia need to do more to assist in improving the situation better.

Acknowledgments

The authors wish to acknowledge to APACPH, APACPH 52th Committee, and Airlangga University which supported this manuscript through APACPH Conference and gave them the opportunity to write the article and presented it orally in APACPH 52th in Shangrilla Surabaya.

Declaration of Conflicting Interests **[GQ: 2]**

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

ORCID iD **[GQ: 3]**

Sri Widati  <https://orcid.org/0000-0002-3407-7052>

¹Division of Health Promotion and Behavior Science, Airlangga University, Surabaya, Indonesia

²Department of Psychological Medicine Office, Universiti Malaya, Kuala Lumpur, Malaysia

Corresponding Author:

Sri Widati, Division of Health Promotion and Behavior Science, Airlangga University, Kampus C Jl. Raya Mulyorejo, Surabaya, East Java 60115, Indonesia. **[AQ: 3]**

Emails: sri-widati@fkm.unair.ac.id; widatisantoso@gmail.com

References

1. Kaligis F, Indraswari MT, Ismail RI. Stress during COVID-19 pandemic: mental health condition in Indonesia. *Med J Indones.* 2020;9(4). doi:10.13181/mji.bc.204640.
2. Salari N, Hosseini-Far A, Jalali R, et al. Prevalence of stress, anxiety, depression among the general population during the COVID-19 pandemic: a systematic review and meta-analysis. *Global Health.* 2020;16(1):57. doi:10.1186/s12992-020-00589-w.
3. Indonesian Psychiatric Association. *5 Bulan pandemi COVID-19 di Indonesia.* Accessed October 6, 2021. <http://pdkji.org/home>.
4. Buheji M, Jahrami H, Sabah Dhahi A. Minimising stress exposure during pandemics similar to COVID-19. *Int J Psychol Behav Sci.* 2020;10(1):9-16
5. Indonesian Ministry of Health. *Riset Kesehatan Dasar 2018.* Kementerian Kesehatan Republik Indonesia. Published 2018. Accessed September 9, 2021. https://kesmas.kemkes.go.id/assets/upload/dir_519d41d8cd98f00/files/Hasil-risikesdas-2018_1274.pdf.
6. Kar N, Kar B, Kar S. Stress and coping during COVID-19 pandemic: result of an online survey. *Psychiatry Res.* 2021;295. doi:10.1016/j.psychres.2020.113598.

Letter to The Editor

Mental Health During Covid 19: An Overview in Online Mass Media Indonesia

Formatted: English (United States)

A silent, hidden pandemic lurks as the world grapples with the impact of COVID-19 - the mental health pandemic of Covid19. The latter, is resultant of the impact of COVID-19 where lives lost, economies shattered and people living in chronic and perpetual stress. The management of stress by individuals vary depending on their background and the community they live in (1), however, is not helped by the

Mental health is an important component when the Covid19 pandemic occurs. People do behavior, and emotional response to an outbreak vary greatly according to their own backgrounds and the community that they live in (1). In that situation many variables could have relationship with stress or mental health. During a pandemic, there are people whose contracts with their employers are terminated, there are also people whose income has decreased due to the pandemic. Beside that many misinformation, uncertainty, fear of contagion, household problems and divorces happening during this period may could increase stress and anxiety (2).

We report a study exploring the mental health situation of the Indonesian people during this pandemic using news articles in the online mass media. News related to mental health was collected between April 2020 to May 2021 for a period of one year. A list of terminology was listed and articles were separated accordingly. Content analysis was employed. For the one year studied, we found 63 articles reporting on mental health where 52 (82.5%) of these were on advice on maintenance of positive mental health. One article described the state of the Indonesian mental health during the pandemic of 5661 respondents from 31 provinces across Indonesia of a survey by News articles in the online mass media could describe of the mental health conditions of the Indonesian people during the Covid 19 pandemic. These various conditions can be seen and known through the large amount of coverage in the mass media relating to mental health cases. For 1 year, from April 2020 to May 2021, there were 63 articles in online media reporting cases of increasing public mental health problems. A total of 52 articles on advice on maintaining mental health. In some articles reported that in October 2020, the number of people who filled out the website of the Association of Indonesian Mental

Medicine Specialists (PDSKJI) totaled 5661 units. Participants came from 31 provinces. As many as 32% Thirty-two percent had reported psychological problems where and 67.4% and 67.3% had symptoms of anxiety and depression respectively. Those who reported feeling depressed, 48% had thought of suicide or wanting to harm themselves. Notably, Most-most participants we are under 30 years of age. As many as 67.3% experienced depression during the pandemic. The total depressed people 48% thought of committing suicide, or wanted to harm themselves and others in any way. As many as and 74.2% of participants reported the community experienced symptoms of psychological trauma.

Covid-19 news particularly affected make people worrying and will get mental health problem, especially for those who already have a history of congenital mental problem-illness such as anxiety disorder or obsessive compulsive disorders (OCD) (3). Moreover, The proportion of people with symptoms of depression during the COVID-19 pandemic was reached reported at 35% which is. This is 5-6 times higher than the incidence of depression in the general population (Indonesia Basic Health Research in 2018) and 2-3 times higher than the incidence of depression in other non-pandemic disasters (4). Many people were also affected by posttraumatic conditions as a result of get traumatic condition. Some are traumatized because their parents both untimely deaths (relatives, friends or both parents dying)ed at the same time), or because and there was no one to accompany them due to the COVID-19 isolation.

The majority of Indonesian There are 52 (82,5%) online media had attempted to mitigate this negative situation by providing information and content to improve overall mental wellbeing that contain education about how to maintain mental health. The media studied had attempted to Among them the media educate the public about psychotic and non-psychotic psychiatric disorders. The media also gives provided tips on how to deal dealing with stress and mental health and, providing. The articles advice on how to talking to friends and family during this period. It was reported that through communication, in addition to the possibility of sharing our concerns with a trusted significant other, a By communicating, in addition to being able to pour out our hearts to the problems at hand and bring closer relationships will ensue with that person (5). However Beside that, people still needed to filter what information they should received to ensure that it is accurate, true and balanced.

Our study reports on the mental health situation in Indonesia based on online news. The findings are concerning and the government and professionals in Indonesia need to do more to

assist in improving the situation better. (500 words) Mental disorders must be treated so as not to get worse. The government and professionals must educate the public to check themselves for mental health, then need assistance, and get easy and safe access to health services.

Formatted: Highlight

References

1. Kaligis F, Indraswari MT, Ismail RI. Stress during COVID-19 pandemic: Mental health condition in Indonesia. *Med J Indones.* 2020;
2. Salari N, Hosseini-Far A, Jalali R, Vaisi-Raygani A, Rasoulpoor S, Mohammadi M, et al. Prevalence of stress, anxiety, depression among the general population during the COVID-19 pandemic: A systematic review and meta-analysis. *Globalization and Health.* 2020.
3. Buheji M, Jahrami H, Sabah Dhahi A. Minimising Stress Exposure During Pandemics Similar to COVID-19. *Int J Psychol Behav Sci.* 2020;
4. RISKESDAS. Riset Kesehatan Dasar 2018. Kementerian Kesehatan Republik Indonesia. 2018;
5. Kar N, Kar B, Kar S. Stress and coping during COVID-19 pandemic: Result of an online survey. *Psychiatry Res.* 2021;